

# Paint Sip Fun for all ages at the Wilbraham Public Library

WILBRAHAM— Three paint and sip classes will be held at the Wilbraham Public Library on Monday, July 8 and Tuesday, July 9. Erin Boughamer of Paint Sip Fun will instruct children in grades 3-5, teens in grades 6-12, and adults ages 18+ in painting three unique designs on canvas. No experience is necessary, all supplies will be provided, and each participant will take their completed artwork home. Visit the library website to view images of the selected designs for each age group.

Registration for each class is required and space is limited. Registration for children and teens begins June 15, and registration for adults begins June 24.

To sign up, please contact the library at 413-596-6141, or visit the Event Calendar at [www.wilbrahamlibrary.org](http://www.wilbrahamlibrary.org). All three programs are sponsored in full by a grant from the Wilbraham Cultural Council, a local agency supported by the Mass Cultural Council, a state agency.

## YOUR HEALTH from Page 6

might be receiving in the hospital. You also have the right to appoint a patient representative, also known as an advocate. This is someone who is authorized to communicate on your behalf with health-care providers – they are your stand-in. In most states, the default patient representative is a spouse or a parent, if a child is under 18.

But if you can designate anyone by completing a HIPAA (Health Insurance Portability and Accountability Act) release form, which is available on the Massachusetts Department of Public Health website. Make sure it's on file with your doctor and the hospital.

My first experience advocating for a patient was during a family cruise in the Caribbean when my then-father-in-law developed a life-threatening health emergency. I stayed with him in order to communicate with doctors and make

sure he was well-attended.

Back at work in the hospital ICU, I advocated for a patient who was experiencing complications from surgery. The doctor didn't like my questioning the patient's treatment, so I was placed on leave – and during my downtime, I realized the good I could do by helping other patients in similar situations. A patient advocate was born.

I hope you'll join me every week as I discuss current issues in health care and provide the tips you need to advocate for yourself and loved ones.

Teri (Dreher) Frykenberg, RN, is a board-certified patient advocate and Monson resident. A critical care nurse for 30+ years, she is founder of NShore Patient Advocates, ([www.NorthshoreRN.com](http://www.NorthshoreRN.com)). Her book, "How to Be a Healthcare Advocate for Yourself & Your Loved Ones" is available on Amazon. She is offering a free phone consultation to Turley Newspaper readers. Contact her at [Teri@northshorern.com](mailto:Teri@northshorern.com) to set it up.

# PUBLIC NOTICES

## Town of Ludlow LEGAL NOTICE

The Ludlow Board of Selectmen has scheduled a Public Hearing on **Tuesday, July 9, 2024 at 5:50 p.m.** in the Selectmen's Conference Room, Town Hall, 488 Chapin Street Ludlow, MA on the application of Francis Federico for a new Class II Motor Vehicle License for Sewall Street Auto Center to be located at 330 Sewall Street, Ludlow, MA 01056.

Derek DeBarge, Chairman  
Ludlow Board of Selectmen  
06/26, 07/3/2024

**Commonwealth of Massachusetts  
The Trial Court  
Probate and Family Court  
Hampden Probate and Family Court  
50 State Street  
Springfield, MA 01103  
(413)748-7758  
Docket No. HD24C0190CA  
In the matter of:  
Carene Joy Pettinger  
CITATION ON PETITION  
TO CHANGE NAME  
A Petition to Change**

**Name of Adult** has been filed by **Carene Joy Pettinger of Ludlow, MA** requesting that the court enter a Decree changing their name to:

**Carene Joy Pettinger**  
**IMPORTANT NOTICE**  
Any person may appear for purposes of objecting to the petition by filing an appearance at: **Hampden Probate and Family Court before 10:00 a.m. on the return day of 07/23/2024.**

This is NOT a hearing date, but a deadline by which you must file a written appearance if you object to this proceeding.

WITNESS, Hon. **Barbara M Hyland**, First Justice of this Court.  
Date: June 25, 2024  
**Rosemary A Saccomani**  
Register of Probate  
07/03/2024

**Town of Ludlow LEGAL NOTICE**  
The Ludlow Board of Selectmen has scheduled a Public Hearing on **Tuesday, July 9, 2024 at 5:35 p.m.** in the Selectmen's Conference

Room, Town Hall, 488 Chapin Street Ludlow, MA on the application of William Collins for a new Beer & Wine Permit for Barburrito, 313-319 East Street, Ludlow, MA 01056.

Derek DeBarge, Chairman  
Ludlow Board of Selectmen  
06/26, 07/3/2024

**Please check the accuracy of your legal notice prior to submission (i.e., date, time, spelling). Also, be sure the requested publication date coincides with the purpose of the notice, or as the law demands. Thank you.**

## WE'VE EXPANDED OUR WEB SITE PUBLIC NOTICES ARE NOW ONLINE

- 1 Email all notices to [notices@turley.com](mailto:notices@turley.com)
- 2 Access archives and digital tear sheets by newspaper title.
- 3 Find a quick link to the state of Massachusetts' public notice web site to search all notices in Massachusetts newspapers.

