

COMMUNITY Pet of the week: Meet Karma Page 2



SCHOOLS Monson welcome BBQ Page 24



SERVING PALMER, MONSON, BRIMFIELD, HOLLAND & WALES



New Town

Manager shares vision for economic growth

By Marcelo Gusmão Staff Writer mgusmao@turley.com

PALMER - Since earlier this year, the new Town Manager has been working with town departments and local businesses to help shape a prosperous and vibrant future for the community he grew up in.



Brad Brothers was appointed Town Manager by the Town Council back in February.

Brad Brothers was raised in town and graduated from the High School in 2008. He started his professional career in municipal ad-



New admin. emphasizes community partnerships and dialogue

By Marcelo Gusmão Staff Writer mgusmao@turley.com

MONSON - This semester, students at the high school will be introduced to the new administrative team of Principal Chris Fontaine and Dean of Students and Director



of Counseling Maria Barnes. Born and raised in Holyoke. Chris Fontaine has been working as a principal 2014. since He spent three years as a principal in Leices-

ministration in town from 2012-16. "I'm pleased to say it's been a seamless transition into the position of Town Manager over my first four full months," Brothers said.

Brothers said that his history in town has provided him with "a home field advantage."

"It allowed me to hit the ground

PALMER | page 5

Turley Photos by Marcelo Gusmão

the western part of the state to spend a few years in South Hadley.

"My family moved out to Monson to look for a quiet community when this position became avail-

Barnes, meanwhile, is a resident of the town, now on her 15th year working for the district since

MONSON | page 5

COMMUNITY



Submitted Photos Nate Letendre gives a high five to a basketball camp participant.

Basketball camp teaches kids essential life skills

By Marcelo Gusmão Staff Writer mgusmao@turley.com

PALMER – The Rising Stars basketball camp that concluded a few weeks ago offers a great opportunity for local students to get to-



gether and train essential life skills while improving their game on the court.

Nate Letendre graduated from the high school in 2020, and as soon as he graduated, he came back to the high school to coach. During his time at Springfield College, he volunteered to coach for the junior varsity and girls' varsity programs,

BASKETBALL | page 18

ENTREPENEURS

LEMONADE DA a sweet treat, thanks to support from town

By Marcelo Gusmão Staff Writer mgusmao@turley.com

PALMER - This weekend, the town celebrated Lemonade Day with lemonade stands that popped up all over town, as part of a community-building effort and to teach kids entrepreneurial skills.

Lemonade Day is an entrepreneurial learning program for youths that was designed to teach the basics of money and how to run a business through running a lemonade stand. Julia Taylor coordinated with the town to bring this program to fruition this month.

"I helped do this when I worked for a non-profit when I lived in Alaska," Taylor said. "I love this program and I love volunteering in the community, so we're starting from scratch."

Taylor has said that volunteering is her biggest passion, and admitted that she was very touched by the amount of support she saw from town officials.

"I am so very thankful to all of the community support shown on Lemonade Day," Taylor said. "It was a super successful event for the youth and honestly the town in gen-



Photos by Marcelo Gusmão

Tyron Edmonds, Linea Lamothe, Crystal Rondeau, Christina Hazzard, Andrew St. George, Julia Taylor, Marc Caci, Beth O'Keefe, David O'Keefe

eral."

Taylor was thankful to the many residents who came out, and mentioned members of the local fire departments who visited the lemonade stands, "which the children absolutely loved."

"Being our pilot year, we weren't sure of the turnout to expect, but it was phenomenal," Taylor said. "My heart is beyond thrilled to be able to bring our

communities together, one stand at a time."

Taylor said that she is already looking forward to next year's

LEMONADE DAY | page 9



KARMA

This is Karma, eating her birthday cake. She lives with her brother and Maryann Carter-Laventure in Palmer. We feature your pets here. Is your fur friend a dog, cat, chicken, lizard, horse, bird, mouse...you get the point. Is there a pet you're fostering and trying to re-home? All pets are welcome! Email a high-resolution jpg of your pet with a little information to journalregister@turley.com.

Residents to participate in **Jimmy Fund** Walk

PALMER- Four residents from Palmer will participate in the Boston Marathon Jimmy Fund Walk on Sunday, Oct. 6.

Karen Oliveira, Sandra Noonan, Sheila Browne, and Kristen Contois, along with thousands of other walkers, will participate in the iconic annual event that will unite the community to raise funds to support all forms of adult and pediatric care and research at the nation's premier cancer center, Dana-Farber Cancer Institute. The Jimmy Fund Walk has raised more than \$176 million for Dana-Farber in its 35year history, raising a record-breaking \$9.4 million in 2023.

"For 35 years, the Jimmy Fund Walk has continuously supported lifesaving research and cancer care at Dana-Farber. Our goal is to build off of the momentum we've established throughout that history, and in 2024, aim to surpass our total from last year by raising \$9.5 million," says Caitlin Fink, assistant vice president of event fundraising. "Fighting cancer is what we do. The Walk unites our community under a common goal -to defy cancer together."

To register for the Walk (#JimmyFundWalk) or to support a walker, visit www.JimmyFundWalk.org or call (866) 531-9255. Registrants can enter the promo code NEWS for \$5 off the registration fee. All registered walkers will receive a bib, medal, and Jimmy Fund Walk T-shirt.

MD

Monson Cultural picnic this weekend

Join us for our 6th annual Monson Cultural Picnic. This is a free event taking place on Saturday, August 31, 2024 from 1 to 5 p.m. Performances, songs and dances celebrating people of all different cultures.

This event will be held at Veterans Field in Monson (right next to the town offices and Police Station).

Free cookout at the park. Proceeds of this event supports the works of Afri(K)que Limited a 501(c) (3) organization that continues to fight for women and girls who are hungry, homeless and poor.

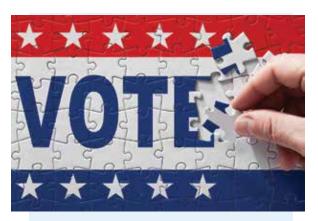
We are pleased to announce that this event is partially funded by the Town of Monson's REDO grant! Thank you for all you do for the development of events in Monson!

Money collection on display

MONSON- The Keep Homestead Museum welcomes Russell Bressette on Sunday, Sept. 1 at 1:30 p.m. when he shares his lifelong adventures of collecting coins and paper money.

Russell began his collection about age 9, but in the 1960's he seriously began going to auctions and tag sales to add to it. His earliest money is from the 1800's and includes paper money that was issued by banks including Monson Savings Bank. Coins and paper money from his collection will be on display in the barn for this free program which is open to the public.

The museum will be open from 1 to 3:30 p.m. to view new displays, have refreshments, and visit the gift shop where new handmade note cards featuring buttons are for sale. For more information about the museum visit www.keephomesteadmuseum.org.



Early voting notice for **Palmer residents**

PALMER— Early voting for the Sept. 3 State Primary will take place at the Palmer Town Clerk's office, 4417 Main St., at the following times:

Thursday, Aug. 29, from 9 a.m. to 4 p.m. Election day is Tuesday, Sept. 3, from 7 a.m. to 8 p.m. at the usual polling location.

Town of Monson voting information

MONSON- State Primary election will be on Sept. 3. Early voting will begin on Saturday, Aug. 24 from 9 a.m. to 5 p.m. The schedule will be as follows:

Thursday, Aug. 29: 8 a.m. to 4 p.m.

Friday, Aug. 30: 8 a.m. to 4 p.m.(last day for early voting).

Early voting will take place at the Town Office Building, Public Meeting Room located at 110 Main St.

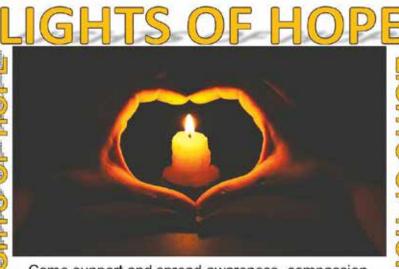
Voting on Sept. 3 will take place at Quarry Hill Community School located at 43 Margaret St. in the Pool Entrance.

For inquiries please contact the Monson Town Clerk's office at 413-267-4115 or email us at townclerk@monson-ma.gov.

Alternative criteria for lung cancer screening

BOSTON - A researcher at VA Boston, Boston University Chobanian & Avedisian School of Medicine and Boston Medical Center helped develop alternative lung cancer screening criteria to identify people who would benefit significantly from screening, but are excluded by current criteria, according to research published Aug. 20, in "Annals of Internal Medicine"

"We found these high-benefit groups include those who smoked for a long duration, but at a lower intensity, those with heavy smoking who quit more than 15 years ago, and those from some racial and ethnic minority groups," said Dr. Lauren Kearney, lead author of the study, research fellow at VA Boston's Center for Healthcare Organization & Implementation Research, pulmonary and critical ca fellow at Boston Medical Center, and instructor at Boston University Chobanian & Avedisian School of Medicine. Researchers used responses to the National Health Interview Survey from more than 58 million smoking adults from 1997 to 2018, to study whether alternative criteria could better identify high-benefit persons and whom this would include. They used fast and frugal tee algorithms to develop an alternative set of simple criteria. The researchers then compared the alternative criteria with U.S. Preventative Services Task Force, or USPSTF, criteria, evaluating their ability to identify high-benefit people. They also looked for where the selected populations overlapped and where the alternative criteria overcame USPSTF criteria limitations.



Come support and spread awareness, compassion, to those who have struggled, who are struggling now and who will struggle with Mental Health, Substance Abuse and Suicide.

Sunday, September 8th, 2024 Veteran's Field - 110 Main Street. Monson

Celebrate Monson with

Food, Fun, & Activities 3:00 pm to 5:30 pm The Addict's Mom Vigil 6:00 pm to 7:30 pm No admission, all food, fun, & activities are free!

St. Paul's Church welcomes new minister of music

PALMER-St. Paul's Church of Palmer warmly welcomes Wes Hunter as its new Minister of Music. Hunter, who is also full-time music teacher at Berkshire Hills Music Academy in South Hadley, begins his ministry at St. Paul's on Sept. 8 at its Sunday Morning worship service. Barbara Stone, long time St. Paul's organist, passes on her eighteen yearlong role to Hunter. Hunter and his husband Marc reside in Western Massachusetts.

Under Hunter's leadership, music at St. Paul's church promises to feature a unique combination of hymns, folk and popular Hunter as its new Minister of Music. music, classical pieces as well as contemporary wor-



Submitted photo St. Paul's Church of Palmer warmly welcomes Wes

Many thanks to all the supporters, sponsors, & volunteers who made this event happen.

G

MUSIC

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NORTHAMPTON, MA

FREE PARKING

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THE

THRILLS

AMERICA'S OLDEST ON-

GOING AGRICULTURAL

FAIR

THE

SPIRIT

LABOR DAY WEEKEND

AUG 30-SEPT 2

207TH CONSECUTIVE

ship songs. St. Paul's choir will reconvene after its cessation during the Covid 19 years. Performances and concerts by students from Berkshire Hills Music Academy, as well as special concerts will round out the music ministry at the church. On Dec. 1 a Brass Fanfare Concert will be hosted by St. Paul's.

Hunter is a gifted tenor, and pianist. Originating his musical journey on the French horn and piano, Hunter ultimately established himself as a sought-after soloist, choral/ensemble singer, and church musician in the Washington, D.C. and Boston areas. He studied voice at both the University of Maryland, Col-

lege Park and The Boston Conservatory where he received a BM and MM in voice and opera, respectively. Career highlights include being an ongoing featured soloist in The Boston Pops, The National Symphony Orchestra, Sarasota Opera, and Boston Youth Symphony Orchestras. Hunter is a member of the Berkshire Hills Music Academy in South Hadley. A unique college-like, residential program for young adults with intellectual and developmental disabilities.

Hunter has had extensive experience in church music as well in the Boston and greater DC Metropolitan area. He most recently led worship music at St. Ignatius Parish, Chestnut Hill for nine years.

Results suggest that the alternative criteria have higher sensitivity and specificity in identify-

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ing high-benefit people, and is substantially more sensitive in identifying high-benefit people in racial and ethnic minority populations than the **USPSTF** criteria. Analysis showed inequity in current USPSTF criteria, which has poor sensitivity for identifying high-benefit Black people for lung cancer screening.

The researchers also believe that, beyond the lung cancer screening context, their approach could be useful for other cancer screening and prevention modalities.

"The alternative criteria produced more effective screening, led to better support of ethical risk management, and substantially reduced racial disparities in lung cancer screening eligibility," explained Kearney. "The alternative criteria are also easy to remember and represent a feasible way to improve current lung cancer screening eligibility criteria."

The research is available at https://www.acpjournals.org/doi/10.7326/ M23-3250.



Turley Publications offers two types of obituaries.

One is a free, brief **Death Notice** listing the name of deceased, date of death and funeral date and place.

The other is a Paid Obituary, costing \$225, which allows families to publish extended death notice information of their own choice and may include a photograph. Death Notices & Paid Obituaries should be submitted through a funeral home to: obits@turley.com.

Exceptions will be made only when the family provides a death certificate and must be pre-paid.

DEADLINE

The Journal Register has changed its firm deadline for public submissions to Mondays. To get your submission in for that week's edition, email Editor at mharrison@turley.com or call the office at 413-283-8393 by noon on Mondays.

We appreciate the cooperation of our readers.

Lights of Hope to Illuminate Monson on Sept. 8

MONSON-The community of Monson is invited to come together for a heartfelt and inspiring event, Lights of Hope, on September 8th from 3 to 7:30 p.m. This event promises to be an evening filled with hope, remembrance, and unity.

Lights of Hope will be a special opportunity for residents to honor and remember those affected by substance use and to support those in recovery. The event will feature a series of activities, including a candlelight vigil, guest speakers, and community resource tables, all aimed at raising awareness and providing support to those impacted by substance use.

Pam West, a dedicated member of the Monson Substance Use Community Partnership, has played a crucial role in organizing this event. Her passion and commitment to the cause have been instrumental in bringing Lights of Hope to life.

The Monson Substance Use Community Partnership is proud to sponsor this event, reflecting its ongoing mission to promote substance use prevention, education, and support within the community. Attendees will have the opportunity to connect with local organizations and learn more about the resources available to them.

Mark your calendars for September 8 and join us at Lights of Hope. Together, we can make a difference in the lives of those affected by substance use and con-

comes to Lake Wickaboag

Monson to host special presentation by Stephen Hill on Mental Health and Substance Use Prevention

MONSON - The Substance Use Community Partnership is excited to announce a special presentation for parents and guardians featuring Stephen Hill, a nationally acclaimed speaker on mental health promotion and sub-

stance use prevention. The event will take place on Monday, Sept. 23, from 6:30 p.m. to 8 p.m. at Granite Valley School at 21 Thompson St. in Monson.

Stephen Hill is the founder of Speak Sobriety, a young person in recovery, bestselling author, recovery coach, and defense attorney. With over 750 presentations in schools and coalitions across the country,

Stephen's inspiring comeback tions can influence and impact story and cautionary tale of addiction to recovery have touched the lives of thousands.

His message empowers parents to guide their children in leading healthy, substance-free lives by demonstrating the importance of building a life worth defending.

This presentation is a unique opportunity for parents and guardians to hear Stephen's powerful message, which focuses on educating the community about mental health and substance use, providing practical tools and coping skills to navigate challenges, and fostering a deeper understanding of how our ac-

the well-being of others.

"We are thrilled to have Stephen Hill speak with our said Rachel community," McRobbie, Drug-Free Communities Project Coordinator. "His story is not just about overcoming addiction but also about the importance of resilience, mental health, and making positive choices. We believe his message will resonate deeply with both parents and students."

In addition to the evening event for parents, Stephen will also be addressing all high school students during the school day. This gives parents the perfect opportunity to engage in meaningful conversations with their children about substance use prevention and mental health, using Stephen's story as a platform.

This event, sponsored by Monson Substance Use Community Partnership and Monson PTSA, is free and open to the public. Doors will open at 5:30 p.m., with pizza and refreshments available before the presentation begins.

The school district encourages all parents, guardians, and community members to attend this important event.

For more information, please contact Rachel McRobbie at McRobbieR@Monson-Schools.com.

Monson Public Schools is dedicated to fostering a safe, supportive, and collaborative learning environment where every student is encouraged to achieve their full potential. The district are committed to providing our students and community with the resources and knowledge needed to lead healthy, successful lives.

Stephen Hill is the founder of Speak Sobriety, a young person in recovery, bestselling author, recovery coach, and defense attorney. He has shared his powerful story with thousands across the country, offering a message of hope, resilience, and the importance of making healthy choices.

American Legion announces 9/11 **Remembrance and Dedication**

Legion's Post 130, is inviting the p.m. at the Fire Service Group locommunity to its annual 9/11 Re- cation at 1010 Thorndike St. membrance and Dedication.

MONSON— Monson Public

Schools participates the Nation-

al School Lunch Program and the

School Breakfast Program. As part

of this program, all schools offer

healthy meals every school day at

no cost to the students due to the

implementation of the Community

Eligibility Provision for school year

lunch at school without having to

pay a fee or submit a household ap-

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ment: In accordance with federal

civil rights law and U.S.

Department of Agricul-

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tions and policies, this

institution is prohibited

from discriminating on

the basis of race, color,

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Students receive breakfast and

2024-2025.

PALMER – The American on Wednesday, Sept. 11, 2024 at 6 soldiers who lost their lives on that

The ceremony is to be held Legion will continue to honor the ceived since the last ceremony.

Monson Schools offers meals at no cost

plaint, a Complainant should com-

plete a Form AD-3027, USDA

plaint Form which can be obtained

online at: https://www.usda.gov/

sites/default/files/documents/

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plaint-Form-0508-0002-508-11-

28-17Fax2Mail.pdf, from any

USDA office, by calling (866)

632-9992, or by writing a letter ad-

dressed to USDA. The letter must

contain the complainant's name,

address, telephone number, and a

written description of the alleged

Com-

Program Discrimination

fateful day, to honor our fallen from Western Massachusetts since 9/11, At this time, the American and dedicate our newest pavers re-

discriminatory action in sufficient

detail to inform the Assistant Secre-

tary for Civil Rights about the nature

and date of an alleged civil rights

violation. The completed AD-3027

form or letter must be submitted to

USDA by mail: U.S. Department

of Agriculture Office of the Assis-

tant Secretary for Civil Rights 1400

Independence Avenue, SW Wash-

ington, D.C. 20250-9410; or fax:

(833) 256-1665 or (202) 690-7442;

or email: program.intake@usda.gov

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Monson Town Wide Tag Sale and Picnic

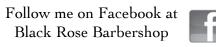
MONSON- This year, the 24th Annual Monson Town Wide Tag Sale will be held on Saturday, Aug 31. Throughout the beautiful town of Monson, over 100 individual and multi-family tag sale sites will be open.

Individuals that participated in last year's tag sale and provided an email address have received an email to sign up for a site this year. If you would like to sign up for a site, you may visit our website www.firstchurchmonson.org and click on the Town Wide Tag Sale logo. You may also fill out a form which are located at the post office, the town hall, the bank, the library, and Adams. You may also contact the church office at office@firstchurchmonson. org.

