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# AGAWAM

ADVERTISER NEWS

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## Lost galaxy: Kids invent new worlds



Kaylee Mullen showed off her finished galaxy jar product. TURLEY PHOTOS BY QUINN SUOMALA

By Quinn Suomala  
 Staff Writer

AGAWAM – Agawam Public Library held a program for kids in fifth and sixth grade to make galaxy jars.

This program was run by Youth Associate Isabelle Malvezzi who wanted to give the kids a fun creative craft.

“I’m hoping that they’ll get to stretch their creative legs a bit,” Malvezzi said. “I’m looking forward to seeing how they come out.”

Malvezzi was inspired to put on the program when she recalled how much fun she used to have creating galaxy jars when she was in middle school.

For the program, each kid got two jars, some cotton balls, paint and glitter of their choosing and some water.

The first step to creating the jars was to tear up cotton balls and fill about one third of a jar with them.

Once this was done, the kids used a separate cup and put a scoop of water, a spoonful of one paint color, and some glitter inside it. They then mixed this concoction together and poured over the cotton balls.

Then they would mix the paint, glitter and water mixture with the cotton balls until they absorbed it entirely.

After that they repeated the process about three to four more times using different paint colors for each layer.

In total it created a swirled and layered effect that replicated a galaxy.

“You layer the cotton balls and then a paint/water/glitter mixture together to create a color

gradient similar to what you would see if you viewed a galaxy or nebula through a telescope,” Malvezzi said. “The glitter is like the stars and the different colors are the light refractal patterns.”

Malvezzi enjoyed watching the kids each approach the project in a different way, even while following the instructions.

“It was fascinating to see where they ended up with it because they were following the instructions but somehow none of them followed the instructions the same way, which is always super fun,” Malvezzi said.

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## Needs increasing in special education

By Quinn Suomala  
 Staff Writer

AGAWAM – The school committee received a presentation by Director of Special Education Services Erin Walsh concerning the progress made in the special education department.

Walsh reported that while the number of children needing special education has not increased in Agawam, the level of needs has increased.

Due to this, Walsh and the rest of the special ed team have been working to adapt their system to better work with the students and their families.

“The needs of our students are changing and we need to be able to adapt to that and adjust our practices to meet those students’ needs,” Walsh said.

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## Johnson makes changes to planner job

By Quinn Suomala  
 Staff Writer

AGAWAM – Mayor Christopher Johnson is working on updating the director of planning and community development position after long time worker Pamela Kerr retires.

He decided that it would be best to have this position now focus more on conservation than on development.

“The former job position had duties split between planning and community development

and community development is really more economic development,” Johnson said. “In the new job description the position still participates in the community development process but it doesn’t lead it because in reality, it never did.”

According to Johnson, the development aspect of the position was rarely used in the way set up in the former job description.

Instead of leading economic planning and development the person acted more as a support while the mayor’s of-

fice took the lead.

Therefore, Johnson wanted to change the position description to reflect that reality.

Moreover, Johnson also wanted the department to more easily interact with Inspection Services.

“There is a natural fit of those two areas together,” Johnson said.

These two departments often work together but as they are in separate places, this can cause someone working on business expansion or a similar project

to have to go back and forth between the two.

“Instead of bouncing people between the DPW facility and town hall and potential back, I think it makes more sense to have them under one roof so that if you’re going in, your questions can be answered all in one location,” Johnson said.

Over the next few months Johnson hopes to move these two departments under one roof to help facilitate their collabora-

EFFICIENCY | page 11

## Teenagers enjoy a Super Smash Bros. tournament at the library

By Quinn Suomala  
 Staff Writer

AGAWAM – The teen advisory board at the library recently organized a Super Smash Bros tournament for teens to enjoy.

TAB had discussed a variety of different activities they could put on for teens and decided that this could be a fun way to bring some of their peers into the library.

“It sounded like fun,” Youth Associate, and TAB leader, Evan Delano said. “We have some gamers in the group and people were excited about it.”

To add to some of the excitement for the competition, one of the TAB members 3D printed a

Bros logo for the winner to take home.

Delano hoped that this event provided teens with a way to relax and have fun with their friends.

“At this stage of their lives socializing is very developmentally important and a lot of kids are looking for ways to connect with other kids,” Delano said.

Delano knows that it can be hard to find places to connect outside of school for teens, so they hope that they can help provide that space at the library through events like this.

