

**SCANTIC ROAD** from page 1

The health effects of PFAs include pollution of drinking water and PFAs in soil contaminating groundwater and surface water. Exposure to PFAs may, also, increase the risk of developing long-term health problems.

Addressing the PFAs at this address is in relation to the Scantic Valley Water District, a registered community-based public water system with 16 active water services and providing drinking water to 13 homes in Hampden.

Selectboard Member John Flynn explained the board received a notice from the water tester for this property, with the test showing it "exceeded the mandated limit" for PFAs and action will need to be taken.

"The choices are hook them up immediately to the one we bid for and awarded or do the individual one like we did for down the road," Flynn said. "We're still waiting for a quote, I believe John Plaster is waiting for a quote on that...somebody should go check."

When Selectboard Member Craig Rivest wondered about the last test, Flynn confirmed that came out to "just under 10."

"If we get lucky and it comes out again, it doesn't trigger a 30b because the bottom limit is 10 just for the quote part, and then, I think, it's 10 to 25 requires you to make three attempts for quotes. Over that, you need three written responses," Flynn said.

Flynn added Town Administrator Brian Domina has "a couple options" if a water meter was bought.

"Craig, that might be something--just consideration--at this point, we're up to how many homes? Maybe if we do buy it, maybe we should buy a second one just

to have a spare," Flynn said. "So, we're at the point where--and I think this was in your plans for in the future anyhow to build up a little spare thing--anyhow, that's the report on that. We'll know more when we get the quote and the Water Commission will come back with and pretty much work with Brian on what has to be done. We don't have a lot of options."

"It has to be done," Chair Don Davenport said.

"It has to be done, exactly," Flynn said.

Next, Flynn mentioned advertising for an available spot on the Water District Commission.

"Don, I know we want to put that out there and see if we get (anyone). We do have one individual that's interested, I believe, but we should be putting it out like any other position in town," Flynn said. "Let them beat down the doors. I mean, that might take a whole meeting, all the candidates. Special meeting for all the candidates."

When Domina asked how long the board would like to advertise that for, Flynn replied, "Two weeks tops."

After Davenport asked if there was an opening, Rivest confirmed yes as he will be resigning from the Water District Commission.

The motion to accept and approve Rivest's resignation from the Water District Commission was unanimously approved.

Flynn thanked Rivest for his service to the commission, with Davenport and Domina also expressing their thanks.

"Make a motion to accept the resignation of Craig from the Water Commission with our sincere thanks, our acknowledgment of the hard work he's put in, the digging of test pits, just everything," Flynn said. "There's really been nobody like you, Craig."

# 2024-2026 Friends of Wilbraham Seniors, Inc. Board of Directors

**WILBRAHAM - At a recent Annual Friends Membership meeting, the following were elected to two-year terms for 2024-2026.**  
**Seated L to R - Dee Mitchell (Corresponding Secretary), Ann Marie Gaudette (Director), Lee Tyrrell (Treasurer). Standing L to R - Matt Villamaino (President), Lisa Coolidge (Vice President & Fundraising Director), Kate Belsky (Recording Secretary), Deb Gormley (Membership Director), Pam Sonnefeld (Director).**  
**A nonprofit 501 (c)(3) the Friends was founded in 1985 as a fundraising organization whose mission is to support Wilbraham Seniors and programs and services. For more information, visit their website at FriendsOfWilbrahamSeniors.org**



Submitted photo by Charlie Bennett

**PLANTS** from page 1

an information sheet filled with facts about stinging nettles. The powerful plant is known for its high mineral content and support for the kidneys.

"As winter turns to spring, nettles can help with a sort of spring cleaning for the body," Markham said.

Markham discussed the ancient practice of urtication, in which you lightly sting your skin with fresh nettles. This stimulates circulation and provides arthritis and allergy relief, she said.

"Nettles can also help with emotional blockages," Markham said. "They have invigorating properties."

Participants in the herbal workshop sampled Markham's piping hot nettle tea (made with a cup of dried nettles and a gallon of hot water) and nettle tincture. The tincture tasted earthy and slightly salty, indicating its high mineral content.

Markham herself drinks four to five cups of nettle tea a week and puts cooked nettles into mashed potatoes and other dishes. She urged the group to be cautious when utilizing herbs.

"Herbs are potent. They are powerful medicines. Understand what you are working with and talk to both a doctor and a herbalist before you use any herbal preparations," Markham said.

Maureen Liquori of Hampden, a nurse, came to the meeting to satisfy her curiosity about herbal medicine and learn about how she might utilize the plants in her yard. She found Markham's presentation fascinating.

"I'll definitely be back," Liquori said.

Sue Bellows of Hampden, who has consulted with Markham, sung her praises after the gathering.

"Juanie gave me a salve for knee pain that helped me like nothing else ever has," Bellows said. "I've never seen such dramatic results. She is an incredibly valuable community resource."

Ellen Moriarty, director of the Hampden Free Pub-

lic Library, was more than pleased with the strong turnout for the event and with Markham's presentation.

"I love learning anything about how we can live in better harmony with nature," Moriarty said.

The next Herb of the Month Gathering will focus on violets and will take place on April 5 from 11 a.m. to Noon in the Rochford Reading Room of the Hampden Free Public Library. The event is free and registration is not required.

For more information on Hidden Hollow Holistix, go to welcome.hiddenhollowholistix.com, or contact Juanie Markham at 678-265-2556.