The official town map will be available Saturday, Aug.31, from 8 a.m. to noon for a \$5 donation at Memorial Hall, Main Street, Triune Wellness, Main Street, and First Church parking lot, 5 High Street. The guide will have all the tag sale locations and a detailed description of items for sale at each location

At the First Church parking lot, there will be a Town Wide barbecue lunch from 11:30 a.m. to 2 p.m. hosted by First Church of Monson and Adams Market.





Viewpoints



Retiree asks about his Social Security

Dear Rusty

I retired with a (gross) \$4,600 per month Civil Service Retirement System annuity from the U.S. Postal Service in December 2022. I am 66 and will attain Full Retirement Age in November of this year.

I know at that point I will not be subject to the "earnings" test, but I will be affected by the dreaded "government offset." I have earned enough quarters and will be eligible for a small social security benefit.

First question: will my Social Security benefit just be reduced or will it be eliminated? Second: will it make a difference if I apply in November or when I turn 70? I am currently working part-time and paying Social Security FICA taxes.

Third: if my SS is being eliminated, do I even have to apply? Fourth and last: I am married, filing jointly and my wife is currently receiving SS benefits (only). Could I also be affected by the "windfall" provision if my wife predeceased me?

Thank you in advance for your service as a Social Security Advisor.

Signed: Upset to Offset and **Downfall to Windfall**

Dear Upset

You are correct that when you reach your Full Retirement Age in November you will no longer be subject to Social Security's "earnings test," which limits how much you can earn while collecting early benefits. But if you apply for your Social Security to start in November, your SS benefits will be affected by the Windfall Elimination Provision due to your non-covered CSRS pension because you didn't pay into SS while earning your CSRS pension. As you may know, only those federal employees, who retired under CSRS are affected by WEP; newer Federal employees, who retire under the more recent Federal Employee Retirement Program program are not affected.

Because of your CSRS pension, your Social Security benefit will be reduced, but not eliminated. The amount of reduction will be based on the number of years of non-government employment you had where you paid into Social Security. Usually, those who have spent a lifetime earning a pension without contributing to SS, but who have a separately earned SS pension, will see their SS benefit cut approximately in half.

To answer your second question, your benefit will, indeed, continue to grow if you wait until you are age 70 to claim Social Security. Benefits taken after one's FRA earn "Delayed Retirement Credits," which add to your final benefit amount. Your benefit will still be reduced by WEP, but your final amount will be more because you waited longer to claim. Regarding your third question, your SS benefit will only be reduced, not eliminated, so it's always worthwhile to apply. Otherwise, you are forfeiting Social Security money you are entitled to. And lastly, if your wife dies before you, your CSRS pension will also cause another provision called the Government Pension Offset provision to apply. The GPO will reduce your surviving spouse benefits by 2/3rds of the amount of your government CSRS pension, which will likely eliminate any spousal benefit you are entitled to except the so-called "death benefit," which is a one-time lump sum \$255 benefit paid to a surviving spouse). The Association Mature Citizens Foundation and its staff are not affiliated with or endorsed by the Social Security Administration or any other governmental entity. This article is intended for information purposes and does not represent legal or financial guidance. It presents the opinions and interpretations of the Association Mature Citizens Foundation's staff, trained and accredited by the National Social Security Association To submit a question, visit amacfoundation.org/programs/social-security-advisory or email us at ssadvisor@ amacfoundation.org. Russell Gloor is a Social Security advisor for AMAC.



Letter to the editor

Letter to the towns of Brimfield, Monson, Palmer and Ware

As one of the four towns of Milltown Regional Animal Control, I am writing to let you know of something that is a major concern to me.

On Thursday, August 8, 2024 I had to put my dog down as he had cancer and did not have long to live. I had an almost full bag of dog food that I wanted to donate to the dog pound. I called Police Chief Kozloski on August 9 about donating the food and he agreed to meet me at the dog pound. He opened the door at 10 a.m. and I just want to tell you that I was hit with a smell the was so powerful that I couldn't believe it was as strong as it was. It was a combination of dead air and a very strong smell of ammonia mixed in with the smell of feces.

As we went in, a noise could be heard so we went to take a look. A dog with an empty bowl in his mouth was

banging the cage. As we went further in, we saw dogs standing in water that was at least an inch deep. There was water dripping down the walls and one of the dogs had fur that was falling out and another dog that was emaciated. There are electrical cords on the cages which in and of itself is dangerous. I have never seen such abuse of animals, 6 dogs in cages and 3 in the back room. The windows were all closed and the air was stagnant and very hot. This is not how animals should be treated. There is no access to outside air when there are no attendants, such as a fenced in courtyard.

I don't know who is supposed to be taking care of the animals but I hardly ever see a vehicle there whenever I drive by. Who is supposed to feed them, walk them, care for them? I need answers to all of these questions and more. In my opinion the regional animal facility has failed our animals.

> Respectfully, William Fountain Monson, MA

Next year I will not...

t's just about now when I feel, to have mulched thicker. Mulch serves some degree, embarrassed to be called the Garden Lady.

You see, my garden is not as well kept as I'd like it to be. I skimped in a few areas that I shouldn't of.

As my oldest is about to enter her last year of high school I reflect back on the year of her birth, and how dismal my garden was that year. It was the first summer without a dog to keep critters at bay. We had a whole family of woodchucks eat pretty much everything in the garden. I consoled myself by saying that I was growing a human that year and not a bunch of vege-

several purposes. It covers bare soil and prevents weed seeds in the soil from seeing the light of day, germinating and turning into a nuisance.

Mulch also breaks down over time into organic matter then humus, and feeds the soil. It also helps to conserve moisture.

Until this week we didn't really need help with that, but the abundance of rain, added to not nearly thick enough mulch, surely made for numerous weeds! Next year I will not skimp on mulch. Next year I will not, absolutely not, let the weeds take over. The first two "will nots" relate to this paragraph entirely.



The alcohol conundrum

Excessive alcohol consumption has long been recognized as an illness that contributes to societal problems like drunk driving and domestic violence, along with a host of physical ailments that are potentially fatal.

Right up until the 21st century, though, there was consensus that moderate alcohol intake did little harm, and might even have had some health benefits. Red wine, in particular, was found to contain antioxidants like resveratrol that may lower blood pressure and polyphenols, which may improve blood flow to the heart.

That was then, and this is now.

Increasingly, research is finding that the risks of even moderate alcohol intake outweigh its benefits. Alcohol consumption is a risk factor for several types of cancer, including breast, colorectal and oral cavity cancers. According to the National Cancer Institute (NCI), moderate drinkers have a 1.23-fold higher risk of alcohol-related cancers.

The World Health Organization (WHO) says that there is no safe level of alcohol consumption, and that even relatively low levels can increase the risk of breast cancer.

And a large British study released just this month found "light" drinking (about an ounce of spirits a day for men and half an ounce for women) was associated with an increase in cancer deaths among older participants. The risk was greater for those who had existing health problems or who lived in low-income areas.

Just as cigarettes were once thought to be healthful and are now known to be dangerous, alcohol is on a trajectory to becoming another health pariah. Dr. Victoria Amesbury, an internist who has been practicing for 36 years, would be OK with that.

"One of the amazing things I run into all the time is well-educated women who drink," she says. "There are studies that indicate even two drinks a week is toxic, and that it is now thought there is a definite connection between alcohol and breast cancer.

"But when I tell a patient to stop drinking, they say all their friends drink and they don't want to be an outcast."

There's the rub. Alcohol is so ingrained in our society that it's hard to imagine life without it. Around the time America was founded, alcohol was actually thought to warm the body and aid digestion. It was used to treat colds and fevers and even given as a sedative during childbirth. During the mid-19th century, alcohol was the main painkiller used in surgery.

The Journal Register

EDITORIAL ister@turley.com

> STAFF WRITER Marcelo Gusmao mgusmao@turley.com

ADVERTISING SALES

Dan Flynn tflvnn@turlev.com

SPORTS EDITOR Greg Scibelli sports@turley.com

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Letters to the editor should be 250 words or less in length, and guest columns between 500-800 words. No unsigned or anonymous opinions will be published. We require that the person submitting the opinion also include his or her town of residence and home telephone number. We must confirm authorship prior to publication. We reserve the right to edit or withhold any submissions deemed to be libelous, unsubstantiated allegations, personal attacks, or defamation of character.



As a paper of record, we attempt to cover all general news, personality profiles, and community features that we know about. This includes all selectmen and school committee meetings as well as spot planning board, board of health, fi nance, and other town meetings determined by the issue's relevance to our readers. There are the annual major community event features that we should always cover, but we are more than open to suggestions of other features to celebrate the fabric of our communities and their many interesting occupants. Our loyal advertisers provide funding for this paid staff coverage.

For more information on news or community features for The Journal Register, please email journalregister@turley.com.

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tables. While responsibilities

have changed in the fact I

am no longer changing diapers or zipping up avocado and sweet potato in the blender, I'm still pretty busy with the kids and that has taken priority over a tidy garden. Usually it comes down to getting out what you put in and honestly, the garden has pretty much been on it's own since mid June. Gasp.

Maybe you can relate. So, the column today will be about what I plan to do better on next year, especially since I don't anticipate life slowing down anytime soon.

Next year I will not, absolutely not, skimp on fertilizer. My nature is to be frugal, but I will go back to the statement above of getting out what you put in.

I know that 12-foot squash vines probably need more sustenance than the few shovels of compost I put in their hills. This is evident by how pale the leaves are.

Contrast that to the self-sown decorative squash plants that grew in my compost pile comprised mainly of chicken bedding and manure. They are unbelievably healthy, replete with numerous healthy fruit.

My soil test did indicate that nitrogen was low, and I did intend to go back when I bought that new bag of blood meal and amend it further but alas I did not. Next year I will not skimp on fertilizer.

Next year I will not, absolutely not, skimp on mulch. When I looked at what was left for mulch from the previous year I figured I had enough to get by.

Wrong. Part of the reason the yard looks like a jungle is because I should

I prepped the garden and knew I should till in the old strawberry plants. I looked at a few sparse blossoms and thought, "I may get a few berries, I'll leave them in place and till them in later.'

Well, the berries were few and far between but the surrounding weeds took over. Then the necrotic squash plants grew all over the weeds and the strawberry plants so I'm forced to wait until the first frost to deal with the whole mess.

I'm not sure who said it first, but it's a smart diatribe: "Do not put off until tomorrow what can be done today."

With all this said I must cut myself some slack, and if you failed anywhere along the line with your garden, you should as well. Our gardens are a work in progress and although I wish I had done a better job, I did OK.

We enjoyed some yummy green beans and I froze some kale. I did make tomato sauce on a couple of occasions and hopefully will have another chance at it and maybe I'll get a few butternuts to eat.

I know for sure I'll get some nice decorative squash, thanks to the composted chicken manure. Live and learn I guess.

Roberta McQuaid graduated from the Stockbridge School of Agriculture at the University of Massachusetts. For 32 years she has held the position of staff horticulturist at Old Sturbridge Village. She enjoys growing food as well as flowers. Have a question for her? Email it to pouimette@turley.com with "Gardening Question" in the subject line.

support community journalism

Look back at movies from the '30s and '40s (I'm thinking particularly of "The Thin Man" series) in which cocktails took center stage, consumed by glamorous people. How could we not fall in love with booze?

Should we all quit drinking cold turkey, particularly women? That's not likely to happen. Just as everyone hasn't been persuaded to give up cigarettes, not everyone will be persuaded to stop drinking alcohol, no matter what the research says.

I think the question becomes, "How do you mitigate your risk factors if you choose to continue drinking?"

For her patients who continue to drink, Dr. Amesbury recommends abstaining for three or four consecutive days each week, and then consume only light amounts the other days, no more than five ounces of wine. If you want more to drink, mix the wine with club soda or another mixer.

Another tactic is to take a month-long "vacation" from drinking a couple of times a year, say a "dry January" and a "dry July." In those 31 days, research has found, moderate-heavy drinkers can see improvements in insulin resistance, blood pressure, body weight and cancer-related growth factors. It also allows liver cells to recover from alcohol's toxicity.

Only drinking alcohol during meals, drinking slowly, alternating alcoholic and nonalcoholic beverages (particularly water!) are other measures you can take to mitigate some of the risks associated with alcohol.

There is also the growing trend of "mocktails," which can mimic favorite alcoholic drinks in flavor without the buzz. Think about mocktail mimosas, Moscow mules or sangria.

There was a time when a nonsmoker was considered weird, and now smokers are relegated to designated areas, or banned entirely. Maybe a time will come when not drinking is considered the cool thing to do. Until then, do what you can to lower your risk factors.

Teri (Dreher) Frykenberg, RN, is a board-certified patient advocate and Monson resident. A critical care nurse for 30+ years, she is founder of NShore Patient Advocates, (www.NorthshoreRN.com). Her book, "How to Be a Healthcare Advocate for Yourself & Your Loved Ones is available on Amazon. She is offering a free phone consultation to Turley Newspaper readers. Contact her at Teri@northshorern.com to set it up.

Corrections

The Journal Register will gladly correct factual errors that appear in this paper. Corrections or clarifications will always appear on Page 2 or 3. To request a correction, send information to Editor at journalregister@turley.com, or call 283-8393, extension 236. Corrections may also be requested in writing at: Journal Register, Attn: Editor 24 Water St., Palmer, MA, 01069.

Please send opinions to: The Journal Register Letter to the Editor 24 Water St. Palmer MA 01069, or by e-mail to: journalregister@turley.com

The submission deadline for consideration is Monday at noon.

Election letters to the editor welcome

The Journal Register welcomes readers to participate in this year's election campaigns by writing letters to the editor for publication on these pages. Letters of up to 250 words from local residents endorsing candidates on the ballot or discussing campaigr issues should be sent to The Journa Register, care of Turley Publications, 24 Water St., Palmer, MA 01069, faxed to 413-289-1977 or emailed to journalregister@turley.com. Please include a daytime telephone number for verification purposes (it will not be printed). Letters must be received by noon Monday to be considered for that Thursday's newspaper. No attack letters will be printed. No letters writter by candidates supporting their own candidacy will be printed. If the volume of letters received is larger than the space available in the newspaper or if the letters become repetitive, the newspaper reserves the right to print a representative sample. No endorsement letters will be printed in the last edition before the election. For more information, call the

editor at 413-283-8393.

Campaign news

As part of its election coverage the newspaper plans to print stories about contested races for Congress state Senate, state House, district attorney and Governor's Council during the weeks leading up to the election as well as a question-and-answe voters guide. In order to ensure fairness to all candidates, no political press releases will be printed, nor will reporters cover political rallies or fundraisers.

Candidates who wish to further publicize their candidacy, beliefs and events may contact advertising, 413-283-8393 about paid advertising in The Journal Registe

PALMER | from page 1

running and address some of the immediate needs of the town," Brothers said.

Brothers's experience working in the communities of Plymouth and Carver has provided him with extensive hands-on experience working through complex municipal challenges. In addition, though many of the town's department heads have been in their role for less than two years, Brothers described them as "extremely knowledgeable," and credited them with bringing him up to date on items requiring the Town Manager's immediate attention.

"The number one rule I highlighted with all department heads in my first week, and continue to reinforce, is to challenge the saying 'we've always done it this way,' Brothers said. "While having a general sense of the history and background knowledge of a practice is certainly helpful, I want us to continuously ask ourselves if we are using best practice. Is there a better process we can put in place? Is there a way to streamline and reduce department touchpoints?"

Brothers said that he used this approach while working in Plymouth to relative success, finding efficiencies that are beneficial to both the end user - usually town residents - and the town departments. Brothers said that in a town where some departments are made up of only a department head with no administrative help, it can be essential to continuously improve operations, and try to free up the department's time from daily tasks to allow for more focus on implementing organizational and departmental goals.

"I encourage and welcome community feedback on all interactions with the town," Brothers said, "and, more importantly, ideas on how we can improve and better serve our community."

Brothers praised the "great work going on behind the scenes" in town, and said that improvements are being made every day. In the interest of highlighting the departments, Brothers said that he intends to have each department, including the schools, present at a Town Council meeting every year.

"This will allow the departments to provide updates on process changes, Massachusetts General Law changes, capital projects, community events, departmental goals, and highlight major accomplishments," Brothers said. "Another small thing you will see going forward is all Police Officer appointments and promotions will be sworn in by the Town Clerk at live Council meetings. This practice provides the community a nice opportunity to learn about our Officers protecting our town."

Brothers said the town has

"While some are starting to change hands with new businesses coming in, we still have a lot of work to do. In working with the Building Department, I'm very pleased to say we have worked collectively with many of these vacant property owners to ensure parcels are maintained to a reasonable standard."

Brothers said that the town faces certain challenges each budget season in maximizing services to the town due to the confines of Proposition 2 ¹/₂, which limits how much the tax levy can be increased each year.

This is a common theme for all small rural communities, especially in Western Massachusetts," Brothers said. "We combat this by consistently reviewing how service is delivered to ensure efficiency, working closely with our state legislators on funding opportunities to maximize fundings sources, and continuing to explore regional and shared service opportunities with neighboring towns.'

The number one rule I highlighted with all department heads in my first week, and continue to reinforce, is to challenge the saying 'we've always done it this way,

- Town Manager **Brad Brothers**

Brothers added that there has been development near the exits to the Mass Pike, and that the town has significant build-out potential that will provide opportunities for grants to potentially improve traffic, sidewalks, public utilities, and more, while increasing the town's tax base.

Of course, talking about transportation across the state leads the Town Manager to mention the much-lauded East/West Rail Project.

"Ben Hood from the Citizens Group and the Palmer Rail Steering Committee highlighted the project

status very well in the Aug. 8 edition of the Journal Register," Brothers said. "At this time, six of the 11 sites initially reviewed are being proposed to move forward

those needing to commute for work. or for families taking a day trip into the city.'

Brothers said that the target date for rail to become operational is in 2029, and that he looks forward to continuing to work with DOT to ensure the stop is placed in town.

Problems with local water have been plaguing the town for some time, and Brothers said that he was unaware of the complexities of the water departments in the village until he started the position.

"I can understand how this has been a topic of discussion for many years, and I would suggest an outside consultant come in and provide an assessment of the existing department structure, including the pros and cons of potentially merging all districts under one," Brothers said.

Brothers said that the state has offered grant funds for the review of shared services and regionalization efforts.

"Assuming this would qualify, the departments could submit a funding request for this type of assessment," Brothers said. "From an economies of scale perspective, consolidating would provide some cost savings measures in addition to giving town residents one voice when attempting to secure available state and federal grants for capital project costs."

"I understand and respect the deep-rooted history of the villages, but I would like to explore alternative options for delivery of water service to town residents, regardless of which village you reside in," Brothers said.