“It feels really important to have opportunities for the teens to meet each other, especially op-

LIBRARY | page 11



Teens came together at the library to enjoy a Super Smash Bros tournament.

SUBMITTED PHOTO



# Cyran to headline next meeting of Artists and Artisans

AGAWAM – Dr. Laura Cyran, from Chippewa, will be the artist demonstrator at the Feb. 12 meeting of the Agawam Community Artists and Artisans. The meeting will be held at the Agawam Library starting at 6pm. Public is welcome.

Dr. Cyran is a 2016 graduate of Oklahoma State University of College of Veterinary Medicine. She earned her undergraduate degree from UMass Amherst. She has a love

for feline medicine, wellness and geriatric pets. She is passionate about educating pet owners about their pets' care and working as a team with pet parents to make the best decisions for the health and happiness of their pets.

Dr. Cyran is also a watercolor artist who specializes in pet portraits. She began to paint watercolor in 2021 as a way to relax and was quickly drawn to painting.

Her work as a veterinarian in the West Springfield community gives her a special perspective on the bond people share with their pets. Creating portrait and memorial art for beloved animals is another way to honor that bond. Her portraits strive to capture the pet's unique expression and personality with painterly details that are unique to watercolor.

Dr. Cyran enjoys spending her free

time with her two children and her husband Justin.

The meeting will take place on Wednesday, Feb. 12 beginning at 6 p.m. at the Agawam Public Library 750 Cooper Street Agawam, MA. Light refreshments will be served.

Everyone is welcome to this free and open demonstration. For further information please contact Ceil Rossi (413) 207-1247 or email [tocarefree2@hotmail.com](mailto:tocarefree2@hotmail.com)

## Catholic women's club meeting to be held Feb. 10

AGAWAM – Members of The Catholic Women's Club of Agawam will enjoy fun and games at their Feb. 10, meeting. It will be held in the Fr. Joyce Room of St. John the Evangelist Parish Center located at 833 Main St., Agawam. Refreshments will be served at 6:30 p.m. followed by the monthly business meeting at 7 p.m. Those attending are asked to bring quarters to play Left, Right, Center after the meeting. If any member has one of the game sets, please bring it with you that evening. All local Catholic Women are welcome to join the club members for this fun evening.

## Feline Friends donation drive

AGAWAM – Feline Friends be holding our next two monthly donation drives at Smithland Pet & Garden Center on Saturday, Feb. 1, from 10 a.m. to 1 p.m. as well as March 1. Volunteers will be collecting food, litter & monetary donations for the kitties. Opened bags/boxes will be accepted.

Smithland, a valued sponsor, is stocked with Friskies Pate or Shreds canned food (single flavor cases are preferred), many Fancy Feast varieties and unscented, clumping cat litter.

We would also appreciate jars of baby food (meat/poultry varieties), paper towels, puppy peepads and gift cards to Smithland or Costco. Checks or cash are always gratefully accepted at Feline Friends, P.O. Box 174, Feeding Hills.

Congratulations to Cheryl and Carl K who won the big screen TV in our November promotion. We appreciate all of the wonderful donations received at the January 4th donation drive including Joanne L & Joan W, Ann H, Carl and Cheryl K, Linda

B, Crystal M, Ken K & Irene F, Joe and Shirl as well as everyone who stopped by to chat & show us pictures.

Just a reminder that we have donation bins at Smithland near the registers and at the Agawam Public Library. Please include contact information with donations if you would like an acknowledgement. This month Maria B dropped off some cozy blankets at the library and we received cases of cat food, bags of dry food, treats and more at Smithland. Check out our Feline Friends Cat Sanctuary page for photos. We are so grateful for each & every donation.

Feline Friends Inc. is a community-based, nonprofit sanctuary that does not discriminate against any cat based on age, gender or disability.

More information about our sanctuary may be found on our website at [felinefriendsinc.org](http://felinefriendsinc.org) or our Facebook page at Feline Friends Cat Sanctuary. Contact us with questions at [info@felinefriendsinc.org](mailto:info@felinefriendsinc.org) or by phone at 413-786-5019.

## Parks dept. hosting mother-son dance March 6

AGAWAM – Moms and their sons will create memories that will last a lifetime. Boys in grades Kindergarten and up and their "date" will enjoy an evening of fun, games, and dancing on Thursday, March 6 at Oak Ridge Golf Club from 6 to 8:30 p.m. There are 30 couples are needed for this dance to take place. If 30 couples are not registered by Feb. 4, a full refund will be given.

