# HEALTH

# Nonmedical home care can provide support to those with Alzheimer's

Certified dementia care professionals share safety, support strategies for Alzheimer's Awareness Month

CHESHIRE, CT -- There are currently more than 6 million Americans living with Alzheimer's Disease with that number expected to increase to 13.8 million by 2060. While some families may opt for care at a facility, Connecticut-based nonmedical home care agency Assisted Living Services, Inc. has developed new solutions in combination with technological devices to ensure the right supportive care at home.

"We know from experience that an Alzheimer's diagnosis and other memory related disorders pose real challenges for the entire family," explains Mario D'Aquila, MBA, Chief Operating Officer of Assisted Living Services, Inc. and Senior VP of Assisted Living Technologies, Inc. "It may seem overwhelming, but we can offer support since more than half of our clients have some degree of dementia or memory impairment.

D'Aquila notes that if families want to keep their loved one living at home, they need to be prepared for the responsibilities, which include managing medications, monitoring every-day activities, ensuring home safety, and addressing loneliness and isolation.

First on the list of priorities is being evaluated by your primary care physician or specialist. Although there is no cure for Alzheimer's, there are new medications that can slow progression and lesson symptoms. Accordingly, Alzheimer's patients in mild to moderate stages of the disease can significantly improve medication compliance with today's technology. Automated medication dispensers provide both a visual and auditory alert and can even send a call to the patient as a reminder, as well as notify caregivers if a regimen is not being followed. ALS has experienced compliance near 95% with clients across Connecticut who use these dispensers that typically cost only \$2 per day.

"Families should partner with a trusted provider who can create a strong plan for day-to-day care management and ensure it is continually implemented," said D'Aquila. "Even better, is an agency like ALS that has management staff who are Certified Dementia Care Practitioners (CDP®)."

Administered through the National Council of Certified Dementia Care Practitioners, the full-day 8-hour CDP® certification represents that the front line management staff have received comprehensive knowledge in the area of dementia care and completed the Alzheimer's Disease and Dementia Care course/ seminar. The CDP® commits to ongoing professional development and re-certification every two years. The certification reflects a deep personal commitment to maintaining the dementia patient's quality of life physically, emotionally and socially.

Although the agency provides solely nonmedical care, it has focused on staff development that will ensure appropriate support from its team of Homemakers that assist clients with personal care - to its Live-in Companions that provide around-the-clock support. Caregivers receive approximately two hours of training and education on how to work with individuals experiencing memory difficulties due to Alzheimer' or Dementia related disorders. This includes reading materials, testing, and time for dialog with instructor(s). They also benefit from supervisors that have the CDP training to help with managing care as problems arise.

In addition to quality of care, families also need to compare the cost of a facility versus in-home care. If the client qualifies for Medicaid, they may be eligible for the CT Homecare Program for Elders which pays for in home care. This program can benefit those with cognitive disabilities and memory impairment brought on by Alzheimer's Disease, Parkinson's Disease and other dementia related disorders. ALS is also a credentialled provider of the CT Homecare Program for Elders which also requires specific training for staff. In conjunction with personal care, the sister company of ALS, Assisted Living Technologies, Inc., offers a wide variety of primarily wireless, sensor-based technologies for a second layer of security. Stovetop fire prevention devices, personal body worn GPS locators, automatic fall detection sensors, video-visit systems and more provide constant monitoring.

"Wandering is one of the most dangerous behaviors of Alzheimer's and may happen earlier in the disease than families expect," said D'Aquila. "Today's technology allows us to set up a virtual safety net inside and outside a home to ensure the wellbeing of a loved one."

D'Aquila explains that discreet wireless sensors placed throughout a home can detect motion, activity from roomto-room, exiting, sleep patterns, and even moisture to help caregivers address an issue before it leads to something more serious.

D'Aquila encourages family caregivers to visit the ALT Technology Arts Gallery in Cheshire to view and experience all of the latest devices that can assist with every aspect of caring for an Alzheimer's patient. All of the products are available online as well.

"Families need to know that they don't have to go it alone when caring for a loved one," concluded D'Aquila. "There are countless resources and support to ease the stress."