In addition to these larger projects, Brothers said that he anticipates bringing forward a discussion with Town Council about upgrades to Legion Field's courts, financial policies, a Master Plan for Burleigh Park, sale of surplus and vacant town-owned properties, a five-year capital plan, and a financing tool to promote development in designated areas.

Brothers said that as he moves forward in his role, he hopes to reinforce a sense of community in the town

"Palmer is a community where residents should feel safe residing and value all its offerings," Brothers said. "I look forward to working with the residents to enhance offerings and continue moving our community forward."



MONSON | from page 1

becoming a District Social Worker in 2010. She described herself as "caring deeply about this community."

"I am excited to work with the students, I know many of their siblings and families," Barnes said. "I'm looking forward to this school year to help students achieve their potential, and strengthen our school community.

Barnes described her position at the school as a hybrid role, serving as both the Dean of Students from grades 7-12 and also the Director of Counseling for pre-kindergarten up to 12th grade.

Fontaine said that his leadership style is centered around listening and having conversations in the community, including the students and their families, about what it needs. From there, Fontaine tries to continuously grow, and to develop a vision and come up with a plan that works towards addressing the community's needs.

'School should be a foundational pillar of the community,' Fontaine said. "If we can get all of our partners on board with that vision, we can help structure that pillar and make it the best that it can be for our students.

Fontaine said that the transition into the new role has gone very well for him since his official start date of July 1.

"I kind of started unofficially at the end of June," Fontaine said. "I've been making sure procedures are put in place, that the students are set up for success, and building on our workbased learning program to

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ensure students have places to go in the community to do internships." This work-based learning pro-

gram is a feature of the school that seeks to pair students with potential careers by arranging internships with local businesses.

We have juniors and seniors that participate in our school-to-career program," Fontaine explained. They go out into the community and actually do the job-shadowing with various companies and organizations.'

Fontaine said that there are students from the high school at a law firm in Springfield, while others work in area businesses and still more are at Town Hall here in town.

They get to gain knowledge on their career," Fontaine said. "We're trying to build more partnerships, so that we have a broader array of things we can offer to the kids."

Fontaine said that, like any administrative position, the local schools are not without their challenges.

"One of the challenges right now is making sure we have a budget that supports the best possible education for our students," Fontaine said. "Money is always tight; the more you have, the more you still want. We're just trying to be sure we're not cutting programs and are still able to create new ones to serve the needs of our kids."

to meet parents in the community through a number of local events, citing the School Council, which many parents participated in. He said that he uses these forums with the public to listen to what parents' needs are, and has been attending School Committee meetings to make sure he and the committee are on the same page.

"I think one of the biggest concerns for the parents is consistency," Fontaine said. "Making sure whoever's here is out there supporting the students, whether that be at art programs, band concerts, or sports events.'

Fontaine said that parents were also interested in expanding the school-to-career program.

"We're trying to grow our offerings," Fontaine said. "Being a small school, we're limited to what we can offer, so we like to ask how we can maximize the resources we have."

Fontaine said that from his work in other districts, he's found that the methods to establish himself are usually the same.

"It's about trying to get to understand the comm and making sure the school is an extension of those needs," Fontaine said. "I'm a member of the community, I've been here for four years, and I'm looking forward to making this school the best that it can be.'

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Fontaine had the opportunity

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started to include upcoming community events at the bottom of all regular Town Council agendas as well. He mentioned that the town is seeking to highlight the work done by highlighting local businesses.

"As we close out Fiscal Year 2024 and begin 2025, one target area that I anticipate playing a major role in is highlighting our business community and strengthening its partnership with the town," Brothers said. "I intend to expand the Town Manager's role and involvement with the multiple Chambers of Commerce and business associations we have locally and work collectively with them on expanding media coverage for grand openings and major celebrations/milestones within our business community."

Brothers said that one of the biggest challenges is attracting businesses to vacant properties around town. Brothers said that he hopes to address this by highlighting what the town can bring to the table as a partner.

"We have all seen many vacant commercial properties that have become an eyesore in town over the last few years," Brothers said.

to the next project phase.

Brothers said that of the remaining six, one downtown location, the current site for the Department of Public Works, is noted to provide the most economic development out of the six and would present an opportunity to continue revitalization of

our downtown. "It's important we work closely with the

Department of Transportation on ensuring a rail stop finds a home in Palmer," Brothers said. "While it is anticipated to open with only two daily runs into

Boston, it's a nice amenity to have in town for either



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A student shows a big smile as he turns up for his first day of first grade.



Two friends caught up as they walked through the doors to Old Mill Pond School.



Students carrying backpacks and bookbags were greeted by school administration for their first day of school.

FIGLIO ITALIAN RESTAURANT





Adeline, age 8, was escorted to school by Erin Ayott.



The first students passed through the doors of the bus and stepped onto the school campus.







Teachers and the school district's staff wore brightly-colored vests to guide the students to the school.



The town's Public Relations Officer stood with members of the school administration to greet the students.



Students waved to the camera as they got off the bus

A student took the time to talk to paraprofessional Lauren Shaw as he arrived at school.

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August 29, 2024 I THE JOURNAL REGISTER





Students from grades 1-6 stepped off the bus on the morning of Aug. 28.



Assistant Principal Penny Manteria, Principal Holly-Beth Riopel, and Assistant Principal Kerry Lynch welcome students for the first day.





Kellan was smiling as he got off the bus to start the new semester.







A student was excited to received a hug from his teacher as soon as he got off the bus.



Alissa Breyare gave a hug to a student as she arrived at the school.

LOCAL SERVICE, AGENTS & KNOWLEDGE

D108

Two friends smiled for a picture on their way to the third grade.



Brie carried a bright backpack into school on her first day this Wednesday.





Paraprofessional Lauren Shaw and music teacher Sydney Andrews greeted students at the front doors on the first day.



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Submitted photos Pam Prouty used a saw for the lemonade stand-building workshop.



Noah and Addy used a pallet of wood to build their lemonade stand.



Noah and Addy stood up to see the fire truck that came to visit from the Bondsville Fire Department.



A lemonade stand was placed at Depot Village Station Park on Main Street.



David and Beth O'Keefe helped Addy and Noah sell lemonade in Grammar Park.



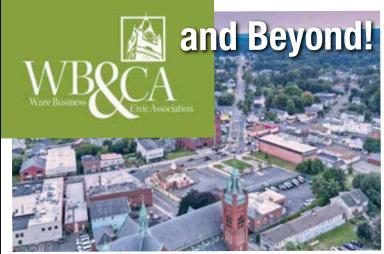
James and Daisy Jiances decorated their lemonade stand with yellow paint and smiling cartoon lemons.







James and Daisy Jiances converted wood pallets to lemonade stands at the workshop at Pulaski Park.



Aerial pictures provided by Above the Law Imagery

Ware Business & Civic Association now includes the communities of Palmer, Belchertown, West Brookfield, Warren and Hardwick. Businesses and organizations from those towns are welcome to join!





Visit warebca.com email warebca@gmail.com





Nathan and Ethan Nay set up their Pokémon-themed "Pokenade" stand in front of the library.

Join Our Small-Town Business Development Adventure!

Are you a small business owner looking to boost your community presence and connect with fellow entrepreneurs? Look no further! Welcome to the heart of our towns' growth and success - the Ware Business & Civic Association...and Beyond!

► Our Mission

We're not just any organization – we're a community catalyst! Our mission is clear: foster camaraderie among local businesses, creating a vibrant hub that transforms our town into a must-visit destination for all. We're here to ignite connections, inspire growth, and spark innovation.

► Why Join Us?

Referrals are just the beginning! As a member, you'll enjoy the spotlight on your business within our closeknit community. Think of us as your business's ultimate cheerleaders, making sure your unique offerings shine bright.

> A Legacy of Achievement

Since 2011, our committee has been making waves. We're not just about meetings – we're about momentum. From securing endorsements for local businesses to orchestrating events that turn visitors into regulars, we've been shaping our towns' destiny, one success story at a time.

Events that Sparkle

Who says business can't be fun? Picture this: quarterly membership nights that blend networking with laughter. We're all about community, after all – and a little friendly competition in the bowling alley or at the axe throwing yard never hurt anyone.

Network that Expands

With a sprawling member base, joining us means getting in on the action. Your business won't just get noticed; it'll become a star in our constellation of local talent.

An Investment in Success

For just \$120 per year, you're securing your spot in our thriving business ecosystem.

- Seamless Entry
- ► Embrace Uniqueness

Ready to take your business to new heights while having a blast? Join us on this exciting ride! Let's be partners in growth and partners in fun.



CRAZ

Emma LaBier (front) carries a solo cup of lemonade from the intricately decorated lemonade stand.



Addy, age 6, and Noah, age 12, worked the lemonade stand at Grammar Park in Bondsville.







Marc Caci and Linea Lamothe stopped by the Grammar Park lemonade stand on Saturday.

LEMONADE DAY I from page 1

Lemonade Day, which will be in June.

"It will be a two-week program on the weekend, so as to accommodate more families' schedule restrictions that might arise during the week," Taylor said. "Those involved, including the families, will also be working together as a team to help us make a blueprint for other towns to follow so they, too, can start their own Lemonade Day program."

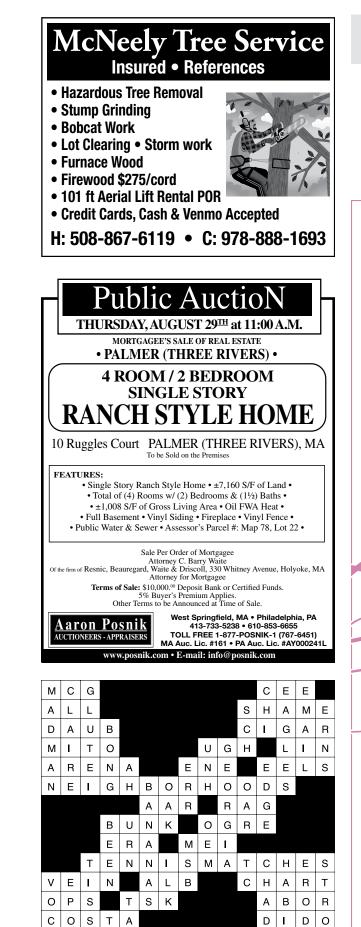
Taylor said she was thankful for the parental support that she saw for the children running the stands, as well as the support received from the program's sponsors.

"Without everyone working together, including the community coming out the day of and buying lemonade, this program doesn't succeed and our youth don't learn the financial literacy that is so vital to learn at a younger age," Taylor said. "The overwhelming support shown by the town for our youth is something to be very proud of."

If you're interested in becoming a sponsor or bringing this event to your town, you can send an email to Taylor at juliagulia2324@gmail.com

"Thank you so very much for a successful First Annual Lemonade Day in Palmer," Taylor said. "We look forward to seeing you next year."





URB

EW

X

CALENDAR OF EVENTS

E-mail items to mharrison@turley.com or mail to Calendar Editor, Journal Register, 24 Water St., Palmer, MA 01069, for receipt by Monday of week for publication.

The Journal Register encourages readers to contact event coordinators and organizers for updated event times. Have an event to promote? Email the information (in sentence form and as a Word doc or plain email text – no PDFs or flyers, please – to journalregister@ turley.com.

UPCOMING

BRIMFIELD WINERY EVENTS:

HARVEST FESTIVAL by Autism in my pocket. Sept. 21, 70 + vendors, music, fun for whole family, from 11 a.m. - 6 p.m 19TH NERVOUS BREAKDOWN-

Rolling Stones Tribute playing from 2 – 5 p.m. Free to public Food truck onsite: Savage Wraps

PIONEER VALLEY'S "ROCK-TOBER" Featuring THE LEGENDS TOUR by Robert Black entertainment. Enjoy the most amazing tribute to Johnny Cash/ Creedence Clearwater Revival and Elvis Presley. Saturday Oct. 5 Gates open 4 p.m. Show starts 5 p.m. Tickets only \$35 a carload.

BRIMFIELD'S 16TH ANNUAL CAR SHOW benefiting Brimfield Firefighters Assoc & Hitchcock Free Academy. October 12, 10 a.m. Over 700 vehicles are going to be shown off for good causes.

WING MEMORIAL GIFT SHOP AUGUST VENDOR SALES Aug. 29 SWEETS n TREATS

(freeze dried fruit, veggies, candy)

PATHFINDER 40TH CLASS REUNION

The event will be at Pulaski Park, on Saturday, Sept. 28, from noon to 5 p.m.

60th REUNION PALMER HIGH SCHOOL CLASS OF 1964

The event will be held at The Brimfield Winery on Saturday, Sept 14, from 1 to 5 p.m. Contact Carol at 413-283-9495 for more details.

ONGOING

FARMER'S MARKETS: The Brimfield Farmers Market at Hitchcock Academy is a fun place to find cool, unique products, plants and seasonal produce every Saturday while you meet your neighbors and support Hitchcock and local businesses. The market starts on April 13, and runs from 9 a.m. - 1 p.m.

WALES FARMER'S MARKET -Baked goods, honey, antiques, plants, tag sale and craft items, every Saturday at 9 a.m. until noon from May 25, 2024, until Labor Day weekend at the Wales Baptist Church pavilion on Route 19. There will be fresh vegetables when in season. Vendor spots are available. INTERESTS

PIONEER VALLEY QUILTERS Guild meets at the Elks Lodge #61 at 440 Tiffany St., Springfield. Meetings are held on the first Wednesday of the month at 6:30 p.m. and all are welcome. The mission of the guild is two-fold: to share the joy of quilting with others and to work for the betterment of the community. Monies raised (as in the biannual quilt show) support various workshops and speakers for the meetings, as well as allow the guild to buy materials that are then used to create donated items. The guild has donated quilts, baby bibs, cardiac pillows, and Christmas stockings for veterans to a variety of community agencies, including but not limited to the Springfield Rescue Mission and the Gray House.

CRAFTERNOONS: Drop in 2-4 p.m. daily at the Holland Public Library, 23 Sturbridge Road to learn or practice different crafts. There are new crafts every Wednesday. For more information, call 413-245-3607.

KEEP HOMESTEAD MUSEUM: Located at 35 Ely Rd., Monson, nature trails are open daily until dusk for hiking, snowshoeing and cross-country skiing. Trail maps can be found in the parking lot. The Phillips Sculpture Garden is open year-round (handouts in box on one of the signposts). For more information call 413-267-4137, email khm@keephomesteadmuseum.org or visit keephomesteadmuseum.org.

QUABOAG VALLEY QUILTERS GUILD: Members meet at 1 p.m. on the first and third Thursdays of the month in the Amvets post at 2150 Main St., Three Rivers. The Guild is a no-pressure group with varying degrees of accomplishments, from novice to Big E "Best In Show" winners. Dues are \$55 a year. For more information, contact Barbara

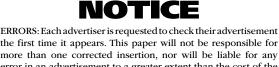
Beaulieu at 267-4044 or Merry Mombourquette at 283-7577. Follow them on Facebook for more.

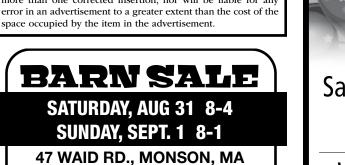
LINE DANCING CLASS: 3-5 p.m. and/or 6:30-8:30 p.m., every Thursday at the Monson Polish Club, 7 Bliss St, Monson. Rose's line dancing classes include absolute beginners and beginners, and participants get to dance to all types of music. \$10 per class. Please wear comfortable footwear, no sandals.

GAME NIGHT: 6-7:45 p.m. the second Tuesday of every month at Top Floor Learning (third floor of the Palmer Library at 1455 N. Main St.). Free and open to the public. Play available board and card games or bring your own. Must be 16 or older unless accompanied by an adult. No Registration Required – just show up! Questions? Call 283-2329, or 283-3691, or email palewis19@yahoo. com.

NOTCH VISITOR CENTER OPEN FOR WINTER SEASON: 9 a.m. to 4 p.m., Thursday-Monday. The center is located on Rt 116, at the center of the Holyoke Range State Park. DCR Interpretive staff will be available for visitors. Coming in January, programs will also be offered to highlight the Range's special nature in winter, see the park web site for details.

QI GONG: 6 p.m., every Tuesday night at the library from 5:45 to 7 p.m. FREE, all levels welcome!





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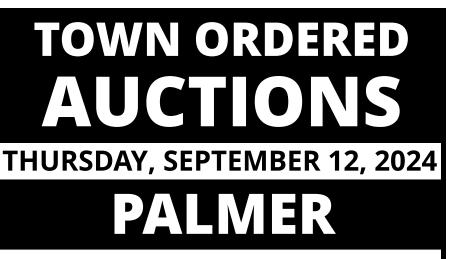
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Zonta Club of Quaboag Valley holds golf fundraiser

members of the Zonta Club of Quaboag Valley on Sept. 7 for a fun day on zontaqv.org, or visit ZontaQV.org. the links at Cold Spring Country Club in Belchertown and be a champion for women and girls. The \$120 registration includes golf, cart, pastries/coffee, es and achieve their full potential. snacks, box lunch, beverages, prizes and more! If you aren't a golfer, you can donate a raffle prize or sponsor a hole. Registration starts at 7:30 a.m., with a shotgun start at 8:30 a.m.

QUABOAG VALLEY— Join For more information contact Mary Knight at 413-219-8260 or info@ The support directly funds scholarships and grants that empower women and girls to overcome challeng-We're working to end child marriage, domestic violence, and human trafficking, while also supporting climate justice, education equality and women in decision-making positions.

Sportsman's Club Hosts **Annual BBQ Fundraiser**

By Tessa Quinn Correspondent

BELCHERTOWN - The Swift River Sportsman's Club was busy on Saturday, Aug. 24 for its annual Chicken Barbeque fundraiser.

The sportsman's club sits on 400 acres and has been a popular place for locals to hunt wild game including turkey and deer since the 1940s. The group also stocks pheasants and quail for local hunters.

According to the group's president, John Soja, there are currently about 300 senior members plus those who are considered lifetime members in the club.

This past weekend's barbeque brought in more than 200 people to Swift River. Tickets to the event sold for \$20, and anyone from the community was able to attend, not just club members.

Soja says funds from the event go towards keeping the club running, and hosting future events for members and their families.

'Our biggest expense is land management and upgrading our property and keeping it maintained," explains Soja.

Saturday's cookout kicked off at noon at Swift River's clubhouse and picnic area in Belchertown. People attending the event were treated to barbeque chicken, corn on the cob, and baked potato. Hamburgers, hotdogs, and a cash bar were also available before the main dinner, all while live music entertained the crowd.

Local band the Time Trippers played at the event from 1-5 p.m. They performed covers of popular songs

a crash in Hadley around noon Saturday,

and truck took place on East Street when

a motorcycle travelling northbound and

a truck heading southbound collided as

the truck was turning left into a driveway.

The collision between a motorcycle

Aug. 24.

from the 1960s, '70s, and '80s.

The Club is currently busy getting ready for pheasant season which begins in the state in October. Swift River raises pheasants to stock the property for local hunters, and the money from the barbeque also goes towards raising those birds.