Registration begins online and in person on Jan. 7 and will continue through Feb. 4. No registrations will be taken after Feb. 4.

For more information, please visit the Parks & Recreation page at [www.agawam.ma.us](http://www.agawam.ma.us) or call 821-0514.

## Scholarship and fellowship funds still available

AGAWAM – The Horace Smith Fund, located in Westfield, Massachusetts has scholarship and fellowship money available for graduates of Hampden County public and private high schools. Graduating high school seniors and students already in college may apply for Scholarships of up to \$12,000.

Those in their final year of college and previous college graduates pursuing advanced degrees may apply for Fellowships of \$15,000. Applicants must maintain at least a B average in college and be enrolled as full-time students.

Awards are made based on both academic achievement and merit. Of great importance is a personal written ac-

count of why the student feels deserving of financial assistance and their goals in pursuing higher education.

Last year, \$297,000 was awarded to 24 individuals. Scholarships were given to 16 graduating seniors from 13 Hampden County high schools. Five scholarships were also awarded to current college students to assist them in completing their undergraduate degrees.

Three fellowships were given to college graduates pursuing advanced degrees, who had graduated from Hampden County high schools.

The Horace Smith Fund was established in 1899 by the successful and generous philanthropist named Horace

Smith, co-founder of Smith & Wesson, established in Springfield.

The scholarships and fellowships are named for Walter S. Barr, a West Springfield businessman, whose widow left the bulk of the family estate to The Horace Smith Fund in 1950.

Completed applications must be received either electronically or by mail to The Horace Smith Fund at 16 Union Avenue, Suite 2K, Westfield, MA 01085 no later than March 15.

Applications are available at local high school guidance offices, college financial aid offices, online at [www.HoraceSmithFund.org](http://www.HoraceSmithFund.org) or by phoning (413) 739-4222.

## Father-daughter dance to have two dates

AGAWAM – Due to the popularity of this event, we are offering two dances. Couples must choose either Feb. 25 or 27. Dances will take place at Oak Ridge Golf Club from 6 to 8:30 p.m. Maximum 60 couples per dance. Registration begins online and in person on Jan. 7 and will continue through Feb. 4. No Registrations will be taken after Feb. 4. For more information, please visit the Parks & Recreation page at [www.agawam.ma.us](http://www.agawam.ma.us) or call 821-0514.

# Dakin Humane Society celebrates and recognizes long-time employees

SPRINGFIELD – Dakin Humane Society recently honored several current employees who had reached work anniversaries ranging from 10 to 20 years at a team ceremony held at the Springfield nonprofit. The 13 employees were given gift bags that contained, among other

items, a personalized zip-up hoodie with the Dakin logo as well as their first names followed by the title "Dakin Legend."

"We're so grateful to have so many long-term team members at Dakin," said Kayla Begnoche, human resources manager. "Shelter work takes more than skill;

it takes heart. Every day, our team brings compassion and dedication, whether they're working directly with pets and their people, keeping vital programs and services running, handling essential administrative tasks behind the scenes, or collaborating with partner organizations. They have an unwavering dedication to this work, and we're incredibly fortunate to have staff who bring their whole hearts to it every single day."

More than 20% of Dakin's staff have worked for the nonprofit organization for at least 10 years, while 44% were hired

five or more years ago. According to Dakin's Executive Director Meg Talbert, "We are delighted to recognize this incredible group of long-term employees in a special way and look forward to making it an annual tradition to celebrate our newest Dakin Legends. Dakin is a special place and each and every one of our team members, new to the field or legends, give of themselves daily to advance our mission and uphold our core values: integrity, compassion, and innovation."

Those team members honored recently are:



Dakin Humane Society honors long-time employees.