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2006 Chevrolet Trailblazer VIN: 1GNDT13S962193829 Jonathan H Mikula 61 Pachaug River Dr. Jewett City, CT 06351 10 Colony Rd., Apt. 2A West Springfield, MA 01089 2019 Ram 1500 Classic Tradesman VIN: 1C6RR7FG9KS620547 Pat Mcdonagh 1674 W Taylor St. Chicago, IL 60612 01/03, 01/10, 01/17/2025

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2015 Jeen Cherokee Limited

Holyoke, MA 01040 2005 Honda Accord Ex VIN: 1HGCM56725A081623 Malcolm Tiggett 170 Sisson Ave., Apt. 16 Hartford, CT 06105 2009 Honda Fit VIN: JHMGE88299S015665 Lis Thomas

91 Elm St,, Apt, 307 Westfield, MA 01085 2011 Audi A4

VIN: WAUFFAFLXBN007685 Damien Hart 27 Bissell St. Springfield, MA 01119 12/27/2024, 01/03, 01/10/2025

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2011 Toyota Highlander VIN: 5TDBK3EH7BS063745 Ivette Ortiz Mauras 14 Riverview Pl., Apt. 3 Chicopee, MA 01013 2006 Suzuki Rm -Z250K VIN: JKSKXCPC26A016277 Sean Barrett 30 B Morgan Ave. Westfield, MA 01085 2010 Toyota Prius

VIN: JTDKN3DU5A0034526 Kevin Kelly 118 Draper St. Springfield, MA 01108

12/20, 12/27/2024, 01/03/2025

## COMMONWEALTH OF MASSACHUSETTS

tenants in an undivided part or share of land lying in Chicopee, in the County of Hampden, setting forth that they desire that all of said land may be sold at private sale or public auction for not less than Three Hundred Four Thousand (\$304,000.00) Dollars, and praying that partition may be made of all the land aforesaid according to law, and to that end that a commissioner be appointed to make such partition and be ordered to make sale and conveyance of all, or any part of said land which the Court finds cannot be advantageously divided either at private sale or public auction, and be ordered to distribute the net proceeds thereof after full adjudication of the equitable claims contained in said petition and supplemental memorandum filed with the Court. If you desire to object

thereto, you or your attorney, should file a written appearance in said Court at Springfield before ten o'clock in the forenoon on the **fourth day of February 2025**, the return day of this citation. Witness, BARBARA M. HYLAND, Esquire, First Justice of said Court, this 4th day of December 2024. **Rosemary A. Saccomani**, Register

### Hampden Probate and Family Court 50 State Street Springfield, MA 01103 (413)748-7758 Docket No. HD24C0406CA In the matter of: Miriam Adorno Rosado aka: Female Adorno CITATION ON PETITION TO CHANGE NAME

A Petition to Change Name of Adult has been filed by Miriam Adorno Rosado aka: Female Adorno of Chicopee, MA requesting that the court enter a Decree changing their name to:

#### Miriam Adorno IMPORTANT NOTICE

Any person may appear for purposes of objecting to the petition by filing an appearance at: Hampden Probate and Family Court before 10:00 a.m. on the return day of 01/27/2025.

This is NOT a hearing date, but a deadline by which you must file a written appearance if you object to this proceeding.

WITNESS, Hon. Barbara

1999 Toyota Carolla Ve/CE/ Le VIN: 2T1BR12E8XC157787 Josephine Reyes – Rodriguez

VIN: 1C4PJMDB0FW704073 Natalie Parer 227 West Franklin St.

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2008 Infiniti G35 VIN: JNKBV61F38M275462 Derek Mark Frakes 10 Silver Shell Beach Dr. Fairhaven, MA 02719

2011 Honda Fit Sport VIN: JHMGE8H5XBC006595 Emily Tobler 175 1st St., Apt. 1R Pittsfield, MA 01201 THE TRIAL COURT HAMPDEN, Div. Probate & Family Court Dept. HD24E0046PP To Norman R. Langlois, II, of Chicopee, Hampden County, and to all other persons interested. A petition has been presented to said Court by

Elysia M. Pete, of Chicopee, Hampden County, representing that they hold as joint

12/20, 12/27/2024, 01/03/2025

Commonwealth of Massachusetts The Trial Court Probate and Family Court **M Hyland,** First Justice of this Court.

Date: December 30, 2024 Rosemary A Saccomani Register of Probate 01/03/2025





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