"Our pheasant committee will be kicking in gear with that," said Soja.

As with many activities, the pandemic changed the way Swift River hosted its summer fundraiser.

According to Soja, the club used to host a clambake every summer, "It was a traditional thing," he explained.

However, since the COVID-19 pandemic, the cost of bringing in the seafood was too great. So when members received permission to begin their fundraiser again, they switched to the chicken barbecue and it has been a success for four years now.

Planning for the event begins in January, and Soja says it's a long process between ticket sales, organizing the entertainment, and setting up tables, chairs, and the big tent. Soja said putting up the tent is an all day process and members make a day out of it, coming out to help set up.

Group members are kept busy throughout the year with different events including annual turkey shoots, a kids' Christmas party, and hosting multiple archery and shooting groups.

If you are interested in supporting the Swift River Sportsman's Club, their next event is the 100 Club Dinner, scheduled for Sept. 8. Tickets are on sale now. After that, the annual turkey shoots run on Sundays from Oct. 6 through Nov. 24.



Turley photos by Kristin Rivers Dee Mitchell, corresponding secretary for the Friends of Wilbraham Seniors, calls Wayne Douillard, of Palmer, after he won \$500 in lottery tickets raffle prize.

Friends of Wilbraham Seniors announces lotto raffle winner

By Kristin Rivers Editor krivers@turley.com

WILBRAHAM - The time finally arrived on Aug. 24 to announce the winner of the Friends of Wilbraham Seniors' \$500 in lottery tickets raffle.

The winner is Wayne Douillard of Palmer.

The raffle, which went on for the past few months, had participants trying their luck for one chance for \$5, three chances for \$10, seven chances for \$20 and 25 chances for \$50.

All the proceeds from the fundraiser support the senior center.

On Aug. 24, members of the Friends gathered at the front porch of the senior center to welcome last-minute entries from 1 to 3 p.m. and at 3 p.m., the wheel was spun by Lisa Coolidge, Theresa Munn and Judy Godfrey to choose the lucky winner.

Then, after Coolidge chose the winner, Dee Mitchell, corresponding secretary for the Friends, called Douillard to let him know he had won, with him later arriving to pick up the prize.

Douillard was humbled and shocked at winning, sharing he took part to give back to the senior center.

"I don't believe I won. I never won anything that big. Never did. I never thought I'd win," Douillard said.

Douillard specifically credited Barbara Harrington, social services coordinator, for her support, adding, "I think the world of" her.

"She helped me out to guide me on back taxes on my house. She guided me along, talked to the manager of the town and we worked things out with Medicare, MassHealth and she's going to help me out again with social security," Douillard said. "She's been more than helpful. I can't say nothing bad about these people." Douillard heard about the raffle two weeks before and submitted his entries right at the senior center, then returned on Aug. 23--last Friday--to submit more entries He also thanked Jen Finnigan, volunteer/activities coordinator, and Paula Dubord, director of elder affairs, for their support too, with what winnings he receives to go back to the senior center. "I just wanted to give back to what the place had done for me over the years," Douillard said. Chuck Pelouze, a member of the Friends, was at the drawing announcement and was excited to see the raffle go to someone who's benefited from the senior center. "Now, he's won the top prize," Pelouze said. "He's hoping to win a few dollars along the way and give back to the senior center as a thank-you for what they have done for him. Very rewarding." Pelouze reflected on the impact this fundraiser had, along with the Friends in bringing the new senior center to where it is now. "As a result of their efforts, they have contributed over \$450,000 for purchases that they needed to supply the interior of the senior center. So, it's very rewarding,' Pelouze said. "So many of us give our time and now we can see the results as to what they've achieved. It's very rewarding from my standpoint." Pelouze added how Wilbraham is "a strong community" and also receives support from neighboring communities as well. "In fact, now they've become members of the new Wilbraham Senior Center. Almost 40% of the population here in Wilbraham is made up of seniors," Pelouze said. "Paula, the director here of the senior center, has seen the attendance more than triple since they built the new senior center."

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Wales Cultural Council Grant applications open

WALES-The Wales Cultural Council has been awarded \$5,700 for the 2025 grant cycle. Applications are open Sept. 1 through Oct. 16. All applications are on line at : https:// massculturalcouncil.org/local-council/

The council looks forward to bringing cultural, artistic, and educational programs to the town. The Wales Cultural Council Committee may be reached at lcc@townofwales.net.

Three Rivers man dies after weekend crash

wales/.

Financial Adviso

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Edward **Jones**

MAKING SENSE OF INVESTING

HADLEY - A man from Three Rivstate Medical Center, where he died. ers died as a result of injuries sustained in

The crash remains under investigation by Hadley Police, State Police detectives attached to the Northwestern District Attorney's Office, State Troopers with the Crime Scene Services Section and the Collision Analysis and Reconstruction Section.

The Office of the Chief Medical Examiner will determine the cause of death.

The operator of the motorcycle, James Lis, 70, was transported to Bay-

Your guide to investing in an election year

Investing in an election year presents unique challenges due to increased market volatility and uncertainty surrounding policy changes. As November 2024 approaches, election noise will only increase, making it crucial for investors to maintain focus on their long-term goals.

Based on extensive research and analysis of the past 23 presidential election cycles, our Guide to investing in an election year offers a comprehensive look at how elections have influenced markets. It can help answer some of your most pressing questions, including:

- Is one party better than the other for investors?
- Do politics impact specific stocks or asset classes?
- Are there observable trends from past election cycles?

To discuss these insights, please join me at my next "investing in an election year" meeting.

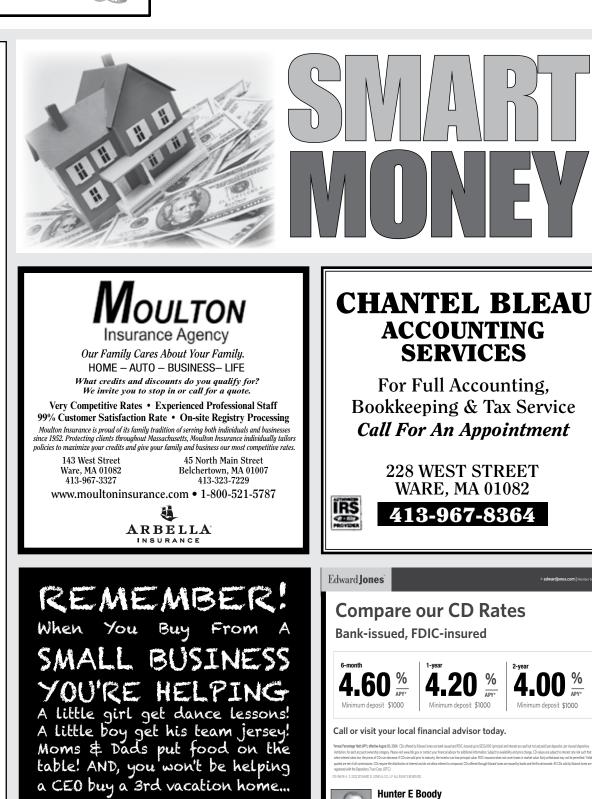
Investing in an election year Date: Tuesday, September 17th, 2024 **Time: 5:30PM** Location: Palmer Public Library, 1455 N Main St, Palmer, MA 01069

RSVP: Faith Esposito or Hunter Boody 413-289-1875 by September 7th, 2024

Dinner will be provided. Feel free to invite a friend. (Let us know when you RSVP.)



This article was written by Edward Jones for use by your local Edward Jones Financial Advisor. Edward Jones, Member SIPC



Pelouze thanked everyone for participating in the raffle fundraiser.

"We're very excited about the results. We'll have the final figures in the next five days," Pelouze said. "But we're very excited at this point in time how much money was raised, once again, by the Friends of Wilbraham Seniors."

Douillard encouraged people to take part in future raffles

"Go for it! You never know," Douillard said.

He had this message for the Friends and the senior center staff.

"Damn good job! Keep it up," Douillard said. "I thank you all very much."



ERRORS: Each advertiser is requested to check their advertisement the first time it appears. This paper will not be responsible for more than one corrected insertion, nor will be liable for any error in an advertisement to a greater extent than the cost of the space occupied by the item in the advertisement.

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The school's Public Relations Officer helped a student in a wheelchair off the bus.





Students file into the school to start a new year of learning.



Young students waved to Lauren Shaw as they are welcomed to Old Mill Pond.



It was a bright morning as students filed into Old Mill Pond to begin the new semester.





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Muster Day & Marquis Commemorate American history with OSV

bridge Village invites the public to experience early American militia traditions during its annual Muster Day on Saturday, Aug. 31.

This year's event will showcase the historic military practices that shaped early New England and serve as the prelude to a significant mile-

Yoga

FOR

EVERY

BODY

STURBRIDGE – Old Stur- stone: the Bicentennial of the Mar- the groundwork for today's National quis de Lafayette's Farewell Tour of the United States.

Muster Day is a cherished tradition that dates to the early 19th century when farmers and craftsmen dutifully answered the call to supplement the modest armed forces by joining local militia units, which laid

Guard. Twice a year, these citizen soldiers were "called to muster" for a day of intensive training in their town, preparing to defend their communities in times of need.

From 9:30 a.m.-5 p.m., visitors will have the unique opportunity to witness firsthand the training and ca-

maraderie of these citizen soldiers, from marching drills to musket and cannon firing and target practice. The day's activities will also include mock battles, known as "sham fights," all accompanied by martial music played on period instruments. "Old Sturbridge VilNew England where you can witness a recreated early 19th century militia muster. These were not only days for the militia to get out and practice drills and maneuvers, but they were often public spectacles that were treated like holidays," said Derek Heidemann, Director of Collections and Research at Old Sturbridge Village, in a press release.

This year's Muster Day is especially significant as it ties into the Bicentennial of Lafayette's Farewell Tour. In 1824, the beloved French General set out on a tour of the United States, visiting towns and cities across the nation to celebrate the enduring friendship between France and America.

In conjunction with the Amerlage is the only place in ican Friends of Lafayette, the Vil-

explores Lafayette's historic visit, including objects from the OSV Museum Collection. Visitors will also have the chance to make "Welcome Lafayette" ribbons and enjoy gingerbread made from Mary Washington's famous recipe - just as Lafayette may have tasted during his visit.

On Tuesday, Sept. 3 on Main Street in Sturbridge, beginning at 6 p.m. the American Friend of Lafayette's 2024-2025 Bicentennial Tour will be making a stop.

"We are thrilled to celebrate the 200th anniversary of the Marquis de Lafayette's historic tour of the United States. In 1824, Lafayette was celebrated by massive crowds and his visit was a momentous event for every town he passed through,"

lage has on display an exhibit that said Heidemann. "Old Sturbridge Village staff is excited to commemorate Lafayette's journey throughout Worcester County, with a special event on the evening of September 3 on the Sturbridge Common, marking the end of Lafayette's Massachusetts tour exactly as it happened in 1824."

To view the full Muster Day event schedule or purchase tickets, please visit https://www.osv.org/ event/muster-day.

To learn more about the 200th Anniversary of Lafayette's Farewell Tour, please visit Commemoration of Lafayette's Farewell Tour - Sturbridge, MA - Old Sturbridge Village (osv.org).

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Vendors needed for Flea Market on the Common

WEST BROOKFIELD -The First Congregational Church, 36 North Main St. has been hosting its Flea Market on the town Common for more than 50 years and this year it will be held on Saturday, Sept. 14 from

> 9 a.m.-3 p.m. Sellers of all kinds are welcome flea folk,

antique dealers, crafters, product vendors, and those emptying out basements and attics. No food vendors, please.

Spaces are available for \$40 for a 20 by 20 grassy spot. Vendors must bring their own tables and tents.

The church will sponsor a food tent with grilled food, cold drinks and sweet treats. Email to fccofwbfleamarket@ gmail.com for an application.



Contact us today! Ph: 413-893-9005



NORTHAMPTON - A three-day cycling adventure will cover 104-miles of Mass Central Rail Trail Sept. 20-22, starting in Northampton and ending in Boston.

This historic rail corridor is becoming the longest rail trail in New England. Currently, the corridor is 60% finished and its completion is a state priority, expected to bring in over \$200 million in new revenue to cities and towns it passes

through.

Once completed, the MCRT will span 120 miles across the commonwealth.

"Ride N2B on the MCRT" will make roughly 12 stops along the route with overnight stays in Ware and Hudson. Presentations by local advocates, community leaders and historians will be made at these stops to spread awareness about efforts to continue the MCRT.

The ride will have 12-15 riders for the whole route with other riders encouraged to join for parts of each day.

For information about the ride and joining a section, contact Della Penna at craigdp413@gmail. com.

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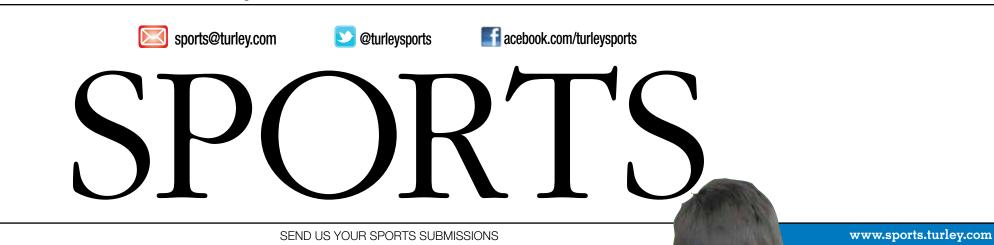
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FIELD HOCKEY

SOCCER



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West team falls in bronze medal game

WALTHAM - The Central and West field hockey teams well-represented their regions in the Bay State Games held over the summer. The Central team won the gold while the West team made it to bronze game. Here are some highlights of the tournament.

Central won an early round against Metro/Northgame east 3-1. Central goals scored by juniors Katelynn Swistak (6) and Emma Huslander (2) as well as sophomore Elly Schofer (8). Metro/ Northeast's lone goal was scored by sophomore Lia Arevalo (10) assisted by freshman Addison Aufiero (8).

West had a wild tie with Coastal 5-5. Sophomore Adeline Finlaw (3) scored 2 goals and had one assist for Coastal. Sophomore Paige Moreau (8) had both a goal and an assist. Other Coastal goals scored were from juniors Lilly Cook (9) and Summer Silverman (11). Junior Ellia Delisle (15) and sophomore Kelsey McCleary (5) each had an assist. Central goals scored by juniors Emma Huslander (2) and Katelynn Swistak (6), sophomore Elly Schofer (8), freshman Makenzie Casey (1), and 8th grader Isabelle Stanley (4).

West then lost the bronze game 3-1. West's lone goal scored by junior Grace Rajpold (13). Coastal's Goals scored by 8th grader Breanna Aveiro (6), sophomore Paige Moreau (8), and junior Ellia Delisle (15). Freshman Maura Kennedy (2) and sophomore Adeline Fin-





Monson boys soccer is looking for another tourney run.



Turley photos by David Henry www.sweetdogphotos.com

Rain didn't hamper boys soccer practice on Monday afternoon.

Boys soccer prepares to get regular season going



BASEBALL

Former Red Sox prospect leads new baseball camp

By Tim Peterson Sports Correspondent

WILBRAHAM — Many sports camps were held throughout Western Massachusetts during the past several months.

The Summer Sendoff Baseball Camp took place on the baseball fields at Spec Pond in Wilbraham from August 19-22. The camp was run by Dustin Brisson, who played Minor League Baseball for the Boston Red Sox.

"I held a couple of private baseball clinics with Doug Clark, who's the WooSox hitting coach, during the offseason," Brisson said. "I spoke with the Wilbraham Parks & Recreation Department about holding a baseball camp Florida, played college baseball at during the summertime All these

day. Fagnant grew up in Chicopee. About 40 baseball players between the ages of 6-16 from Wilbraham and the surrounding communities attended the inaugural baseball camp.

PAGE 13

We have a few kids from South Hadley, Agawam, and East Longmeadow at this camp," Brisson added. "This is a very good group of kids to work with. All of them listen to us and they're having a lot of fun."

The players were split up into two groups.

We play a lot more games with the younger kids, who are in grades 1-5," Brisson said. "We do more skills with the older kids.'

Brisson, who was born in the University of Central Florida from 1997-2000. He also played baseball in the prestigious Cape Cod League and is a member of PeoplesBank, which captured another Tri-County League championship title this summer.

law (3) each had an assist. Coastal won the bronze medal.

Central defeated Southeast for the gold 2-1. Southeast's lone goal was scored by freshman Ella Marzullo (8). Central's sophomore Elly Schofer (8) scored 2 goals in the final game, one unassisted and the other assisted by freshman Mackenzie Casey (1). Central took home the gold while Southeast settled for the silver.

BOWLING

Candlepin League News

By Ryan Drago Staff Writer rdrago@turley.com

Tuesday Night Commercial Elks League

PALMER - The fall/winter leagues will be starting after Labor Day at Diamond Junction Bowling Lanes in Palmer.

The Tuesday Night Commercial Elks League will be the first league to begin the candlepin league season of 2024-2025. The league is looking to have a full league this season with eight four-person teams.

The defending champions are Life is Good, consisting of bowlers John Havens Sr, Paul Cyr, Jeff Knight, Scott Denault and Jim Plushner. Life is Good took the crown by defeating The Champs R Here and Compression in a threeway playoff battle for the season championship.

Life is Good is aiming to defend their championship in the up-

The Mustangs get their season going next week.



D

MONSON - Even with thunderstorms in the region, Monson boys soccer was outside practicing through the rain. The Mustangs are looking forward to the regular season, which begins next week. Monson has been regularly making the Western Mass. and state tournaments, and hopes to make a deep run this season. Monson's season starts in Northampton on Wednesday, Sept. 4 at 7 p.m. The Mustangs first home game will be Friday, Sept. 6 at 4:30 p.m. against SICS.

Monson boys soccer works out late Monday at Granite Valley School.

AUTO-RACING

Fanning captures win in Street Stocks

THOMPSON, CT — A perfect Wednesday, Aug. 14 afternoon in the quiet corner of Connecticut brought the fans in droves for the annual NASCAR Whelen Modified Tour Wednesday night showcase at Thompson Speedway. The Thompson 150 presented by Flo-Sports headlined a seven division card of racing on Wednesday night that also included a fan-favorite visit for the New England Supermodified Series and the five track championship divisions that call Thompson home throughout the season.

The Street Stocks started off the evening's feature racing with Scott Sundeen at the head of the pack. Sundeen powered up looking to nab his first win of the season followed by Al Stone III, 'Leadfoot' Larry Barnett and Corey Fanning nose-to-tail behind him.

The lone caution on lap 12 for the brought the Thompson Sunoco spinning Tim Poulin set up a final showdown between Sundeen and Fanning with Corey Fanning powering through to the win with Ryan Waterman making moves to take second and Al Stone III holding on for third.