SUBMITTED PHOTO

### 20 Years:

**Alanna Regan**  
*Adoption Center Manager*

### 15 Years:

**Betsy Bernard**  
*Animal Resource Counselor*  
**Eliza Fischer**  
*Animal Resource Counselor*  
**Dr. Sherri Therrien**  
*Spay & Neuter Veterinarian*

### 13 Years:

**Rachel Murphy**  
*Animal Caregiver*

### 12 Years:

**Brenda Forsell**  
*Spay & Neuter Clinic Administrator*

### 11 Years:

**Abigayle Bogdan**  
*Veterinary Technician*  
**Meghan Delaney**  
*Veterinary Technician*  
**Mary Jane McGuire**  
*Veterinary Services Manager*

**Megan Tolpa**  
*Foster Coordinator*

### 10 Years:

**Lee Chambers**  
*Media Relations & Development Specialist*

**Debbie Massarelli**  
*Finance Coordinator*  
**Kayla Thibodeau**  
*Veterinary Technician*



# Senior Center announces upcoming news and events

AGAWAM— The Agawam Senior center, 954 Main St., has great events planned for the month of February. For more information, please call 413-821-0605

Agawam Senior center hours of operation: The Agawam Senior Center will be closing at 4:30 p.m. on Monday, Wednesday, Thursday, and Friday. The Agawam Senior Center will remain open on Tuesday evenings until 7:30 p.m. We hope this will give you a chance to access more of what we have to offer. The Billiards Hall, Computer Room, Fitness Room and more. ZUMBA Gold will offer classes on Tuesday evenings starting at 5:30 p.m.

### Hearing Checks Available

Thursday, Feb. 20

The next New Ears hearing care clinic will take place on Thursday, Feb. 20. Gary Winn is a licensed Hearing Instrument Specialist, and owner of New Ears Hearing Care, will conduct a free hearing clinic. He will check ears for wax build-up, perform hearing screenings, and counsel people

about hearing loss. Hearing aids will be cleaned and adjusted if possible. The Agawam COA invites residents of Agawam and surrounding towns to benefit from this service. Call 413-821-0604 to make an appointment. Hearing checks will take place in the seminar hall.

### Manicures With Jane

Monday, Feb. 10 - Seminar Hall

Jane is a licensed nail specialist, who will give your fingernails that extra special attention and love they deserve. She is offering simple manicures that include clipping, filing, soak, MASSAGE of the hands and your choice of color. These appointments are 15 minutes each. The cost is \$15 per person. Call Kristina at 413.726.2836 to book.

### Treats And Trivia

Tuesday, Feb. 11 at 1 p.m. in the Seminar Hall Garden Room of the Senior Center  
Call Kristina at 726.2836 to reserve a spot.

### Coffee And Chats

With Mayor Johnson

Wednesday, Feb. 12 at 10 a.m.

Join Mayor Johnson in the FRIENDS Coffee Shop at 10 a.m. for all the latest and up to date information regarding the beautiful Town of Agawam & Feeding Hills.

### Bereavement Group -

Wednesday, Feb. 19 at 1 p.m.

Grief and Love Are Siblings. We tend to see Love and Grief as polar opposites. Love is "good." Grief is "bad." What if one cannot exist without the other, as necessary to your thriving as breath? In this month of celebrating love in all its forms, we will gather to explore the mysterious intimacy between loving and grieving. First, through shared conversation, we will challenge ourselves to expand our own understandings of the words "love" and "grief" before investigating some forms of grief/love rituals that you can bring into your own home.

### Caregivers Connect

Dementia Caregiver Support Group  
Feb. 4 to 7 p.m. in the conference room

Laurie Cecchi, OT, OTR, CAPS (Certified Aging in Place Specialist), CDCS (Certified Dementia Care Specialist) is a highly respected dementia specialist with 35 years of experience in clinical practice. With a strong passion for improving the quality of life for individuals affected by dementia, Laurie has dedicated her career to advancing knowledge, care practices, and policy changes in this critical area. Join us to feel heard, supported, and uplifted as you navigate the complexities of caregiving and celebrate the moments of joy and connection with your loved ones. Caregivers Connect will meet the first Tuesday of the month from 6-7 p.m. Director Cindy Sullivan with our kitchen will be putting her culinary expertise to the test and offer a piping warm bowl of chicken soup before the support group meets. Donations for a delicious bowl of soup are appreciated. We hope you will join us. Soup will be served between 5:15 and 5:45 p.m.

## Colleen Coronation tickets available

AGAWAM – The Agawam St. Patrick's Committee is excited to begin its Irish Season at St. Anne Country Club. This year's event will crown the 2025 Agawam Colleen and court. They will participate in the Holyoke St. Patrick's Parade as well as many other activities throughout the year.

This year's coronation will be held on Saturday, Feb. 8 beginning at 5:30 p.m. The ceremony will begin at 6 p.m. Tickets are \$55 for adults and \$30 for children under 12. To reserve tickets, please email Abbie at agawamstpatricks317@gmail.com.

