

PUBLIC NOTICES

**Commonwealth of Massachusetts
The Trial Court
Probate and Family Court
Hampden Division
Docket No. HD24P0343EA
Estate of:
Diane Nancy Ledger
Date of Death: 08/09/2023
INFORMAL PROBATE
PUBLICATION NOTICE**

To all persons interested in the above captioned estate, by Petition of Petitioner **Gloria M Mitchell of Indian Orchard, MA**

a Will has been admitted to informal probate

Gloria M Mitchell of Indian Orchard, MA has been informally appointed as the Personal Representative of the estate to serve **without** surety on the bond.

The estate is being administered under informal procedure by the Personal Representative under the Massachusetts Uniform Probate Code without supervision by the Court. Inventory and accounts are not required to be filed with the Court, but interested parties are entitled to notice regarding the administration from the Personal Representative and can petition the Court in any matter relating to the estate, including distribution of assets and expenses of administration. Interested parties are entitled to petition

the Court to institute formal proceedings and to obtain orders terminating or restricting the powers of Personal Representatives appointed under informal procedure. A copy of the Petition and Will, if any, can be obtained from the Petitioner.
02/21/2024

**NOTICE OF PLANNING BOARD HEARING
Relative to PROPOSED ZONING BYLAW AMENDMENTS Pursuant to G.L. c. 40A, § 5
LEGAL NOTICE – ZONING BYLAW**

The Planning Board of the Town of Ludlow will hold a public hearing to discuss proposed amendments to the town's zoning bylaw. The public hearing will be held as follows:

Place: Ludlow Town Hall, Selectmen's Conference Room, 3rd fl.

Date: Thursday, March 14, 2024, *

Time: 7:20 PM

Applicant: Planning Board

Location: 488 Chapin Street, Ludlow, MA

*If for any reason this hearing is cancelled, it will be rescheduled to the Thursday, March 28, 2024 Planning Board meeting, as the last hearing.

The subject matter of the proposed amendments is as indicated below. The complete text relative to the proposed amendments is available for inspection on the Planning Board web site: <https://www.ludlow.ma.us/243/Documents-for-Review> and in the Planning Department Office and Town Clerk's Office during regular business hours. Proposed zoning bylaw revisions are in draft form and are subject to change.

Proposed zoning bylaw revisions to include the following: SECTION III: GENERAL USE REGULATIONS 3.0 GENERAL REGULATIONS delete 3.0.2 Existing Uses Not Affected. Delete 3.0.3 Obstruction at Street Intersection and replace with Visibility at Street Intersections and Driveways Street Entries with new text and Figure 1 Diagram.

Raymond Phoenix
Chairman
02/21, 02/28/2024



MiraVista re-opens renovated 16-bed adolescent unit

Trauma-informed, compassionately delivered care for adolescents in psychiatric crisis

HOLYOKE – Trauma-informed care rooted in cultural competence and compassionately delivered to support recovery of adolescents in psychiatric crisis was enhanced recently at MiraVista Behavioral Health Center with state-of-the-art renovations to its 16-bed adolescent unit which is now accepting new patients.

“We began an extensive upgrade in late summer after discharging the unit’s last patient to better incorporate required safety regulations into a healing care environment that allows for both patient socialization and comfort,” said Kimberley Lee, chief of Creative Strategy and Development. “We are very pleased with the outcome. Having worked with our own mental health professionals, architects, and young people who have experience with psychiatric care, we feel very confident that our adolescent patients will also appreciate the effort that went into ensuring for an environment which aesthetically and effectively meets their specific needs.”

MiraVista Behavioral Health Center offers inpatient services in separate units for adults and adolescents and a range of outpatient substance use programs. It opened under new ownership as MiraVista Behavioral Health Center in April 2021. Renovations to the interior and exterior have been ongoing since the building’s purchase.

Lee noted that studies have shown how an environment designed with healing in mind can support both those who deliver health care as well as ease patient symptoms.

Evidence-based therapies and treatments on the unit include educational programming, exercise and self-care, and a variety of group therapies including music, art, and an array of age-appropriate topics focusing on physical and mental wellness. A team of specialty-trained providers works with each patient to assess and meet their individual requirements. The average stay of patients in the

adolescent unit is between seven and 10 days.

“It is well known that spaces which promote comfort and reduce environmental stressors like noise and harsh lighting can contribute to healing including reducing anxiety and depression and contributing to better patient outcomes,” Lee said. “Our renovated unit well reflects the compassionate and inclusive care provided by our providers to the unit’s adolescent patients. Our treatment teams are eager and excited to once again welcome youth to MiraVista!”

Among them, Khadene Harry-Stoby, MiraVista’s new adolescent nurse manager whose love for working with this population started in New York at The Children’s Village where she worked as a Mental Health Specialist. There, she learned how to look at each child outside of their behavior, understand their trauma and try to provide an engaging, structured, and fun therapeutic environment.