Public notice deadlines are Mondays at noon, Fridays noon for Monday holidays.

visit [www.publicnotices.turley.com](http://www.publicnotices.turley.com)

## Announce Your Wedding or Engagement Share Your Joy!



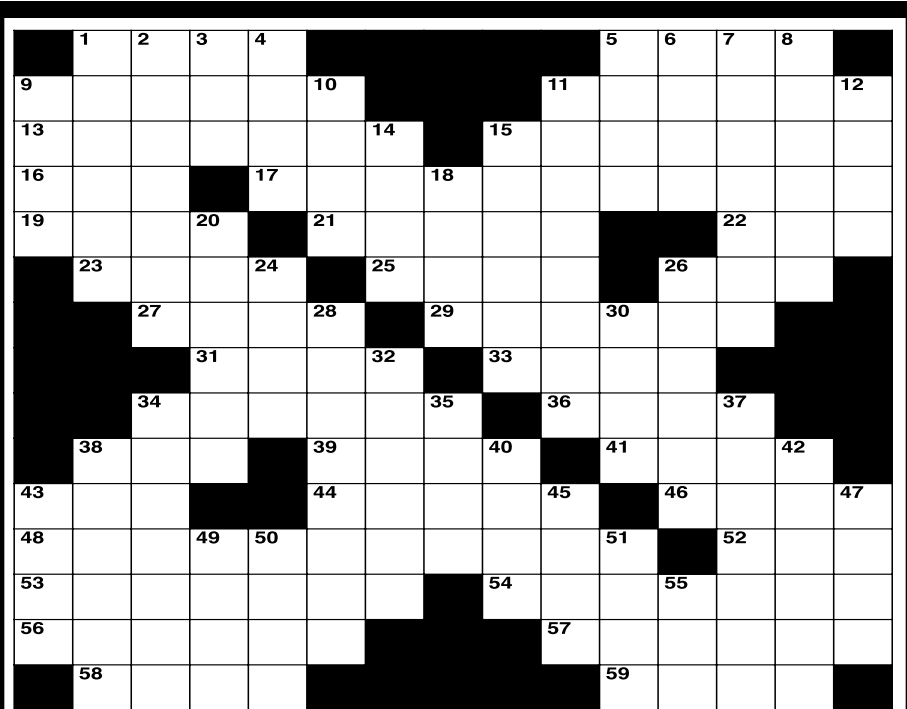
Your wedding or engagement announcement will be included in our Bridal Guide, out September 30, 2024 for FREE!

Be sure to include the following with photograph. Deadline September 4, 2024:

Bride's Name: \_\_\_\_\_  
 Bride's Town Residence: \_\_\_\_\_  
 Groom's Name: \_\_\_\_\_  
 Groom's Town Residence: \_\_\_\_\_  
 Wedding Date: \_\_\_\_\_  
 Wedding Location: \_\_\_\_\_

EMAIL TO: [JAMIE@TURLEY.COM](mailto:JAMIE@TURLEY.COM)  
 BRIDAL GUIDE  
 800.824.6548 | [www.turley.com](http://www.turley.com)

Be sure to include a high resolution, clear photograph for printing.



- CLUES ACROSS**
- 1. Six (Spanish)
  - 5. Invests in little enterprises
  - 9. Large dung beetle
  - 11. Gored
  - 13. Partially paralyzed
  - 15. Still a little wet
  - 16. Legal field
  - 17. Not working
  - 19. 500 sheets of paper
  - 21. Church structure
  - 22. Sheep disease
  - 23. Small drink of whiskey
  - 25. Weaving tradition
  - 26. Pestilence
  - 27. Body part
  - 29. Nabs
  - 31. Places to stay
  - 33. Witnesses
  - 34. Looked for
  - 36. Arranges
  - 38. Political action committee
  - 39. Middle eastern nation (alt. sp.)
  - 41. Hair-like structure
  - 43. Parts producer
  - 44. Greek city
  - 46. Subway dwellers
  - 48. Norm from "Cheers"
  - 52. Clean a floor
  - 53. Vied for
  - 54. Canned fish
  - 56. Inspire with love
  - 57. Sent down moisture
  - 58. Wrest
  - 59. Partner to carrots
  - CLUES DOWN**
  - 1. Mounted
  - 2. Assign
  - 3. Wrath
  - 4. Self-immolation by fire ritual
  - 5. Parts of an organism
  - 6. Person from England
  - 7. Tropical plants of the pea family
  - 8. Body part
  - 9. Practice boxing
  - 10. Containers
  - 11. Contrary beliefs
  - 12. Bleached
  - 14. Pre-Islamic Egyptian
  - 15. A group of similar things ordered one after another
  - 18. Innermost spinal cord membranes
  - 20. Cassava
  - 24. A restaurant's list of offerings
  - 26. Annoy constantly
  - 28. Orchestrate
  - 30. Z Z Z
  - 32. Astute
  - 34. Highly decorated tea urn
  - 35. Teach to behave
  - 37. Endurance
  - 38. Urinating
  - 40. Barbie friend dolls
  - 42. Repents
  - 43. Man-eating giant
  - 45. Jewish calendar month
  - 47. Accelerated
  - 49. Husband of Sita in Hindu
  - 50. Lump of semiliquid substance
  - 51. Lying in wait
  - 55. Cease to exist