## PUBLIC NOTICES

**Town of Hampden Notice of Public Hearing**

The Hampden Planning Board will hold a Public Hearing on **Wednesday, April 16, at 6:30 PM** in the Town House, 625 Main Street, Hampden, MA to Amend the Town of Hampden Zoning Bylaw to establish a Battery Energy Storage System (BESS) Bylaw. Information related to this application is on file in the Town Clerk's Office and is available for review by the public during normal business hours.

For the Board,  
 Madison Pixley,  
 Chair of the  
 Hampden Planning Board  
 03/27, 04/23/2025

**Town of Hampden Notice of Public Hearing**

The Hampden Planning Board will hold a Public Hearing on **Wednesday, April 16, at 7 PM** in the Town House, 625 Main Street, Hampden, MA to Amend the Town of Hampden Zoning Bylaw to establish an Accessory Dwelling Unit (ADU) Bylaw. Information related to this application is on file in the Town Clerk's Office and is available for review by the public during normal business hours.

For the Board,

Madison Pixley,  
 Chair of the  
 Hampden Planning Board  
 03/27, 04/03/2025

**Commonwealth of Massachusetts The Trial Court Probate and Family Court Hampden Probate and Family Court**  
**50 State Street Springfield, MA 01103 Docket No. HD19P2090GD**  
**In the interests of: David Ferriter of West Springfield, MA RESPONDENT Incapacitated Person/Protected Person**  
**CITATION GIVING NOTICE OF PETITION TO EXPAND THE POWERS OF A GUARDIAN**

To the named Respondent and all other interested persons, a petition has been filed by **Dept. of Developmental Services** of Worcester, MA in the above captioned matter requesting that the court:

Expand the powers of a Guardian of the Respondent.

The petition asks the court to make a determination that the powers of the Guardian and/or Conservator should be expanded, modified, or limited since

the time of the appointment. The original petition is on file with the court.

**You have the right to object to this proceeding.** If you wish to do so, you or your attorney must file a written appearance at this court on or before 10:00 a.m. on the return date of **04/10/2025**. This day is NOT a hearing date, but a deadline date by which you have to file the written appearance if you object to the petition. If you fail to file the written appearance by the return date, action may be taken in this matter without further notice to you. In addition to filing the written appearance, you or your attorney must file a written affidavit stating the specific facts and grounds of your objection within 30 days after the return date.

**IMPORTANT NOTICE**  
**The outcome of this proceeding may limit or completely take away the above-named person's right to make decisions about personal affairs or financial affairs or both. The above-named person has the right to ask for a lawyer. Anyone may make this request on behalf of the above-named person. If the above-named person cannot afford a lawyer, one may be appointed at State expense.**

WITNESS, Hon. **Barbara M. Hyland**, First Justice of this Court.

Date: March 13, 2025  
**Rosemary A. Saccomani**  
 Register of Probate  
 03/27/2025

**SALE OF MOTOR VEHICLE**

This ad is pursuant to MA Gen. Law Ch.255, Sec. 39A as of **March 28, 2025** the following motor vehicle will be for sale to satisfy a garage keepers lien:  
 Vehicle : 2009 Nissan Frontier  
 VIN#: 1N6AA07C29N317650  
 COLOR: Gray  
 LKO: Jarrett Kirsche  
 52 Hilltop Dr  
 Manchester CT 06043

R & S Assoc. Inc  
 PO Box 543  
 Wilbraham MA 01095  
 413-596-4374  
 03/13, 03/20, 03/27/2025

**Wilbraham Housing Authority Request for Bids**

The Wilbraham Housing Authority, the Awarding Authority, invites sealed bids from Contractors for the **The Pines Elderly 667-02** Development for the Wilbraham Housing Authority

in Wilbraham Massachusetts, in accordance with the documents prepared by **Hill Engineers, Architects, Planners, Inc.**

The Project consists of: **Re-configuring and replacing the existing asphalt entrance drive and parking area.**

The work is estimated to cost **\$89,920.00**

Bids are subject to M.G.L. c.30 §39M & to minimum wage rates as required by M.G.L. c.149 §§26 to 27H inclusive.

General Bids will be received until **2:00 p.m., Friday April 18, 2025** and publicly opened, forthwith.

This project is being Electronically Bid (E-Bid). All bids shall be prepared and submitted online at Projectdog.com and received no later than the date & time specified above. Hard copy bids will not be accepted by the Awarding Authority. For assistance, contact Projectdog, Inc. at 978.499.9014.

General bids shall be accompanied by a bid deposit that is not less than five (5%) of the greatest possible bid amount (considering all alternates) and made payable to the Wilbraham Housing Authority.

Bid Forms and Contract Documents will be available in electronic form and without cost or charge at Projectdog.com,

project code **867432**, beginning **March 26, 2025**. Persons desiring hard copies of the documents shall be solely responsible for all printing costs.

The job site and/or existing building will be available for inspection between **1:00 P.M. and 2:00 P.M. on April 11, 2025**.

For an appointment call **Jeanne Tyrone at 413-543-1700**.  
 03/27/2025

**Please check the accuracy of your legal notice prior to submission (i.e., date, time, spelling). Also, be sure the requested publication date coincides with the purpose of the notice, or as the law demands. Thank you.**

**It's SPRING Time!**  
 The best time to buy a new home!

**Maureen McGarrett Hall**  
 REALTOR®  
 MA 9585138 | Member MLS  
 Equal Opportunity Housing

**maureen.gogallagher.com**  
**413-364-4994**  
 realtybypmaureen@gmail.com

**GALLAGHER**  
 REAL ESTATE