“I am so very much looking forward to overseeing our adolescent treatment team as we continue to develop individualized milieu plans specifically catered to each adolescent in order to provide the best and highest quality therapeutic care. Our programming at MiraVista will include a lot of ‘what’s trending’ for this population which includes arts and crafts, movement groups, and poetry just to name a few”

Harry-Stoby added that while MiraVista’s younger patients are frequently referred by other providers, the hospital is piloting a program for direct admissions to help individuals needing a psychiatric bed avoid an Emergency Room stay.

“Our clinicians are able to provide pharmacological as well as therapeutic treatment for patients challenged by mental illness and who come from a diversity of backgrounds, including sexual orientation and gender identity,” Lee said. “Our social workers are able to support adolescent patients in meeting their educational, emotional and development needs.”

To make a referral or for more information, visit: <https://www.miravistabh.care/wp-content/uploads/2023/07/MiraVista-Adolescent-Brochure-RGB-1.pdf>.

Classifieds

12 WEEKLY NEWSPAPERS | SERVING 50 LOCAL COMMUNITIES

A TURLEY PUBLICATION | www.turley.com

Call us at 413.283.8393

AUTO

AUTO PARTS

4 YEAR OLD MYERS PLOW, 3 sets of tires with rims 15" '94 Jeep Wrangler for parts only. **Call 413-967-7118 or 413-658-8513.**

CASH FOR JUNK AND REPAIRABLE CARS

FREE TOWING FAST SERVICE CASH PAID AS IS CALL OR TEXT 413-219-6839

HELP WANTED

CLASS A DRIVER. Triaxle dump trailer work. Local deliveries, minimum 40 hours, rate based on experience. **RB Enterprises, Ludlow, MA. 413-583-8393.**

HEAVY EQUIPMENT MECHANIC. Construction equipment and trucks. Experience required, full time. **RB Enterprises, Ludlow, MA. 413-583-8393.**

PART-TIME LEAD CUSTODIAN

United Congregational Church of Holyoke. Custodian wanted to ensure the upkeep and cleanliness of our building. Application and complete job description available at www.uccholyoke.org/contact/employment-opportunities or submit a cover letter and resume to office.uccholyoke@gmail.com or call **413-532-1483.**

REAL ESTATE

FOR RENT



ALL REAL ESTATE advertised herein is subject to the Federal Fair Housing Act, which makes it illegal to advertise “any preference, limitation, or discrimination because of race, color, religion, sex, handicap, familial status, or national origin, or intention to make any such preference, limitation, or discrimination.” We will not knowingly accept any advertising for real estate which is in violation of the law. All persons are hereby informed that all dwellings advertised are available on an equal opportunity basis.

FOR RENT



All real estate advertising in this newspaper is subject to the Federal Fair Housing Act of 1968, which makes it illegal to advertise any preference, limitation or discrimination based on race, color, religion, sex, handicap, familial status (number of children and or pregnancy), national origin, ancestry, age, marital status, or any intention to make any such preference, limitation or discrimination.

This newspaper will not knowingly accept any advertising for real estate that is in violation of the law. Our readers are hereby informed that all dwellings advertised in this newspaper are available on an equal opportunity basis. To complain about discrimination call The Department of Housing and Urban Development “HUD” toll-free at 1-800-669-9777. For the N.E. area, call HUD at 617-565-5308. The toll free number for the hearing impaired is 1-800-927-9275.



STAY ON TOP OF IT ALL!

Subscribe Today!

Turley Publications, Inc.
12 HOMETOWN NEWSPAPERS
413.283.8393
www.turley.com
24 Water Street
Palmer, MA 01069

PUBLIC NOTICES ARE NOW ONLINE

- 1 Email all notices to notices@turley.com
- 2 Access archives and digital tear sheets by newspaper title.
- 3 Find a quick link to the state of Massachusetts' public notice web site to search all notices in Massachusetts newspapers.

Public notice deadlines are Mondays at noon, Fridays noon for Monday holidays.

visit www.publicnotices.turley.com

P	A	R	S		E	C	T		B	A	T					
S	L	A	K	E		A	L	A		E	A	C	H			
T	A	J	I	K		R	E	C		B	L	E	U			
	E	A	M	E	S		N	A	T		L	A	D	S		
						A	M	E	R	I	C	A	S			
P	R	E	M	A	T	U	R	E	L	Y						
E	N	E	M	I	E	S		R	E	M						
T	A	L	E	R					B	E	R	M	E			
					B	A	N		E	L	A	T	I	O	N	
						U	N	A	V	A	I	L	A	B	L	E
			R	E	S	O	N	A	T	E						
M	O	A	B		D	K	M		S	A	B	E	R			
E	L	B	A		Y	E	P			A	I	L	E	D		
N	E	B	N		N	E	E			R	A	B	I	A		
D	A	I			E	N	D			S	E	N	D			



STAY ON TOP OF IT ALL!

Subscribe Today!

Turley Publications, Inc.
12 HOMETOWN NEWSPAPERS
413.283.8393
www.turley.com
24 Water Street
Palmer, MA 01069