Following NASCAR Whelen Modified Tour qualifying the Mini Stocks took on the highbanks with Steve Michalski and Rick La-Flesh. LaFlesh got the jump into the lead as heavy-hitters Jared Roy and Kevin Moore battled for second just inches off LaFlesh's back bumper. Roy sling-shot into the lead powering out of turn four under the halfway crossed-flags. Jared Roy would put the peddle down to return to his winning ways followed by Kevin Moore and Ryan Pomposelli.

> Rookie Isaiah Newcomb

Modifieds to the green flag with Jon Puleo quickly launching the head of the pack. By lap five, Todd Owen had charged up to second and began stalking the youngster with a few love taps on the bumper. Owen would charge under Puleo to lead lap seven with Puleo left to fend off Keith Rocco for second. Puleo would use the cross-over to lead lap 13 with Rocco and Owen getting physical for second. Content to run 1-2-3, the leaders waited for laps to wind down in their 30-lap main event and took it right down to the checkered flags with Jon Puleo taking his fifth win of the season followed by Keith Rocco and Todd Owen in victory lane. Bobby Timmons and Jim

Storace brought the New England

RACING | page 14

kids just love playing the game of baseball. I really wanted them to have high quality instruction and the resources to be successful."

Brisson was aided at the four day camp by Bryan Barnowski, Ace Adams, Gary Burnham, who was an All-American baseball player at Clemson University, and Dan Gomez, who's the head baseball coach at Western New England University. Minnechaug Regional varsity baseball coach Mike Netkovick worked at the camp for one day. Ray Fagnant, who's the Boston Red Sox Northeast Regional Scouting Supervisor, also attended the camp for a

He was drafted by the New York Mets and the Miami Marlins before signing with the Red Sox.

He advanced to Double A before his professional baseball career came to an end due to an injury.

"I was blessed to have the opportunity to play professional baseball," Brisson said. "I'm now

CAMP | page 15



Turley photos by David Henry www.sweetdogphotos.com Catcher TJ Ryan catches a ball at the plate.

August 29, 2024 THE JOURNAL REGISTER

Warriors participate in play day

SOUTH HADLEY - Last Sunday on a sunsplashed day, Tantasqua girls soccer went to South Hadley and took on several Western Mass. teams in a play day held at the high school. The even featured Agawam, Chicopee Comprehensive, and Minnechaug as well as host South Hadley. The Warriors have one more scrimmage scheduled against Nipmuc Regionl on Friday morning, then turn their attention to their season opener at Marlborough on Tuesday afternoon at 4 p.m. The Warriors first home game will be held on Monday, Sept. 9 at 3:30 p.m.



Turley photos by Gregory A. Scibelli Izzy Cox tries to head off the ball.



Purchase a photo that recently ran in one of our publications. Go to newspapers.turley.com/ photo-request



Alise Quinn makes a run up the field.



Kaydie O'Neill follows through on a pass forward.



Maddie Dart makes her way up the field for the Warriors.









Sierra Martinson





BOWLING | from page 13

coming season. The league consists of three separate rounds. Each round winner will advance to the playoffs at the end of the season. The opening league night of the season for the Commercial Elks League will begin the Tuesday right after Labor Day.

Visit Diamond Junction Bowling Lanes at 1446 North Main St. The lanes can be reached by calling 413-289-0013.

Diamond Junction Bowling Lanes also has leagues on the evenings of Monday, Wednesday, Thursday and Friday.

> Fall leagues forming at Bogey Lanes EAST BROOKFIELD – Bogey

bowlers.

Bogey Lanes will be featuring weekly leagues on Sunday, Wednesday, Thursday and Friday. The Monday Doubles Mixed League will be a bi-weekly league. There is a senior league available for seniors on Thursdays in the afternoon at 1pm.

There are several leagues available for kids and teens. Kids will have a bumper league on Fridays as will be a non-bumper league for kids. There will be a teen league on Wednesday nights at 5 p.m. starting in late September.

For those new to the bowling game and looking for a night out, tryout for some of the leagues available at Bogey Lanes. Bogey Lanes is taking signups at their front desk or by email, info@

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Lanes is preparing for their fall leagues of the 2024-2025 season.

The candlepin league season goes on from September and ends sometime in April or May. There are leagues available for adults, teens and youth

bogevlanes.com.

For more information about fall leagues call Bogey Lanes at 508-867-6629. Visit Bogey Lanes at 199 North Brookfield Road.

RACING I from page 13

Supermodified Series to green for their 30-lap main event. The heart-stopping move of the race would come on lap 4 as Ben Seitz and Dan Bowes took Storace three-wide, shooting off turn two and down the back straightaway with Bowes coming out with the lead. Coming from mid-pack, Jon McKennedy also rounded Storace to take third, made the long march to take on Seitz and dove underneath to take position on lap 21. With a straightaway lead Dan Bowes took the win just nine lightning-fast laps later followed by McKenney and Seitz at the line.

Fast time, Mayhew Tools polesitter Patrick Emerling brought the 26car NASCAR Whelen Modified Tour field to green and quickly shot out front ahead of Craig Lutz. Dave 'Sap' Sapienza brought out the first caution on lap 20 with a flat right rear sending him in the spin-cycle in turn three. Emerling would maintain the lead under the return to green flag racing with a rearview mirror full of Justin Bonsignore. The leaders would begin taking on lap traffic on lap 53 but remained settled in for the long-haul strategy. The second caution on lap 60 for the spinning Woody Pitkat off turn two saw the entire field jump pit-side for tires and adjustments in preparation for the second half of the Thompson 150 presented by FloSports.

his lead position by an impatient Justin Bonsignore began to show his hand, diving under Emerling in a look to the near future. Jake Johnson would slam into the turn one wall on lap 76 from mid-pack with an apparent mechanical failure to rerack the field once more. The subsequent restart saw top-5 runner Chase Dowling quickly fall through the field with obvious issues under the hood to swamp a great day for the Tinio Motorsports group as Emerling continued to dominate at the front. The final stretch would see Patrick Emerling dominant the Thompson 150 presented by FloSports for his fifth career NA-SCAR Whelen Modified Tour win and first at Thompson Speedway followed by Justin Bonsignore and Craig Lutz.

The AZ Roofing SK Light Modifieds and the Late Models wrapped up the Wednesday night racing action at Thompson. Cautions plauged the opening circuits of the SK Light feature, taking out point leader Tyler Chapman and rookie Steve Midford, leaving Meghan Fuller to battle Nick Hovey and John O'Sullivan. Nick Hovey would motor around Fuller for his first win of the season with John O'Sullivan coming home third. The Late Model 25-lap sprint would see Derek Gluchacki charge ahead of the field to take back-to-back wins followed by Nick Johnson and Matt Lowinski-Loh.

Patrick Emerling again maintained

BUSINESS

Turley Publications is liberal with regard to its business coverage polices, but we do have some standards folks need to understand. First, local businesses and merchants are just as much institutions in our towns as the library and schools. Without them, there are no towns.

We will feature coverage of local businesses that are new, have a major expansion, moving, closing, under new management or ownership, celebrating a milestone anniversary, or have been thrust into the news realm. Merchants can request that coverage through the editor, or for our existing advertising clients, through their ad representatives

For more information on business coverage for The Journal Register, please email journalregister@turley.com.

A TURLEY PUBLICATION



Parker Duquette dives for a barehanded catch.



Wesley Beer lunges for a catch.



The Summer Sendoff Baseball Camp was held last week in Wilbraham.

Thunderbirds hockey announce series of front office promotions

Opening Night less than two months away, the Springfield Thunderbirds proudly announced that six veteran front office staff members will take on promotions to their roles for the 2024-25 season.

Last season, the team achieved multiple franchise milestones, including all-time Springfield hockey records in average attendance per game (6,321), sellout games (20), season ticket members, and group sales revenue. The team ended the 2023-24 season by posting an incredible 14 consecutive sellouts.

Jessica Hansen has been promoted to Senior Director of Finance and Human Resources. Hansen, an alumna of Western New England University and a native of Feeding Hills, Mass., has been on the Thunderbirds staff since 2017. In addition to her finance and HR responsibilities, she has been integral in growing the team's in-game charitable presence through 50/50, jersey raffle, and Chuck-

SPRINGFIELD – With a-Puck sales. She has also served a supervisory role in the club's charitable foundation matters and merchandise.

> Drew Supernor has been promoted to Senior Manager of Brand Development & Merchandise. A Springfield native and Springfield College alumnus, Supernor has grown the Thunderbirds' merchandise revenues each season since the club's inception in 2016 through many unique product lines, such as the team's various specialty night rebrands throughout the year. In 2023-24, the team generated six times greater revenue in merchandise when compared to the final season of the Springfield Falcons in 2015-16. In recognition of his customer service and dedication, Supernor was honored with a 2024 Howdy Award for hospitality excellence this past May.

> Lauren Blanchard has been promoted to Senior Account Executive, Groups and Experiences. An Agawam, Mass. native, Blanchard joined the Thunderbirds in 2021 and has set mul

tiple team records for group tickets, including the most sold for a single game. Thanks to Blanchard's efforts and the entirety of the ticket sales department, the Thunderbirds' group sales revenue has grown 77% over the last six years. The department spearheaded the franchise to the 2021-22 President's Award for AHL Team of the Year. Blanchard was also nominated for a 2024 Howdy Award for hospitality excellence.

Shae Koharski has been promoted to Manager of Social Media & Digital Marketing. A Russell, Mass. native, Koharski has been with the Thunderbirds since 2021. She has exponentially grown Thunderbirds' social media accounts, as the club has eclipsed 80,000 followers across X, Facebook, and Instagram. Her acumen for social media trends has allowed the Thunderbirds' social media to not only provide fun content for fans, but grow the brand in the marketplace while evolving to current trends.

Lucas Armstrong has been promoted to Art Director. An consecutive season.

East Amherst, N.Y. native, Armstrong has been instrumental in creating and implementing the Thunderbirds' graphic design as a "keeper of the brand" since joining the organization in 2019. An industry veteran with over 20 years of experience across professional sports and nationally acclaimed brands, Armstrong's work alongside his creative colleagues was recognized with the AHL's Marketing Campaign of the Year award in 2022 for the club's "We Are 413" tagline.

Steve Brousseau has been promoted to Account Executive, Membership Sales & Service. A Springfield College alumnus and a native of Freeport, Maine, Brousseau joined the team fulltime in 2021 after interning for the organization previously. An exemplary builder of relationships with his ticket members, Brousseau will specialize in servicing the Thunderbirds' season ticket members throughout the 2024-25 season as the organization looks to break its season ticket holder record for a ninth

Quabbin League seeking to start fall league Volley Over-28 As has been traditional in other the Quabbin League will

eight-game fall program for the over-28 population. The league, which plays a spring/summer regular season with six teams for 15 games followed by playoffs, is hoping to continue the fun into the fall with a short eightgame schedule for interested players.

Preliminary details are still being worked on, but the league is looking to have four teams with six "regular season" games followed by a semifinal in the seventh week, and a final/ consolation game in the eighth week.

The league will be a bit more informal than the regular spring/ summer league with the goal being for players to have fun playing more baseball, work on field and batting skills through more innings in the field and extra at-bats, or potentially working on or trying out pitching.

fall leagues, the Quabbin League will likely be wood-bat only for the fall.

There is an interest form and survey interested players can fill out at www.quabbinvalleybaseball.org. The league is open to all current Quabbin league players as well as players from other leagues who are age 28 and over during the calendar year of 2024.

The league will look to keep the cost very low for the league with preliminary indications having the league in the \$40-50 range to play eight games.

Games will likely be held in the West Springfield, Agawam, Southwick area and are likely to be held on Sunday mornings, though a few games may be held at alternate times. Games are scheduled to begin in September after Labor Day.

WSU to hold swimming clinics

WESTFIELD - Westfield State swimming and diving coach Matt Nodell will host a Nike Swim Clinic at the Ely Pool on campus on Sept. 7 and 8.

Saturday, Sept. 7 is for co-ed athletes aged 8-12 years old, while Sunday, Sept. 8 is for athletes in the 13-18 year old age groups.

"Participants can expect to learn and practice drills to help them swim easier and faster," said Nodell. "All is done in a fun and engaging environment with contests and competitions.'

The clinics last from 9 a.m. to 12 noon each day, with check in at 8:45 a.m.

The fee for the clinic is \$125 and includes the morning training session, a camp t-shirt and prizes.

For more information or to register online, visit https://www.ussportscamps.com/swim/nike/westfieldstate-swim-clinic

Ely Pool is the home of the Westfield State University Owls women's swimming and diving team. The pool has recently seen upgrades with new starting blocks, an updated team locker room and records board, and features 1 and 3 meter diving boards. Nodell is starting his second season as the head coach of the Owls. He led the team to a fifth-place finish at the Little East Conference championships and a 3-3 mark in dual meets.

doing what I can to give back."

CAMP | from page 13

Brisson also owns Forge Athletics. "I started Forge Athletics back in May," he said. "I want to run more baseball clinics in the future. I'm also looking forward to running this baseball camp again next year."

Barnowski, who lives in Southwick, was one of Brisson's teammates at the Single A level.

Bryan and I were teammates on a Single A team," Brisson said. "His sister and my wife have been friends for 40 years. I met my wife when I went to visit him during the offseason, and we've been married for 22 years. My wife's family is from Wilbraham, and we moved here in 2005. We love living in this community."

Because it rained on the first day, the camp was held indoors down the street at the Soccer City Sportscenter.

"Soccer City isn't really designed for baseball, but we made the best of it on the first day of the camp," Brisson said. "The people there were very accommodating. We were able to use both of their soccer fields. We were able to have a full workout. The only thing that we didn't do was to have a live batting practice. The baseball fields here at Spec Pond is one of the best in the area."

Brisson main goal was to teach the

players the fundamentals of baseball. He and his staff also held a meeting each morning to map out the schedule for that day.

"My main goal is to teach the players the basic fundamentals of the game," he said. "I also want to keep the kids active. I really don't want them standing around doing nothing. We also talked to the kids about mental health."

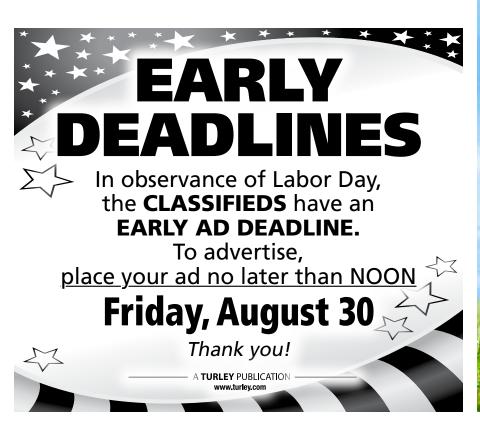
Brayden Pacifico, who lives in Wilbraham, had a lot of fun at the baseball camp.

"It's awesome being here with my friends at this baseball camp," said Pacifico, who's a centerfielder. "I've learned a lot about baseball from the coaches, who have a lot of experience. Baseball is my favorite sport."

Baseball was also Brisson's favorite sport growing up. He was also a swimmer and a wrestler.

"I always tell kids to play multiple sports," Brisson said. "My daughter, Natalie, who's six years old, plays soccer and is a swimmer. We want her to experience everything. A lot of kids who only play one sport get burned out very quickly.'

Brisson and his staff are already looking forward to holding the baseball camp again next summer.



NOVEMBER 2, 2024 PALMERV

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Ad Deadline September 25 Publication Date October 17



PAGE 16

DEATH NOTICES

Dianne C. Dupuis, 82 Died August 22, 2024

Celebration of Life Sept. 6 Tables at the Farm Beers & Story Funeral Home

James H. Lis

Died Aug. 24, 2024 Services Aug. 31, 2024 Beers & Story Funeral Home

Phyllis Jean (Tait) Mallalieu

Died August 25, 2024 Services are private Beers & Story Funeral Home

OBITUARY POLICY Turley Publications offers two types of

obituaries. One is a free, brief Death Notice listing

The Journal Register

the name of deceased, date of death and funeral date and place.

The other is a Paid Obituary, costing \$225, which allows families to publish extended death notice information of their own choice and may include a photograph. Death Notices & Paid Obituaries should be submitted through a funeral home to: obits@turley.com.

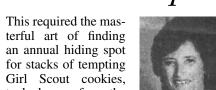
Exceptions will be made only when the family provides a death certificate and must be pre-paid.

S B U A R E ()

Dianne Cecile Dupuis, nee Gibouleau, passed away peacefully in her home on Aug. 22, 2024 with her loving husband of 64 years at her side. Dianne was born on Jan. 29, 1942 in Ludlow, Mass. and was the only child of Edward F. and Lucienne L. Gibouleau. Dianne was an "army brat" who had many unique experiences during the post WWII era while living across the globe. At age 5, she traveled by bus with her mother to disembark by ship from San Francisco to Osaka, Japan. There, they lived on a military Army base during the Korean War. After quickly learning some of the Japanese language, Dianne would help translate for her mother to aid communication with locals. Dianne was sometimes tasked with caring for her father's mischievous pet monkey, despite this not being her favorite pet.

Dianne and her parents later lived in Munich, Germany. She made friends with other Americans and an Austrian girl her same age. Together they explored the German country-side and experienced the immense aftermath of World War II. Alas, Dianne moved with her family back to the USA, residing in Pennsylvania Amish country, Washington State, and finally, back to Massachusetts. For a time, they lived on George's Island near Boston. Later, Dianne settled back home in Three Rivers where she reunited with her large extended family of cousins, aunts, and uncles.

Dianne attended Palmer High School and was an excellent student and basketball player. It was here, as a P.H.S. Junior, that Dianne met Robert "Bob"



for stacks of tempting Girl Scout cookies, tucked away from the family known for its sweet tooth! Dianne also volunteered at St. Anne's Church and the Palmer Public Library where she taught

English. Dianne was a wonderful cook and baker, known for her array of pies, especially the "best lemon meringue pie on the planet" according to her son.

Once the children reached middle school, Dianne worked hard to excel in diverse work experiences and was a lifelong learner. She started as a Food Basket cashier in Palmer, advancing to head cashier in the front office. Later, she worked in payroll at the Monson Developmental Center, where after attending specialized classes she advanced to the role of a Pharmacy Tech. During that time, she competed for a state education grant for nursing; she was one of two selected out of many applicants for a full scholarship where she excelled as a student at S.T.C.C. The highlight of her career was becoming a Registered Nurse after passing her nursing license exam. Her nursing professional experience included Monson Developmental Center, UMass Medical Center cardiology unit in Worcester, and several local nursing homes including Hampton Hills and Lifecare/ Wingate where she was promoted to charge nurse. Dianne found fulfillment in providing comfort and care to all she served, especially the elderly. When bedside nursing work became too physically demanding later in her career, Dianne transitioned to administrative nursing responsibilities, becoming an expert Minimum Data Set coordinator to provide the highest level of patient care to the residents she served. Throughout her nursing career, she was devoted to patient comfort, dignity and social well-being. Friends and those she mentored professionally described her as one of the kindest people they ever met.



and quietly yet fiercely competitive, with a little spark of playful mischief added! She enjoyed board games with her children and was especially competitive in Scrabble[™] - sneaking in as many two letter words the board allowed to gain those few extra points!