## Agawam Day to be held in FLA

AGAWAM – The 44th annual "Agawam Day in Florida" will be held on Wednesday, March 5, 2025 from 10 a.m. to p.m. Former Agawam residents, old friends, classmates and relatives will meet at Fort DeSoto National Park, St. Petersburg, FL. for a reunion, picnic, raffles, hugs and to share old memories. For more information, contact: Hank Drewnowski call/text at 860-462-7273 or email -hdrew2452@gmail.com.

## Foundation encourages students to apply for scholarships

SPRINGFIELD – The Jewish Federation of Western Massachusetts's Jewish Endowment Foundation is inviting undergraduate and college-bound students to apply to its annual Common Fund and Springfield Council of Jewish Women (SCJW) scholarships through March 28, 2025. Qualified students regardless of race, religion, and gender are encouraged to apply. Scholarships are awarded based on a combination of academic, financial need and community involvement.



"The value of education is strongly embedded in our Jewish culture, which is why we are proud to award Common Fund and Springfield Council of Jewish Women scholarships to support students on their educational journey," said Nora Gorenstein, CEO of the Jewish Federation of Western Massachusetts. "These scholarships are an example of one of the many ways Federation supports families in Western Massachusetts, and we look forward to receiving scholarship applications from our future leaders and professionals."

Federation's Jewish Endowment Foundation Common Fund grants college scholarships to all qualified high school students who are residents of Hampden, Hampshire, and Franklin counties. Since 2015, Federation's Jewish Endowment

Foundation Common Fund has awarded more than \$260,000 in scholarships to more than 240 college bound students. Approximately thirty students are selected each year to receive this scholarship.

Federation's SCJW Scholarships are available to qualified high school students and undergraduate students residing in Chicopee, Springfield, East Longmeadow, Longmeadow, Wilbraham, Hampden, Agawam, or West Springfield. The SCJW established its first scholarship fund in 1943. Since then, the scholarship fund has grown substantially. In 1992, the SCJW transferred their funds to Federation's Jewish Endowment Foundation. Since 1992, it has awarded more than \$2.5 million dollars to financially assist thousands of local students in their pursuit of higher education.

Recipients for both scholarship types are chosen based on academic performance, financial need, and community involvement. Once chosen, undergraduate students are eligible to renew their awards for their full four years of college. The application deadline for Federation's Jewish Endowment Foundation Common Fund scholarships and SCJW scholarships is March 28, 2025. To apply, visit <https://jewishwesternmass.org/grants-scholarships>.

## Mayoral breakfast set for March 6

AGAWAM – The West of the River Chamber of Commerce is hosting the VIP Mayor Breakfast on Thursday, March 6 from 7:30 to 9 a.m. The event will be held at Partners/Tansey's Catered Table on Springfield St. in Agawam. Agawam Mayor Christopher Johnson and West Springfield Mayor Will Reichelt will be on hand to discuss happenings in each town and as well as collaborative efforts going on.

The mayors will also take questions from those in attendance. You can also submit questions to [robin@westoftheriverchamber.com](mailto:robin@westoftheriverchamber.com). The cost is \$40 for chamber members and \$50 for non-members. To register, go to the West of the River website.

## Notice of Zoning Board of Appeals open position

AGAWAM – Please be advised that there is an opening on the Agawam Zoning Board of Appeals effective January, 2025.

The opening is for an alternate position. Interested parties should contact Barbara Bard in the City Council Office at 413-726-9716 or send in a letter of interest to [bbard@agawam.ma.us](mailto:bbard@agawam.ma.us) as soon as possible.

## Schools & Youth

### COLLEGE NOTES

### Dean's List at Nichols College

DUDLEY – Nichols College is proud to recognize the academic accomplishments of students on the fall 2024 Dean's List.

The following local students have achieved dean's list honors for the fall 2024 semester:

Colin Bronner of Agawam and Owen Connery of Feeding Hills.

### President's List at Nichols College

DUDLEY – Nichols College is proud to recognize the academic accomplishments of students on the fall 2024 President's List.

The following local students have achieved president's list honors:

Isabella Fleury of Agawam and Erin Mahoney.