She loved spending time near the ocean with friends and family; this included beaches in York, Maine and Hampton Beach, New Hampshire. Dianne and Bob especially enjoyed spending time in their winter getaway home of 30 plus years in the Fort Myers/Sanibel Island, Florida area. Dianne was kind to all creatures big and small, and enjoyed the simple pleasures in life such as feeding birds, squirrels, and stray animals. One of her favorite pastimes was to take in the splendor of the fall foliage during a family drive in Western Massachusetts.

In July 1990, Dianne was credited with helping to save a young woman's life in a front page story in the Springfield Union news. While on her way to work she happened upon a serious car crash and stopped to provide first response to the injured. One woman had multiple injuries and a long recovery ahead, but she went on to have a fulfilling life raising a family and running a travel business with her husband. True to her nature, Dianne was reluctant to accept credit for her efforts, saying "at a time like that, you just do what you have to do."

In addition to Dianne's loving husband and four children,

S U R E B A

PALMER—It is with deep

sorrow that we announce the passing of James H. Lis, 70, who departed from this world on Aug. 24, 2024, in Springfield, MA, as a result of a motorcycle accident. James was born on Jan. 21,

1954, in Palmer, MA, a place he called home throughout his entire life. He was the beloved son of Frederick J. Lis and Marion (Fitzgerald) Lis, both of whom preceded him in death. He was also predeceased by his brother, Tom Lis.

James was a proud graduate of Palmer High School. Following his education, he pursued a dedicated career as a machinist, holding positions at American Bosch, Warren Pump, and Tsubaki Chain, the latter of which he retired from.

James's personal life was

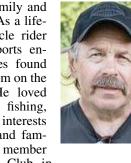
mitment to family and his passions. As a lifetime motorcycle rider and motor sports enthusiast, James found joy and freedom on the open road. He loved hunting and fishing, sharing these interests

with friends and family. A current member of St. Stan's Club in Three Rivers, his connection with the community was always close

to his heart, though he never sought the spotlight for himself. He leaves behind a legacy

of love and family, survived by his former wife, Sara Atwell, and their children: Matthew J. Lis, Nathan M. Lis, and Kymberli A. Bronson (Shawn). His grandchildren, Megan Lis, Kaitlynne Lis, Christin James "CJ" marked by his unwavering com- Lis, and Gage Costa, as well as

James H. Lis



his great-grandson, Solaris Lis, will carry his memory forward. He is also survived by his siblings Nancy, Gerald, Jan, and Angela Lis.

Family and friends were invited to honor his life during the visitation on Saturday, Aug. 31, from 11 a.m. to 2 p.m. at the Beers &

Story Palmer Funeral Home. In lieu of flowers, donations may be made to a cause that will be announced shortly.

James Henry Lis will be remembered as a humble man who loved his passions and his family dearly. His memory will forever be cherished by all those who were fortunate enough to know him.

Phyllis Jean (Tait) Mallalieu

PALMER—Phyllis Jean ek, Reginald, and Sean (Tait) Mallalieu died at home on Sunday, Aug. 25, 2024 with her devoted children by her side. Born on Dec. 14, 1937, to Phillip R. Tait and Violet E. (Anderson) Tait. Predeceased by her step-mother Edna (Anderson) Tait; her sister Patricia Hanscom and her husband Clinton; her brother David Tait III and his wife Sandra; by her two baby boys that she lovingly named Robin and Colin; and by her two sons Derek A. Mallalieu and Scott D. Mallalieu.

She is survived by her sister Lillias Surprenant of Indiana; her ex-husband David H. Mallalieu of Springfield; her son Patrick D. Mallalieu of Palmer; her daughter Stephanie M. Guyer and her husband Stephen of Hampden; her daughter Faith E. Reilly and her husband Paul of Athy, Ireland; her son Steven L. Mallalieu of East Longmeadow; her daughter Chantel M. Mallalieu of Palmer; her grandchildren DerMallalieu, Gavin and Justine Guyer, Emma, Kayla, and Tia Reilly, and Anthony and Madison Mallalieu; her nieces and nephews Christopher Hanscom, Darlene Tait, David Tait IV, and Cheyenne Camarillo; and her special friend Stephen Allen of Chicopee.

Our mom was a devoted mom to everyone. Even after losing four of her own sons, her capacity to mother was unlimited and included adopted and foster children, extended family, and friends. She opened her heart and her home to anyone who needed motherly love and care. She was a graduate of Classical High School in 1955 and received her AS in Early Childhood Education from STCC in 1990 at age 53, which she used to support students at Talmadge Elementary School in Springfield. Our mom



stuffed animals. She was a member of Foster Memorial Church in Springfield for many years and proudly sang in their choir.

A special thank you to Baystate Hospice Care and the Touched by an Angel staff for their compassionate and dedicated care of our mother, with heartfelt thanks to Terry, Linda, Susan, Beth, Christine, and Kara. A private memorial service will be held at a later date. In lieu of flowers, please consider donations to the Palmer Public Library.

Researchers recommend including interpersonal violence in TBI screening

BOSTON – Researchers at VA ical, given the physical and mental lated TBIs would benefit women

Dupuis on a blind date. They formed a bond as high school sweethearts and never looked back. They married soon after graduating high school. While living in their home on Main St in Three Rivers, together they raised a family of four children: Kathleen, Corinne, Lynn, and Robert "Bobby". They later moved to their home of 39 years in Palmer, where Dianne enjoyed many happy holidays and special gatherings over the years while entertaining friends and family.

Dianne focused on being a homemaker and raising the children until they were elementary school age. During this busy period, she somehow made the time to serve as a Girl Scout Leader.

Dianne's hobbies included facilitating successful fundraisers at her local church and playing Whist and Bingo. She was an avid reader of a good mystery novel. Dianne was humble

she will be deeply missed by her eight grandchildren: Rachel, Jason, Brianne, Michelle, Bobby, Jillian, Janaki, and Lakshmi, step grandchildren Lauren and Dan, step great grandchild Eliza, and her three beloved great grandchildren: "PJ", Emory, and Parker.

In keeping with her wishes, a Celebration of Life will be held. Family and friends will gather on Friday, Sept. 6, promptly at 2 p.m. at the 'Tables at the Farm' restaurant on Route 181 in Palmer, Mass. In lieu of flowers, please consider a donation in Dianne's honor to Dakin Animal Shelter or the M.S.P.C.A.

Boston, Harvard Medical School, and Boston University Chobanian & Avedisian School of Medicine recommended expanding traumatic brain injury screening among women veterans to include interpersonal violence in a paper published Aug. 14, in the journal "Brain Sciences".

'Women veterans often experience traumatic brain injury from causes unrelated to deployment, but current TBI screening focuses on deployment," said Dr. Michelle Pebole, lead author of the study, and research fellow at the Translational Research Center for TBI and Stress Disorders, known as TRACTS, at VA Boston Healthcare System, and the Department of Psychiatry at Harvard Medical School. "Improving the effectiveness of TBI screening tools for women veterans is crithealth disparities they face because of these injuries."

The study examined the utility of the current Veterans Health Administration, or VHA, TBI screening tool for women veterans, comparing it to a comprehensive TBI assessment, the Boston Assessment for TBI-Lifetime, known as the BAT-L. Ninety women veterans were included in the study.

Overall, the BAT-L identified 27 non-deployment TBIs not captured by the VHA screen, most frequently resulting from physical assault.

The study findings suggest that screening for lifetime TBIs from a variety of origins - including partner violence, military sexual trauma and accidents - instead of exclusively focusing on deployment-re-

veterans. The study also found an under-identification of TBIs in clinical care, which suggests that more liberal screening and referrals for comprehensive TBI assessments in polytrauma clinics, women veteran-specific care clinics, or research settings may improve care for women veterans.

"Future work with larger samples of both veteran and civilian women is needed, and could also address intersectional issues in TBI, such as race, ethnicity, age and socioeconomic status," noted Pebole. 'This could help us understand the utility of screening tools for detecting TBIs among all women."

The research is available at https://www.mdpi.com/2076-3425/14/8/814.

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For more information call 283-3330 ext. 100



HOLYOKE— The Michael J. Dias Foundation, in partnership with Northstar Recovery Center, is proud to announce the 1st annual Strides for Serenity 5K, a community event dedicated to supporting those affected by addiction. The event will take place on Saturday,

1st Annual Strides for Serenity 5K

Sept. 21, at the picturesque Ashley Reservoir.

Registration begins at 9 a.m.; the race starts at 10 a.m. The cost will be \$30 for early registration (before Sept. 20); \$35 for same-

Whether a seasoned runner

or simply looking for a meaningful way to contribute, the Strides

for Serenity 5K is an opportunity for everyone to make a difference. Proceeds from the event will go towards the Michael J. Dias Foundation's mission to open a women's sober home in Western Massachusetts, offering vital resources and support to women on their journey to recovery.

Can't join in person? Show support by donating to the Michael J. Dias Foundation's Capital Campaign or by sponsoring the event. Contributions will directly

impact the lives of women seeking recovery and help create a safe and supportive environment for their journey. Register today at runreg.com/strides-for-serenity or visit our website at www.mdiasfoundation.org and be part of the solution. Together, we can honor those we've lost, celebrate those in recovery, and offer hope to those still fighting the battle against addiction.



day registration -R.

IN MEMORY OF Ron Chagnon Ar. SEPT. 4, 1969 - APRIL 13, 2012

Happy 55th Birthday

"I thought love would last forever:

I was wrong. The stars are not wanted now; put out every one.

Pack up the moon and dismantle

the sun, Pour away the ocean ...;

For nothing now can ever come

to any good." - W.H. Auden

My beautiful, beautiful boy.

IRELAND FOREVER

Love, Mom & Carly

PAGE 17

Police/Fire

Police Logs

Palmer

The Palmer Police Department reported 432 incidents on its logs for Aug. 13 – Aug. 19.

Aug. 13

At 9:20 a.m. police responded to an accident with property damage.

At 10:15 a.m. police gave summons to June Rebecka Gouvin, 49, of 1090 S. Main St., Palmer, for vandalizing property, intimidate a witness/juror/police/ court official and assault.

At 9:26 p.m. police pulled over and gave summons to Andres Lorenzo Morales, 36, of 1077 Liberty St., Springfield, for failure to yield at an intersection, unlicensed operation of a motor vehicle and unregistered motor vehicle.

Aug. 14

At 6:46 a.m. police responded to an accident with property damage on the corner of N. Main Street and Wright Street.

At 5:22 p.m. police received sex offender registration.

Aug. 15

At 1:14 a.m. police arrested Luis Jose Rodriguez, 22, of 410 Walnut St., Springfield, for disor-

derly conduct.

At 2:52 a.m. Izac Kevin Disley, 19, of 1303 S. Main St., Palmer, was arrested by police for disturbing the peace, OUI liquor, OUI while license suspended for an OUI and person under 21 possessing liquor. At 10:30 a.m. police responded to an accident with property dam-

age on Thorndike Street. At 12:30 p.m. police responded

to an accident with property damage on Fenton Street.

Aug. 16

At 10:46 a.m. police responded to an accident with property damage on the corner of Ware Street and Old Warren Road.

At 5:20 p.m. Palmer police assisted another police department on I90, mile marker 77. Angel Xavier Cintron, 32, of 152 Pineridge Road, Waterbury, CT, was given a summons for marked lanes violation, unlicensed operation of a motor vehicle, speeding, failure to stop for police, passing violation, number plate violation, traveling the wrong way on the Mass Pike, traveling too close on the Mass Pike, failure to stop or yield, disorderly conduct, reckless endangerment of a child and assault with a dangerous weap-

At 6:06 p.m. police responded

to an accident on I90.

Aug. 17

At 5:42 a.m. police gave summons to Joshua Miguel Guzman, 24, of 182 Main St., Indian Orchard, for number plate violation to conceal ID, uninsured motor vehicle, unregistered motor vehicle and not in possession of license.

Aug. 18

At 8:29 a.m. police responded to an accident with property damage on Emery Street.

At 4:57 p.m. police received sex offender registration.

Aug. 19

At 4:23 a.m. police gave summons to Christopher J. Kilpatrick, 40, of 1370 Worcester St., Indian Orchard, for operating a motor vehicle with a suspended license, no inspection sticker and number plate violation.

At 4:45 p.m. police responded to an accident with property damage on the corner of Gates Street and River Street.

At 6:23 p.m. police arrested Timothy Jerrold Nicholls-Blackshear, 26, of 2011 Prospect St., Three Rivers on a warrant.

MSB donates to women's empowement

MONSON — Monson Savings Bank recently provided a \$1,750 donation to The Women's Empowerment Scholarship as a part of their 2024 Community Giving Initiative. Dan Moriarty, president and CEO of Monson Savings Bank, and Michael Rouette, Monson Savings Bank EVP & COO, met with Bailey Medeiros, president & founder of The Women's Empowerment Scholarship, at the Bank's Loan and Operations Center to present the donation.

"Once again, members of our community chose The Women's Empowerment Scholarship as a donation recipient through our Community Giving Initiative founder of The Women's Empowerment Scholarship, at the Bank's Loan and Operavoting," said Moriarty. "Monson Savings is

honored to support this organization year after year. We are excited to present Bailey with this donation knowing that it will be used to help support local women reach their education goals."

As a 501 (c) 3 non-profit organization, The Women's Empowerment Scholarship works to invest in the future of females in the Greater Springfield communities by encouraging and empowering them to pursue higher education. The foundation provides educational grants to women while paying special attention to women entering one of many male-dominated career paths, including, but not limited to, science, technology, engineering, finance, and law. In aiding women financially, the Women's Empowerment Scholarship team aims to propel their careers and allow them to shatter stereotypes.

tions Center to present the donation.

"The recurring support we have received from my hometown bank is so meaningful to me," said Medeiros "Our organization awards females educational grants so that they can further their education. This would not be possible without our supporters. I can't thank Monson Savings Bank enough for organizing their annual Community Giving Initiative."

Monson Savings DATE May 15, 2024 \$1,750 Women's Empowerment Scholarship One Thousand Seven Hundred Fifty & 00/00 ron MSB Community Giving Initiative

Dan Moriarty, Monson Savings Bank president and CEO (right), and Michael Rouette,

Monson Savings Bank EVP & COO (left), met with Bailey Medeiros, president and

Submitted Photo

Fire Logs

MONSON

The Monson Fire Department responded to three fire calls and 21 emergency medical calls for the week of August 19-25.

August 19 at 2:13 p.m. Responded to State Street for a furniture fire. Returned to service at 7:27 p.m.

August 21 at 7:50 p.m. Responded to Lower Hampden Road for a public assist. Returned to service at 8:15 p.m.

August 24 at 6:20 p.m. Responded to Bethany Road for a public assist. Returned to service at 6:31 p.m.

THREE RIVERS

The Three Rivers Fire Department responded to five incidents for the week of August 18-24.

Sunday, Aug. 18 - Burlingame Rd, Three Rivers, EMS call, excluding vehicle accident with injury

Sunday, Aug. 18 - Ford ST, Three Rivers, MA 01080 Medical assist, assist EMS crew

Thursday, Aug. 22 - Pineview St., Three Rivers, Lock-out

Friday, Aug. 23 - South St., Three Rivers, EMS call, excluding vehicle accident with injury



Crimmins Graveline Insurance, located at 1382 Main St. in Palmer, has been in business since 1929, and is now owned by James Stochaj. It offers a wide range of services.

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Friday, Aug. 23 - Palmer St., Three Rivers, Cooking fire, confined to container

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This group will be held in zoom, is educational, confidential, and free.

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Crimmins - Graveline Insurance

One local insurance agency is offering an old-fashioned service as "traditional, Main Street" insurusing modern tools.

Crimmins-Graveline Insurance, founded in 1929 and now owned by James Stochaj, currently has eight employees with a wealth of experience.

"With that much experience, there is nothing we can't do," said Stochaj, owner and president of Crimmins-Graveline Insurance, the E.J. Stochaj Insurance Agency in Dudley and Hometown Insurance Center in Sturbridge. Stochaj's agencies serve more

than 10,000 clients comprised of families, individuals, and a wide variety of small- and- medium-sized businesses.

"Many insurance agencies have merged in the past five to 10 years. Most merged agencies adopt the philosophy of "minimal insured contact drives profit" Stochaj said. "My philosophy is that our purchases have given us the tools and manpower to allow more time for insureds, making sure their needs are met, no matter how long it takes."

Stochaj said his family has operated the E.J. Stochaj Insurance Agency for more than 49 years. He acquired Hometown Insurance in 2008 and Crimmins-Graveline Insurance agency in late 2020.

The

Journal

Register

Stochaj described the businesses ance agencies.

"We're pretty old school. People still talk to us and we talk back to them," Stochaj said. "This kind of communication is, unfortunately, pretty unique these days."

These are certainly very cjhallanging times in the property-causualy insurance business acorss the United States. Insurers are increasing rates at a straggering rate. In addition, insurance companies are cancelling policies if they feel they can not make heafty profit on the account.

Each member of our teams understands the challenges our insureds, and prospective insureds face. We never shy away from a challenge and work dilegently each and every day to bring the best coverage and price to the table. "We're looking to grow as a company and we constantly are looking for ways to improve," Stochaj said.

Crimmins-Graveline Insurance is located at 1382 Main St. The agency was established in 1929 by the late Daniel Crimmins, according to details from the agency's website. In 1980, it merged with the Robert Graveline Insurance Agency, which he founded in 1949. For more information, visit www.cgins.com.



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Counselors toss a ball to students in the high school gym.



Nate Letendre (center) spoke to the gathered basketball players seated in a circle on the basketball court.



Parents and families were seated on the bleachers to watch the campers play together.

Submitted photos





Counselors were all smiles as they addressed the campers together.



Counselor Shawn Troche gave a high five to a student.



Matthew Santos coached kids entering third to eighth grade over the summer.

BASKETBALL | from page 1

before going on to become the head coach of the girls' and then the boys' junior varsity teams. This year, he was accepted at Worcester Academy, and coached the Rising Stars basketball camp.

"It's something that was in the work



Counselor Shawn Troche sat with students to watch the camp participants play basketball.



Even while seated on the sidelines, the students expressed enthusiastic support for each other.



Third- through eighth-graders ran around the gym and played basketball as part of the camp.

"It ended up being pretty contagious," Letendre said. "I would say it helped with the atmosphere for all the kids, especially some whose skill level was higher or lower than the majority."

Letendre said that he found it helpful to use the themes to emphasize that, beyond just working on concepts that will help with bashe's pretty happy with how it turned out, and described the experience as "awesome."

"I'm a basketball guy," Letendre said. "My dream is doing things like this, and eventually expand into doing bigger things, that was part of my goal."

Letendre said that it was a long process to the process started with the school.

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more than a year," Letendre said. "It was really important to me to bring something back to the town."

The Rising Stars program is a basketball camp for kids of all genders entering third through eighth grade. Letendre said that he advertised the program as being about more than just honing their skills on the court and having fun.