### AIC Dean's List

SPRINGFIELD – American International College in Springfield, is proud to announce that 473 students have earned a place on the Dean's List for the fall 2024 semester. The following students have achieved Dean's List honors:

Diana Ganovska of Feeding Hills, majoring in Nursing

Joe Liquori of Feeding Hills, majoring in General Business

Brittany O'Grady of Agawam, majoring in Nursing

Mia Wood of Agawam, majoring in Exercise Science

## GSHFH introduces virtual program

WEST SPRINGFIELD — Greater Springfield Habitat for Humanity is thrilled to introduce its newest virtual program, "Habitat Home School." Get it, "home" school.

Habitat Home School is a monthly interactive online class that teaches its participants how to become financially ready to apply for Greater Springfield Habitat's homeownership program. The inaugural class "Building Strong Credit" will be held in English on Wednesday, Feb. 12, at 5 p.m.; and Tuesday, Feb. 18, at 5 p.m. for Spanish speakers. There is no cost to attend, but registrations are required. To sign up for the English class, visit: [bit.ly/40CmjRS](https://bit.ly/40CmjRS). For the Spanish class, register here: [bit.ly/4avadNC](https://bit.ly/4avadNC)

"I would like this series to be a pre-application course so people are more prepared from the financial review aspect of the application process," said Olga Calligos, GSHFH Homeowner Programs coordinator and the creator of this project. "It's not mandatory, but highly recommended as it's a positive stepping stone for anyone interested in homeownership and it's definitely a good idea to attend all of them so there is no missed information."

Each Habitat Home School session will last one to two hours and tackle a different

topic each month. Attendees should expect to participate in engaging activities and ask questions.

The courses will be taught by Operation HOPE representatives. Operation HOPE is a nonprofit that offers financial literacy, coaching, and advocacy for low and moderate-income individuals and communities.

GSHFH is a housing ministry dedicated to strengthening communities by empowering low-income families to change their lives and the lives of future generations through homeownership and home repair opportunities. This is accomplished by working in partnership with diverse people, from all walks of life, to build and repair simple, decent, affordable housing. Habitat's mission to provide homeownership opportunities to low-income families is unique as we offer a hand up not a hand out, requiring partner families to work alongside the community they will live in. GSHFH has helped roughly 100 local families realize their dream of homeownership over the last 38 years.

For more information, contact Olga Calligos, Homeowner Programs coordinator, at [calligos@habitatspringfield.org](mailto:calligos@habitatspringfield.org) or (413) 739-5503 x1003.

# Opinion

## Guest Column



### Reader seeks clarification of Medicare IRMAA and MAGI

Dear Rusty:

I am confused by an article in my local newspaper which said that Modified Adjusted Gross Income, on which my Medicare Part B premium is based, is my Adjusted Gross Income, plus any non-taxable interest, plus 50% of the social security I received.

The part that is confusing is the 50% part. When I look at my tax return my Adjusted Gross Income includes the taxable portion of my Social Security benefit which, in my case, is 85% of my total benefits. Why must 50% of benefits be added to my AGI if it is already included in my total AGI?

Signed: Confused

Dear Confused:

The article you refer to was misleading for stating that the Modified Adjusted Gross Income used to determine your Medicare premiums includes your normal Adjusted Gross Income from your income tax return, plus any non-taxable interest you may have had, plus 50% of the SS benefits you received during the tax year. What the article should have said was that the MAGI, which determines your Income-Related Monthly Adjustment Amount to your Medicare premiums consists of your normal AGI from your tax return, which includes the taxable portion of your Social Security benefits, plus any non-taxable interest you may have had.

For additional clarity, the Income-Related Monthly Adjustment Amount is a supplemental amount added to the standard Medicare premium for those with higher incomes. The thresholds at which the IRMAA supplements apply depend on your IRS filing status, and your MAGI determines the amount of supplement which will be added to the standard Medicare premium.

Single filers with MAGI over \$103,000 or married filers with MAGI over \$206,000 will see an IRMAA supplement added to their Medicare premium. Those whose MAGI is under the first IRMAA threshold pay the standard Medicare premium, but those whose MAGI exceeds the first IRMAA threshold above will pay more.

How much more depends on how much their MAGI exceeds the first IRMAA threshold by. The IRMAA supplement (the additional premium amount) could be anywhere from \$69.90 to \$419.30 per month for Medicare Part B (coverage for outpatient services) or an additional \$12.90 to \$81.00 per month to the Medicare Part D (prescription drug

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DAVE GRANLUND © www.davegranlund.com

## Guest Column

### Creating a "wow" factor at home



This past week I've been hard at work trying to come up with new and exciting garden ideas for the entrance areas of Old Sturbridge Village.

It's a job I've done for decades now, and maybe I take for granted how cool it is to work for a place that many people visit each year. I want to give visitors something to rave about with my color combinations and plant selections!

Read on, straight from the archives, to bring some of this "wow factor" attitude home to your own landscape.

How often have you visited an outdoor museum, amusement park or resort and felt inspired by the gardens or container plantings used to adorn the property? Chances are you may have even used an especially delightful display as a backdrop for a family photo or two.

Tourist attractions such as these put "their best foot forward" each season of the year to awe their customers with spectacular combinations of unique plants, so that no matter when the visit is planned, the guest leaves with the feeling something special was done in their honor.

We can treat our home gardens in a similar fashion. Why not? Certainly we deserve to have exceptional plantings, for our own enjoyment and for the compliments they will elicit from our friends.

So instead of utilizing border plantings that provide only glimpses of color in the spring, summer and fall, devote entire beds to the showiest plants available for the time of year and change them with the seasons.

These types of gardens don't have to be very large, but they do have to be situated for optimal effect. Think "location, location, location!"

If you have a long driveway, consider placing a "welcome garden" just as you turn down the path. Since it will be viewed from a distance, and from a single vantage point, make the bed more wide than narrow, and raise the height of the soil in the back of the bed a bit for a multidimensional appearance.

Utilize large, bold flowers, bright colors, and strong foliage forms- these will capture the eye en route.

Which door do you or guests normally use to enter and exit the house? Plant a small garden nearby, one that can be admired up close, each time you pass by it.

Here, the intricacies of color and form can be fully appreciated, whereas in the garden out front they would be lost. Experiment with a variety of flower and foliage shapes and color schemes.

Don't be afraid to use delicate or small flowers, or those that are mottled or two-tone. Likewise, variegated and cut-leaf foliage can make for interesting inspection if properly paired with surrounding plants.

Similar beds or container plantings can be planned for patio or pool-side, or for other areas within the landscape that might be suitable for entertaining. Simply tailor the gardens to the timeframe in which these locations are used most often, and choose your plants accordingly.

Next week we will get into the "nitty-gritty" of each of the three seasons: spring, summer and fall, and how to capture the essence of each in your plantings. You too can have museum quality gardens within your home landscape!

Roberta McQuaid graduated from the Stockbridge School of Agriculture at the University of Massachusetts. For 33 years she has held the position of staff horticulturist at Old Sturbridge Village. She enjoys growing food as well as flowers. Have a question for her? Email it to pouimette@turley.com with "Gardening Question" in the subject line.



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LETTERS TO THE EDITOR

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The Agawam Advertiser News welcomes readers to participate in this year's election campaigns by writing letters to the editor for publication on these pages. Letters of up to 250 words from local residents endorsing candidates on the ballot or discussing campaign issues should be sent to The Agawam Advertiser News, care of Turley Publications, 24 Water St., Palmer, MA 01069, faxed to 413-289-1977 or emailed to aan@turley.com. Please include a daytime telephone number for verification purposes (it will not be printed). Letters must be received by noon Monday to be considered

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Campaign news

As part of its election coverage, the news-

paper plans to print stories about contested races for Congress, state Senate, state House, district attorney and Governor's Council during the weeks leading up to the election, as well as a question-and-answer voters guide. In order to ensure fairness to all candidates, no political press releases will be printed, nor will reporters cover political rallies or fundraisers.

Candidates who wish to further publicize their candidacy, beliefs and events may contact advertising, 413-283-8393 about paid advertising in The Agawam Advertiser News.

# Opinion



I received an email from a Hampden resident on Dec. 6. She reported a bald eagle perched in tree in her backyard. She said, "The adult bald eagle sat in the tree for a while, then swooped over my house to the north. This was the first time I had a sighting of a bald eagle in my yard."

I saw an adult bald eagle perched in a tree by a field along Route 67 in New Braintree on Jan. 17. It is always a thrill to see an eagle.

The bald eagle is a large 31 inch long dark bird with a white head and white tail. Immature eagles have dark feathers with white mottling on the wings and tail and variable amounts of white on the belly. They keep their immature plumage for four years.