"It's also about implementing these skills outside of basketball and sports," Letendre said. "We had various skills of the day and themes of the day, which we made sure to emphasize working on each day."

The program would present themes such as "be courageous" or "be joyful" or energy days, and Letendre encouraged the participants to find ways to apply these themes outside the gym and school.

ketball, "what's really important is the stuff we can apply to life outside the court."

"At the end of every day, we handed out Rising Stars of the Day," Letendre said. "We talked with the coaches at the end of every day about who would get them. It was not always the most skilled players; a lot of the time it was the kids who exercised that day's theme, the kids that tried things that were new to them and were not afraid to make mistakes."

This allowed Letendre and his team to put emphasis on those elements that helped portray the program's goals and said it "had a pretty positive effect on kids overall."

Letendre said that it's been five or six years since a basketball camp like this has been available for the students, and so it was important to him to launch the program. Now that the program has ended, Letendre said

"I'm pretty lucky, because a lot of the parents I worked with and had communications with before were great," Letendre said. "It was pretty much put on by high school kids from Palmer. I had nine kids; eight of them had never worked at camp before, so it was a pretty new experience, they found out pretty quickly that it's exhausting, but really rewarding."

To put on the program, Letendre partnered with a number of volunteers who acted as the camp's counselors. Letendre thanked Shawn Troche, Vanessa Baer, Jordan Bigda, Matthew Santos, Rylee Ostiguy, Addyson and Loretta Petrashewicz, Isaac Cowher, and his brother, Jack Letendre, for their help with the program.

"I played all through high school, and I always wanted to get back to coaching there," Letendre said. "I wanted to

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how I can." Letendre said his dream is to coach a high level of basketball, particularly at the college level.

get involved and help out

"A lot of kids we recruit end up going to play Division I basketball,' Letendre said. "My thing was always to play college hoop, but I'm really grateful for the opportunity to get to grow there.'

Letendre added that he is in the process with coaches and the headmaster to get job with ResLife in order to be able to live on campus and be closer with the coaches

"Eventually, getting a job there," Letendre said, "that would be a perfect world."

Letendre said that he intends to hold the basketball camp again next year, and is thinking about opening for as long as two weeks.

"I'm excited to get the chance to continue working with the kids that show up," Letendre said, "and to open doors for new kids and hopefully expand it outside of Palmer.'

August 29, 2024 I THE JOURNAL REGISTER



Basketball got intense as the students ran at **Counselor Matthew** Santos.



Nate Letendre (right) said his dream is to coach basketball on the college level and beyond.



Students and counselors showed support for their favorite basketball teams with different-colored jerseys.



Two young players held basketballs to take a picture together.



huddle

program.

Two young Boston Celtics fans stopped for a picture on the basketball court.



A counselor and a group of players all shrugged in unison.



Excited students swarmed around Counselor Matthew Santos.



Submitted photos



Counselor Matthew Santos signed a student's T-shirt.

hoop.

a shot at the basketball



Players got into blocking each other's shots and learned important basketball skills.



One player blocks another as they try to take a shot at the basketball hoop.



The Rising Stars basketball camp allowed students to practice their defensive tactics.



Basketball can be an intense game, and the Rising Stars program presented a great way to translate those skills to their lives.



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Palmer Senior Center

a.m. to 4 p.m. For more information or to

Zumba at 8:30 a.m., Chair Yoga at 10 a.m.,

Lunch 11:30 and Pool table at 12:15 p.m.

Always on Tuesdays- Knit/crochet group

at 9 a.m., walking group at 9 a.m., Break-

fast at 9:30 a.m. Arthritis/ROM at 10 a.m.

and painting group at 1 p.m. Always on

Wednesdays- Strength training at 10 a.m.,

Reiki by appt. is canceled and 11:30 a.m.

Lunch. Always on Thursdays- Walking

group at 9 a.m., breakfast at 9:30 a.m., Tai

Chi at 10 a.m., pool table at 12:15 p.m. and

Big Y at 1 p.m. Always on Fridays - Gentle

Special events September:

Monday, Sept. 2- Closed for Labor

soul at 10 a.m. and Lunch at 11:30 a.m.

Day.

September events always on Mondays-

reserve a meal please call 413-283-2670.



PALMER- The Palmer Senior Cen-Wednesday, Sept. 4- 9:30 a.m. Veggie ter, 1029 Central St., has many activities for and Fruit stand, 1 p.m. Wii Bowling seniors Monday through Friday from 8:30

Thursday, Sept. 5- 10 a.m. Tai Chi, 11:30 a.m. Lunch Bunch, Bellies Barnyard Friday, Sept. 6-10 a.m. Gentle stretch,

12:30 p.m. showing movie "Guilt Trip" Monday, Sept. 9- 10:30-11:30 a.m.

Therapy dog, 1 p.m. Take and Bake. Tuesday, Sept. 10- 10:30 a.m. Trip to McKinstry Market Garden, they accept snap, 1 p.m. Ice cream trip

Wednesday, Sept. 11- 9:30 a.m. Veggie and Fruit stand

Thursday, Sept. 12-1 p.m. Sunshine Village craft.

Friday, Sept. 13- No brown bag this month, 11 a.m.- 2 p.m. Annual Picnic Pulaski Park

stretch at 10 a.m., Dancing mind body and Tuesday, Sept. 17- 9 a.m.- 2:30 p.m. Day Big E trip

Wednesday, Sept. 18- 9:30 a.m. Veggie and Fruit stand, 1 p.m. cards with Marlene

Thursday, Sept. 19- 10 a.m. Tai Chi,

10 a.m. -1 p.m. Massage by appointment, 11:30 a.m.- 1:30 p.m. Memory Café

Friday, Sept. 20- showing movie "Nowhere Special'

Monday, Sept. 23- 10 a.m. Marathon Bingo

Tuesday, Sept. 24- 9 a.m.- 2:30 p.m. Big E trip

Wednesday, Sept. 25-9 a.m. to 2:30 p.m. Footcare by appt., 9:30 a.m. Veggie and Fruit stand, 1 p.m. Wii Bowling

Thursday, Sept. 26-1 p.m. Sunshine

Village paint Friday, Sept. 27- 11 a.m. Invitation

only 90th Birthday celebration

MENU

Monday, Sept. 2- Closed for Labor

Tuesday, Sept. 3- TBA

Wednesday, Sept. 4- Chicken Marsala, steamed broccoli, parslied penne, ww roll and chilled apples.

Thursday, Sept. 5- TBA

Friday, Sept. 6- Hamburger with cheese, onions and mushrooms, macaroni salad, wheat bun and Jello with topping.

Monday, Sept. 9- Lazy stuffed cabbage, peas and onions, ww bread, cranberry juice and chilled pears.

Tuesday, Sept. 10-TBA

Wednesday, Sept. 11- Chef salad with Italian, ham and turkey, celery salad, ww roll, chilled peaches.

Thursday, Sept. 12- TBA

Friday, Sept. 13- Pierogis and sour cream, parslied carrots, sauteed cabbage, rye bread and Jello with topping.

Monday, Sept. 16- Mac and cheese, stewed tomatoes, ww bread, cranberry juice and chilled pears.

Tuesday, Sept. 17- TBA

Wednesday, Sept. 18- Curry chicken salad, cucumber mint salad, chickpea tomato salad, half ww pita and fresh fruit. Thursday, Sept. 19 TBA

Friday, Sept. 20- New England fish chowder, green beans, cornbread, pudding with

topping.

Monday, Sept. 23- Egg salad, three bean salad, broccoli slaw, ww bread and mixed fruit.

Tuesday, Sept. 24-TBA

Wednesday, Sept. 25- Spaghetti and meatballs, tossed salad with ranch, garlic toast and cookie.

Thursday, Sept. 26- TBA

Friday, Sept. 27- Birthday meal; Ham with pineapple, herbed greens beans, au gratin potatoes, ww dinner roll and birthday cake

Monday, Sept. 30- Breakfast sausage, scrambled eggs, potatoes O'Brien, cherry snack loaf and spiced apples.

Breakfast is served every Tuesday and Thursday at 9:15 a.m. and is \$3. Lunch is served every Monday, Wednesday and Thursday from 11 a.m. to noon and a suggested donation is \$2. Please call before 10 a.m. the day before to reserve a meal at 413-283-2670. Individuals must sign up for breakfast, otherwise a meal will not be ordered for them.

Resources offered to educate college students about campus fire risks

As the new school year approaches, college students nationwide are preparing to move into campus dormitories and off-campus housing.

The National Fire Protection Association® and The Center for Campus Fire SafetyTM collaborate on the annual Campus Fire Safety Month campaign every September to ensure students, parents, and campus housing staff and administrators have the relevant information and resources they need to make resident living spaces as safe as possible from fires and associated hazards.

The latest statistics, according to NFPA, show that U.S. fire departments responded to an estimated average of 3,331 structure fires each year in dormitories, fraternity houses, sorority houses, and barracks between 2018 and 2022. Fires in dormitory-type properties caused an annual average of 21 civilian deaths, 23 civilian injuries, and \$21 million in direct property damage during that period.

Approximately three out of four fires in these properties began in the kitchen or cooking area, accounting for 58% of the civilian injuries and 11 percent of the direct property damage. Cooking equipment was involved in nearly eight out of 10 fires.

"As students return to campus this fall, many of them will be preparing their own meals. Some will be using kitchen appliances for the first time or cooking food after studying or coming home late from a party," said Lorraine Carli, vice president of Outreach and Advocacy at NFPA and CCFS Advisory Council member in a press release. "The data tells us that more education is needed about when and where cooking hazards exist, along with ways to prevent them. Campus Fire Safety Month is a great way to raise public awareness of fire safety on our college campuses. NFPA and CCFS offer a wealth of tips and resources for cooking safely in resident housing, including these key messages: If you are sleepy or have consumed alcohol, don't use the stove or stovetop. Stay in the kitchen while preparing meals; use a timer to remind you that you're cooking. Keep anything that can catch fire - oven mitts, wooden utensils, food packaging, towels or curtains - away from your stovetop. Further, while cooking remains a leading cause of fires in campus housing, there is growing concern on college campuses about the increasing number of fires caused by lithium-ion batteries. Alan Sactor, vice president of the Center for Campus Fire Safety, said, "Micromobility devices like e-bikes and e-scooters and smaller electronics such as cell phones, laptops, and tablets are vital to the daily life of college students. However, the mishandling or misuse of these batteries can lead to safety hazards such as overheating, fire, or even explosions. NFPA and the CCFS are working together to help educate students on how to use, store, and charge these devices safely to reduce the risk of fire." NFPA and CCFS provide several resources and tips for safely buying, charging, storing, and using lithium-ion batteries to help prevent fires: Use only charging equipment that is supplied with your device. Do not keep charging the device or device battery after it is fully charged. Stop using your device if the battery shows signs of damage, such as an unusual odor, excessive heat, popping sounds, swelling, or change in color. In 2023, CCFS launched the Micromobility/Lithium-Ion Battery Fire Reporting Program for fire safety professionals. The program aims to support the development of educational programs, policies, and advocacy efforts to help reduce the risk of these battery fires on college campuses For this information and more about the Campus Fire Safety Month campaign and to find free resources and safety tips, visit nfpa.org/campussafety and the CCFS webpage.



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About CCFS

CCFS is the voice of over 4,000 campus fire and life safety officials. With its roots in the first Forum on Campus Fire Safety in 1999 at NFPA Headquarters in Quincy, CCFS has advocated for fire safety at the nation's institutions of higher education for over 22 years, incorporating as a non-profit in 2005.

CCFS is a membership-based organization devoted to reducing the loss of life from fire at colleges and universities, both on and off-campus. CCFS members and followers reach throughout North America with growing international membership.

For more information, visit http://www.myccfs.org.

August 29, 2024 | THE JOURNAL REGISTER

MORE LEGALS ON PAGE 22

Commonwealth of Massachusetts The Trial Court Probate and Family Court Hampden Probate and **Family Court 50 State Street** Springfield, MA 01103 (413)748-7758 Docket No. HD24P1749EA Estate of: James Richard Hamilton Also known as: James R Hamilton Date of Death: 02/15/2024 CITATION ON PETITION FOR FORMAL **ADJUDICATION** To all interested persons: A Petition for **Formal**

Probate of Will with Appointment of Personal Representative has been filed by Kathryn A Wilson of Port Charlotte, FL requesting that the Court enter a formal Decree and Order and for such other relief as requested in the Petition.

The Petitioner requests that: Kathryn A Wilson of Port Charlotte, FL be appointed as Personal Representative(s) of said estate to serve on the bond in unsupervised administration

IMPORTANT NOTICE You have the right to obtain a copy of the Petition from the Petitioner or at the Court. You have a right to object to this proceeding. To do so, you or your attorney must file a written appearance and objection at this Court before: 10:00 a.m. on the return day of 09/24/2024. This is NOT a hearing date, but a deadline by which you must file a written appearance and objection if you object to this proceeding. If you fail to file a timely written appearance and objection followed by an affidavit of objections within thirty (30) days of the return day, action may be taken without further notice to you.

UNSUPERVISED ADMINISTRATION UNDER THE MASSACHUSETTS UNIFORM PROBATE CODE (MUPC)

A Personal Representative appointed under the MUPC in an unsupervised administration is not required to file an inventory or annual accounts with the Court. Persons entitled to notice regarding the administration

09/23/2024. This is NOT a hearing date, but a deadline by which you must file a written appearance and objection if you object to this proceeding. If you fail to file a timely written appearance and objection followed by an affidavit of objections within thirty (30) days of the return day, action may be taken without further notice to you. UNSUPERVISED ADMINISTRATION

UNIFORM PROBATE

tative appointed under the MUPC in an unsupervised administration is not required to file an inventory or annual accounts with the Court. Persons interested in the estate are entitled to notice regarding the administration directly from the Personal **Representative and may** petition the Court in any matter relating to the estate, including the distribution of assets and

Justice of this Court.

Probate 08/29/2024

NOTICE OF PUBLIC HEARING NATIONAL GRID/ VERIZON **SEPTEMBER 10, 2024**

the provisions of Sections 22 Chapter 166 of the Massachusetts General Laws, you are hereby notified that a public hearing will be held at the Palmer Town Administration Building 4417 Main St. Palmer, MA on the 10th of September, 2024 at 11:30 A.M. on the petition of National Grid/ Verizon New England request permission to locate poles, wires, and fixtures, including the necessary sustaining and protecting fixtures, along and across the following public way: Center Street-National Grid to Street beginning at a point approximately 575 feet East of the centerline of the interproposes to install one new

registered as Document No. 236037 and noted on Certificate of Title No. 9004, for breach of conditions of said mortgage and for the purpose of foreclosing the same, the mortgaged premises located at 275 State Street, Palmer, MA 01069 will be sold at a Public Auction at 4:00 PM on September 17, 2024, at the mortgaged premises, more particularly described below, all and sin-

gular the premises described

situate in said Palmer, bound-

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River Railroad Company.

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in said mortgage, to wit:

UNDER THE MASSACHUSETTS CODE (MUPC)

A Personal Represen-Summer Street four hundred fifty and 98/100 (450.98) feet; by the end of said Summer Street eight and 61/100 (8.61) feet: State Street about thirty-three (33) feet: River; land now or formerly of the Thorndike Company about

expenses of administration WITNESS, Hon. Barbara M Hyland, First

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So much of said land as is included within the limits of Summer Street, formerly Palmer Center Road, as shown on said plan, is subject to the rights of all persons lawfully entitled thereto in and over the same. Said land is also subject to flowage rights as set forth in a deed given by B. Frank Emery to the Thorndike Company, dated May 2, duly recorded in Book 750, Page 500, and to any and all public rights in said river.

Being the same premises described in Transfer Certificate of Title No. 8351, registered in Book 42, Page 111, Registry District of Hampden County, Land Court of Massachusetts.

For mortgagor's title see deed registered at Hampden County Registry District of the Land Court as Document Number 24314 and Noted on Certificate of Title Number 9004

hundred eleven and 70/100 The premises will be sold subject to any and all unpaid SOUTHWESTERLY taxes and other municipal assessments and liens, and SOUTHEASTERLY subject to prior liens or other five hundred twenty-two and enforceable encumbrances of 07/100 (522.07) feet by land record entitled to precedence now or formerly of Ware over this mortgage, and subject to and with the benefit Said land is shown as lot of all easements, restrictions, 6 on plan hereinafter menreservations and conditions of record and subject to all All of said boundartenancies and/or rights of ies, except the water lines, parties in possession. are determined by the Court

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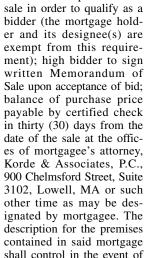
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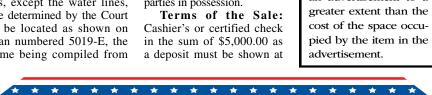
the time and place of the

contained in said mortgage shall control in the event of a typographical error in this publication. Other terms to be announced at the sale.

Mortgage Assets Management, LLC Korde & Associates, P.C. 900 Chelmsford Street Suite 3102 Lowell, MA 01851 (978) 256-1500 Stred, Richard D. and

Estate of Marilyn E. Stred, 22-041356 08/22, 08/29, 09/05/2024

NOTICE ERRORS: Each advertiser is requested to check their advertisement the first time it appears. This paper will not be responsible for more than one corrected insertion, nor will be liable for any error in an advertisement to a



* *

★ ★ ★

The Town of Warren Fire Department is accepting resumes and cover letters for the position of Full Time Firefighter/EMT.

Minimum requirements include high school disploma or GED, non-smoker, valid MA driver's license, and certifcation as a National Registry or MA EMT. The ideal can-

didate for the position is progressive in the fire, rescue and EMS field and Firefighter I/II certified. Candidates should be customer service oriented.

STARTING SALARY \$22.42 PER HOUR

The employment application may be found on the Town website: www. warren-ma.gov under the volunteeer and employment tab. Submit cover letter, resume, copies of all diplomas/certifications/licenses and mail the completed Town application to:

> Warren Fire Department **PO Box 608, Warren, MA 01083**

Application deadline is September 6. 2024

Public notices Job Connection

Helping You Find Help



The Wastewater Treatment Plant is seeking a full-time Operator/Mechanic. This fulltime position is five consecutive days a week which may include Saturdays and/or Sundays, overtime, holidays, and mandatory on-call. A generous benefit package is available including health insurance in which the Town pays 75% of the premium. Requirements: HS Graduate: preferably 3 years' experience in the operation and mechanic of a wastewater treatment facility or any equivalent combination of education and mechanical experience will be considered. Must obtain a Grade 4 or higher Massachusetts Wastewater Treatment Plant License within the first six months of employment. Must possess a valid driver's license and a clean driving record. Potential for advancement and growth.

The pay scale ranges from \$23.28 to \$31.29/hour based on relative work experience, educational background, and professional licenses.

Resumes and Cover letters will be accepted until the position is filled. Please forward your resume and cover letter to the Town Administrator, Jim Ferrera, townadministrator@warren-ma.gov or mail to 48 High Street, P.O. Box 609, Warren, MA 01083-0609.

Town of Warren is an Equal Opportunity Employer

TOWN OF WARREN FIRE DEPARTMENT JOB POSTING Full-time Firefighter/EMT



directly from the Personal **Representative and may** petition the Court in any matter relating to the estate, including the distribution of assets and expenses of administration WITNESS, Hon. Barbara M Hyland, First Justice of this Court. Date: August 19, 2024 **Rosemary A**

Saccomani, Register of Probate 08/29/2024

Commonwealth of Massachusetts **The Trial Court Probate and Family Court** Hampden Probate and **Family Court 50 State Street** Springfield, MA 01103 (413)748-7758 Docket No. HD24P1803EA Estate of: Mary Elizabeth Leonard Date of Death: 07/15/2024 CITATION ON PETITION FOR FORMAL **ADJUDICATION**

To all interested persons: A Petition for Formal Probate of Will with Appointment of Personal Representative has been filed by Gregory T Schubert of Brimfield, MA requesting that the Court enter a formal Decree and Order and for such other relief as requested in the Petition.

The Petitioner requests that: Gregory T Schubert of Brimfield, MA be appointed as Personal Representative(s) of said estate to serve Without Surety on the bond in unsupervised administration. **IMPORTANT NOTICE**

You have the right

to obtain a copy of the Petition from the Petitioner or at the Court. You have a right to object to this proceeding. To do so, you or your attorney must file a written appearance and objection at this Court before: 10:00 a.m. on the return day of February 15, 2024 and

anchored guy wire labeled P5-84 on Center Street, Palmer, MA.

40-foot class-2 pole and

Brad Brothers, Town Manager 08/29/2024

LEGAL NOTICE MORTGAGEE'S SALE OF REAL ESTATE By virtue of and in exe-

cution of the Power of Sale contained in a certain mortgage given by Richard D. Stred and Marilyn E. Stred to Financial Freedom Senior Funding Corporation, a Subsidiary of Lehman Brothers Bank, FSB, dated May 2, 2002 and registered at Hampden County Registry District of the Land Court as Document No. 144361 and noted on Certificate of Title No. 9004 (the "Mortgage") of which mortgage Mortgage Assets Management, LLC is the present holder by Assignment from Financial Freedom Senior Funding Corporation a Subsidiary of Lehman Brothers Bank FSB to Mortgage Electronic Registration Systems, Inc., as nominee for Financial Freedom Acquisition LLC, its successors and assigns dated October 28, 2009 and registered as Document No. 182935 and noted on Certificate of Title No. 9004, and Assignment from Mortgage Electronic Registration Systems, Inc., as mortgagee, as nominee for Financial Freedom Acquisition LLC, its successors and assigns to Bank of New York Mellon Trust Company, N.A. as Trustee for Mortgage Assets Management Series I Trust dated March 22, 2022 and registered as Document No. 229986 and noted on Certificate of Title No. 9004, and Assignment from Bank of New York Mellon

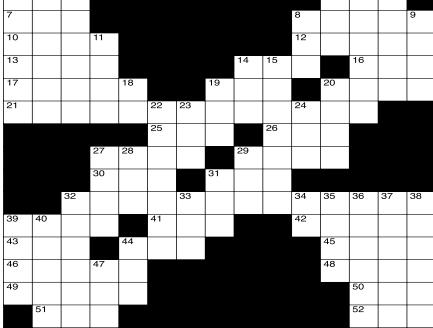
Trust Company, N.A.

as Trustee for Mortgage

Assets Management Series I Trust to Mortgage Assets

Management, LLC dated





CLUES ACROSS	character	south and	them
1. Microgram	"Moreland"	southeast	23. Wood
4. After B	29. Oafish creature		24. Paddle
7. Everything	30. A major division	CLUES DOWN	27. Past participle
8. An unfortunate	of geological time	1. Lunatic	of be
development	31. Bird-like Chinese	2. Actress Danes	28. Tall, rounded
10. Coat with sticky	dinosaur	Buttock muscles	vase
substance	32. Sporting events	4. The 22nd letter	29. Device
12. Cylinder of	39. Body part	of the Greek	manufacturers
tobacco for	41. Clerical	alphabet	31. Financial
smoking	vestment	5. Popular 70s	institution (abbr.)
13. Minimum	42. Shows data	rockers	Paper product
interval take off	43. Some are	6. Electronic	33. A type
14. Yuck!	"special"	communication	34. Atomic #43
16. NBA sensation	Expression of	8. Trigraph	35. Red Hot Chili
Jeremy	disappointment	9. Sea eagles	Peppers'
17. Where some	45. Students' rights	11. Low-pitched,	drummer
rockers work	document (abbr.)	resonant sound	Behaviors
19. Midway between	46. Vacation locale	14. Northeastern US	37. Decays
northeast and	Costa	university (abbr.)	38. Walked
east	48. Pop singer	15. Home of the	confidently
20. Snake-like	49. Distract outside	Bulldogs	39. Voice (Italian)
fishes	a city	18. Exclamation of	40. Class of
21. Groups of homes	50. Mark Wahlberg	surprise	adhesives
25. Swiss river	comedy	19. Make a mistake	44. Bar bill
26. Useful towel	51. Coniferous tree	20. Advantage	47. One-time
27. "The Wire"	52. Midway between	22. Monkeys love	aerospace firm

Successful candidates will be subject to C.O.R.I. check, Physical Ability Testing (PAT). Medical exam and character evaluation.

The Town of Warren is an equal opportunity employer and does not discriminate on the basis of race, color, religion, sex, national origin, disability, sexual orientation or age.

VETERANS DAY SALUTE The Journal Register ~ November 7, 2024

The Journal Register will be saluting our local veterans (from all wars and branches, including honoring deceased veterans), reservists, active duty U.S. Military members.

Please submit a photo of your veteran with his or her name, rank, branch of military and hometown by email to dflynn@turley.com or drop off a photo to The Journal Register,

24 Water Street, Palmer, MA 01069 All photos will be returned. 1.2 目前現象

Please submit your photo no later than Monday, October 21, 2024.

There is no cost to submit a photo. No photos will be accepted after deadline. If you would like to use a prior submitted photo, please contact before to October 10th.

Public notices

Town of Wales Notice of Public Hearing

In accordance with the provisions of MGL Ch 40A §10 &§11, the Wales Zoning Board of Appeals will hold a public hearing on September 12th, 2024, at the Wales Senior Center at 5:30 p.m. on the application of Roxanna Fredette regarding the property at 47 Fountain Rd. in Wales, MA. The applicants have applied for a special permit in terms of the Town of Wales Zoning By-law Sec. 4. 2. The Town of Wales Zoning By-Law Sec. 4.2.2 states "A pre-existing non-conforming use or structure may not be extended, altered or changed except by a special permit from the Zoning Board of Appeals." Specifically, the applicant

constructed a 3-car garage. Any person interested and wishing to be heard on this application should refer to September 12th, 2024, agenda on the Zoning Board of Appeals page on the town website (www.townofwales. net). If you have any questions or concerns, please email planning@townofwales.net 08/22 08/29/2024

Town of Monson Planning Board PUBLIC HEARING NOTICE

In accordance with the provisions of M.G.L. Chapter 40A, Section 5, the Monson Planning Board

will hold a Public Hearing on Thursday, September 17th.2024 at 7:30 P.M. in the Select Board Meeting Room, Town Administration Building 110 Main Street. It is proposed to amend the Monson Zoning Bylaws by deleting §6.7 Accessory Apartments in its entirety and replacing with new language for Accessory Dwelling Unit, add new definition(s) to §1.7. Remove the existing language in §3.0 Schedule of Use Regulations (Table 1) as it relates to

"Accessory Apartments", add a new use to §3.0 Schedule of Use Regulations (Table 1) and to Dimensional and Density Regulations (Table

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2) as it relates to "Accessory Dwelling Units". A copy of the complete text of the pro-

posed bylaw is on file with the Monson Town Clerk, the Planning Board Office and available on the Town Website.

Craig Sweitzer, Chairman Monson Planning Board 08/29.09/05/2024

Town of Monson **Planning Board** PUBLIC HEARING NOTICE

In accordance with the provisions of M.G.L. Chapter 40A, Section 5, the Monson Planning Board will hold a Public Hearing on Tuesday, September 17th, 2024, at 7:20 P.M. in the Select Board Meeting Room. Town Administration Building 110 Main Street,

Monson. It is proposed to amend § 6.2.1 of the Monson Zoning Bylaws by eliminating "only after Town Meeting approval and" from this section. A copy of the complete text of the proposed bylaw amendments are on file with the Monson Town Clerk, the Planning Board and is available on the Town website. Craig Sweitzer, Chairman Monson Planning Board

LEGAL NOTICE

08/29, 09/05/2024

AT&T Mobility, LLC is proposing to modify an existing wireless telecommunications facility on an existing building located at 5 High Street, Monson, Hampden County, MA 01057. The modifications will consist of the collocation of antennas behind existing FRP screens at centerline heights of 91ft in the 136foot church steeple. Any interested party wishing to submit comments regarding the potential effects the proposed facility may have on any historic property may do so by sending comments to: Project 025832-PR - HK, EBI Consulting, 21 B Street, Burlington, MA 01803, or at 940-642-3218. 08/29/2024

Town of Monson Planning Board PUBLIC HEARING NOTICE

In accordance with the provisions of M.G.L.

HELP WANTED

Valid MA CDL operator, Hydraulic

Hoister's licenses and OSHA-10 certi-

Further information can be found on

the Town's website:

www.worthington-ma.us

Questions will be answered by the

Highway Superintendent at 64 Hun-

tington Road, Monday - Friday, 7 AM

to 3 PM; the telephone number is 413-

Send letter of interest, resume and

three (3) references with relevant con-

tact information to worthingtonhigh-

way@gmail.com or to Worthington

Highway Department, P. O. Box 643,

Worthington, MA. This posting will

remain pertinent until the position is

The Town of Worthington is an Equal

\$12.50

Each

DEADLINES: MONDAY AT NOON

Opportunity Employer.

Chapter 40A, Section 5, the Monson Planning Board will hold a Public Hearing on Tuesday, September 17th, 2024, at 7:10 P.M. in the Select Board Meeting Room, Town Administration Building 110 Main Street. Monson. It is proposed to amend § 1.0 through §7.5 of the Monson Zoning Bylaws by correcting grammatical, typographical, orthographic errors, eliminating or updating design layout and outdated statutory references. A copy of the complete text of the proposed bylaw amendments are on file with the Monson Town Clerk, the Planning Board and is available on the Town website. Craig Sweitzer, Chairman

Monson Planning Board

Please check the accuracy of your legal notice prior to submission (i.e., date, time, spelling). Also, be sure the requested publication date coincides with the purpose of the notice, or as the law demands. Thank you.

08/29, 09/05/2024

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HELP WANTED

The Trustees of the Otis Library seek applicants for a Library Director Position. The position pays \$21-\$25 per hour commensurate with experience. The Director can expect to work

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REAL ESTATE



All real estate advertising in this newspaper is subject to the Federal Fair Housing Act of 1968, which makes it illegal to advertise any preference, limitation or discrimination based on race, color, religion, sex, handicap, familial status (number of children and or pregnancy), national origin, ancestr age, marital status, or any intention to make any such preference, limitation of discrimination.

This newspaper will not knowingly accept any advertising for real estate that is in violation of the law. Our readers are hereby informed that all dwellings advertising i this newspaper are available on an equal opportunity basis. To complain about discrimination call The Department o Housing and Urban Development "HUD toll-free at 1-800-669-9777. For the N.I area call HUD at 617-565-5308 The toll free number for the hearing impaired is 1-800-927-9275.



MORE LEGALS ON PAGE 21

TAG SALE

108 STEBBINS ST., BELCHER-TOWN. 8/31-9/1, 9AM-3PM. Outdoor items, carports, household items, books, CD/DVD, snowshoes, electronics, bicycles, jewelry, Xmas, misc, golf.

SATURDAY, 9-7-24, 9AM-3PM. 119 PINEWOOD ROAD, LUD-LOW, MA 01056. New and vintage, reasonable prices. Clothes, toys, Dept. 56, seasonal, home goods, glassware, books, DVD's, Pirate collectables, crafts, nurse figurines, pocketbooks, Shark items, shoes. Rain or shine.

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Find archives of this local newspaper at www.newspapers.turley.com

An application packet is available by emailing otislibrary@cwmars.org or at the Otis Library at 48 North Main Road, Otis, MA 01253. (413) 269-0109. The application deadline is September 13, 2024. The Otis Library Board of Trustees is an equal opportunity employer.

between 25-30 hours per week

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12 HOMETOWN **NEWSPAPERS** 413.283.8393 www.turley.com 24 Water Street Palmer, MA 01069

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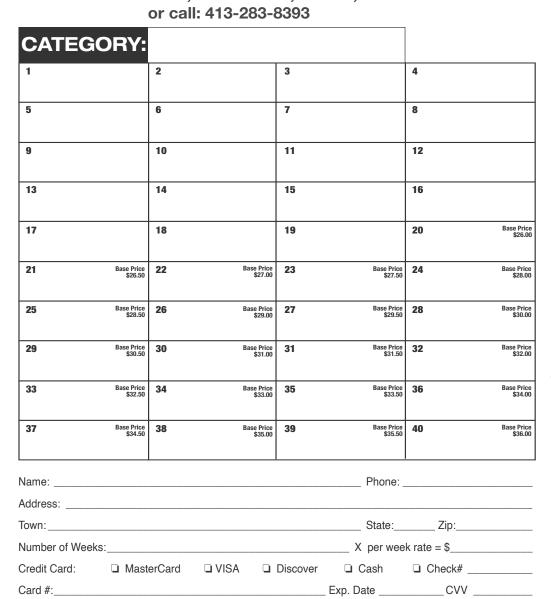
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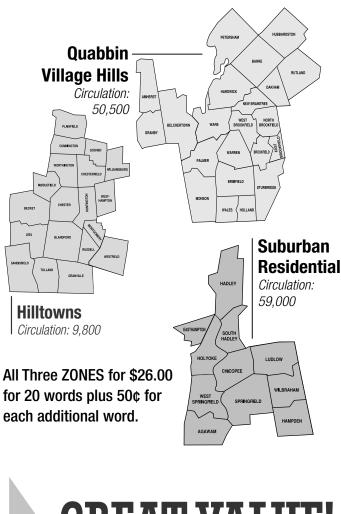
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Safe Neighborhood Initiative





Cheryl Izyk helps a youth make a sail for her boat.

The Holyoke Safe Neighborhood Initiative put on their 2024 Back To School Event on Saturday, Aug. 24 at McNally Field. Western Massachusetts Council, BSA was at the event again this year with activities for youth. The council provided a resource tent, the Blow-Up Archery game, a tent with coloring and painting where youth could make a boat to sail down the blow up Rain Gutter Regatta.



Submitted Photo Cheryl helps at the Rain Gutter Regatta.

Boy Scouts of America recognition awards



Submitted Photo

The General Knox District of Western Massachusetts Council, BSA held its annual Recognition Picnic Sunday, Aug. 25 at Szot Park in Chicopee. Heather MacInnes, the New Member Coordinator for Pack 164, Troop 64 and Troop 5164 received recognition awards for Unit Leader Award of Merit, Cub Scouter Training Award, Venture Training Award, Cub Masters Key, District Training Award and a 5 year Veterans Award. Fritz Schmidt, the District Commissioner, presents Heather with the awards.



200th anniversary of Lafayette's Farewell Tour is Sept. 3

STURBRIDGE – This year marks the bicentennial celebration of the Marquis de Lafayette's Farewell Tour of the United States in 1824.

Throughout that year-long tour of all 24 states, Americans honored Lafayette with a parade and great fanfare at almost every stop he made. Local craftspeople also produced many types of commemorative memorabilia, such as the pictured drum, baby shoes, and ribbons, now in the Old Sturbridge Village Museum Collection.

When Lafayette toured the state of Massachusetts in 1824 his final stop was in the Town of Sturbridge, where he was greeted by a martial band, the Town's artillery company, and thousands of civilians.

Commemorative ceremony

Join the Sturbridge Historical Society and Old Sturbridge Village on Sept. 3 at 6 p.m. for a commemorative event on the Sturbridge Town Common, the exact ground where Lafayette stopped. An actor portraying Lafayette will be greeted by costumed interpreters portraying veterans of the Revolution, members of the Sturbridge Artillery, who will stand by with their cannon, and the musicians from the Uxbridge Grenadiers.

There will be a triumphal arch, toasts by costumed interpreters from Old Sturbridge Village, fife and drum music, as well as performances by the OSV Singers and Dancers. Experience the closest thing to the actual events that took place in 1824 here in Sturbridge.

This ceremony is free and open to the public.

This commemorative event is part of The American Friends of Lafayette's 2024-2025 Bicentennial Tour, which will take place across the 24 states that Lafayette visited on his Farewell Tour. For more details about The American Friends of Lafayette and other Bicentennial Tour programming, please visit lafayette200.org.

Banquet at the Publick House

At 7:30 p.m., there will be a banquet commemorating Lafayette's visit to Massachusetts and New Hampshire at the Publick House, which is one of the buildings that Lafayette actually visited in 1824. The dinner is the Publick House's distinctive "Yankee Dinner Buffet."

Alan Hoffman, President of American Friends of Lafayette and translator of the account written by Lafayette's secretary, will reflect on the contrast between the original tour and its just completed recreation. There will be an additional discussion of Lafayette's human rights record.

Tickets are \$75 per person and pre-registration is required. Limited spaces are available.

To purchase tickets, go to the website for The American Friends of Lafayette, search under Events for Sturbridge Publick House Banquet.

For more information, visit the American Friends of Lafayette at www.friendsoflafayette.org or learn more about the planned 24-state bicentennial events at www.Lafayette200.org.

For a detailed summary of each city and town Lafayette visited in 1824, and speeches given, visit Peter Reilly's blog at www.lafayetteMA1824.org. Reilly is the Chairman of the Massachusetts committee organizing Lafayette's tour across the Commonwealth.





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Monson school holds barbecue event to kick off school year



Students sat together at the cafeteria to share a barbecue dinner.

MONSON – This week, a barbecue event was held at the high school to give students the opportunity to meet the staff.

On Tuesday evening, students gathered at the high school to share a dinner and play games and activities and to get information about the school.

"Students were able to learn about various clubs and activities, tour the school while completing a scavenger hunt, and enjoy an evening getting to know their teachers and the school staff," said Principal Chris Fontaine.

This event was held ahead of the beginning of the school year.

For more information, visit the school's website at Monson-Schools.com, or call the district's business office at 413-267-4150.



Monson students played cornhole together on the school campus.



Students held up a "Future Graduate of Class of 2030" cutout to take pictures.













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As the sun set, new students took pictures with a decorative cutout at the event.



Students took pictures in front of the school at the chicken barbecue.