Eagles eat mostly fish and birds. They also will eat carrion and some mammals like rabbits. The female lays one to three bluish white eggs in a massive platform nest of sticks and vegetation lined with moss and grasses. These nests are placed on cliff ledge or in the fork of a tree.

Eagles congregate at feeding areas in late winter and early spring. They inhabit coasts, lakes and large rivers. The eagle has a repeated piercing scream given between



Bald eagle



Bluebird

a pair and a rapid series of chirps given at the nest. Eagle populations are recovering from series declines due to the use of DDT, which caused thinning of their egg shells.

### Bluebirds

A North Brookfield resident had half a dozen bluebirds at his feeder on Jan. 9. Another Hampden resident reported the bluebirds were back in a Jan. 17 email. He said, "He puts out a container of warm water every morning and puts a scoop of critter food on the ground every morning."

### Great blue heron

The same Hampden resident with the bluebirds said in Dec. 5 email a great blue heron "has been visiting my fish pond early mornings and late afternoons for the past couple of weeks. It has consumed over 20 goldfish in the three foot deep pond."

### Pine warbler

A reader some time ago had a bird with a lot of yellow. She identified it as a pine warbler. She said she never had a pine warbler come to her nuggit feeder before and she has lived there for 40 years. She also included a photo of a mocking bird sipping sap from a maple tree after the yellow bellied sapsucker made multiple holes in the bark.

### Rescue of iced in loons

The Loon Preservation Committee reported, "On Dec. 14, [they] responded to a report from Weare Reservoir (aka Horace Lake) in Weare, New Hampshire. As the reservoir froze, a juvenile loon became trapped in a small (15 foot diameter) hole

of open water. Fortunately, the opening was not far from shore and LPC Senior Biologist, John Cooley, was able to make his way out across the newly-formed ice to capture it. LPC staff then evaluated the loon, taking blood and x-rays. No problems were detected, and the loon was released onto the ocean that afternoon." The loon received two bands per leg in a unique color combination that will enable us to identify it if it returns to a New Hampshire lake in the future.

The LPC also reported, "That same night [Dec. 14], we received a call from volunteers on Franklin Pierce Lake. There, too, a juvenile loon was icing-in and with cold temperatures predicted overnight, its situation was not likely to improve. On Dec. 15, LPC staff headed to the lake. The loon was much further from shore than the loon on Weare Reservoir had been, but the ice was solid and we were able to capture the loon. The loon was given a physical examination on site and no obvious problems were detected. Because it was late in the day and we wanted to make sure the loon had plenty of daylight to explore and get acquainted with its new surroundings, we opted to have the loon stay overnight with wildlife rehabilitator Maria Colby of Wings Wildlife Rehabilitation Center. We banded it and released it onto the ocean at Odiorne Point the following morning."

People may report a bird sighting or bird related experience by calling me at 413-967-3505, leaving a message at extension 100, emailing mybackyard88@aol.com or edowner@turley.com or mailing to Barre Gazette, P.O. Box 448, Barre, MA 01005.

## The alcohol conundrum



your health

By Teri (Dreher) Frykenberg, RN  
Guest Column

Excessive alcohol consumption has long been recognized as an illness that contributes to societal problems like drunk driving and domestic violence, along with a host of physical ailments that are potentially fatal.

Right up until the 21st century, though, there was consensus that moderate alcohol intake did little harm, and might even have had some health benefits. Red wine, in particular, was found to contain antioxidants like resveratrol that may lower blood pressure and polyphenols, which may improve blood flow to the heart.

That was then, and this is now. Increasingly, research is finding that the risks of even moderate alcohol intake outweigh its benefits. Alcohol consumption is a risk factor for several types of cancer, including breast, colorectal and oral cavity cancers. According to the National Cancer Institute (NCI), moderate drinkers have a 1.23-fold higher risk of alcohol-related cancers.

The World Health Organization (WHO) says that there is no safe level of alcohol consumption, and that even relatively low

levels can increase the risk of breast cancer.

And a large British study released just this month found "light" drinking (about an ounce of spirits a day for men and half an ounce for women) was associated with an increase in cancer deaths among older participants. The risk was greater for those who had existing health problems or who lived in low-income areas.

Just as cigarettes were once thought to be healthful and are now known to be dangerous, alcohol is on a trajectory to becoming another health pariah. Dr. Victoria Amesbury, an internist who has been practicing for 36 years, would be OK with that.

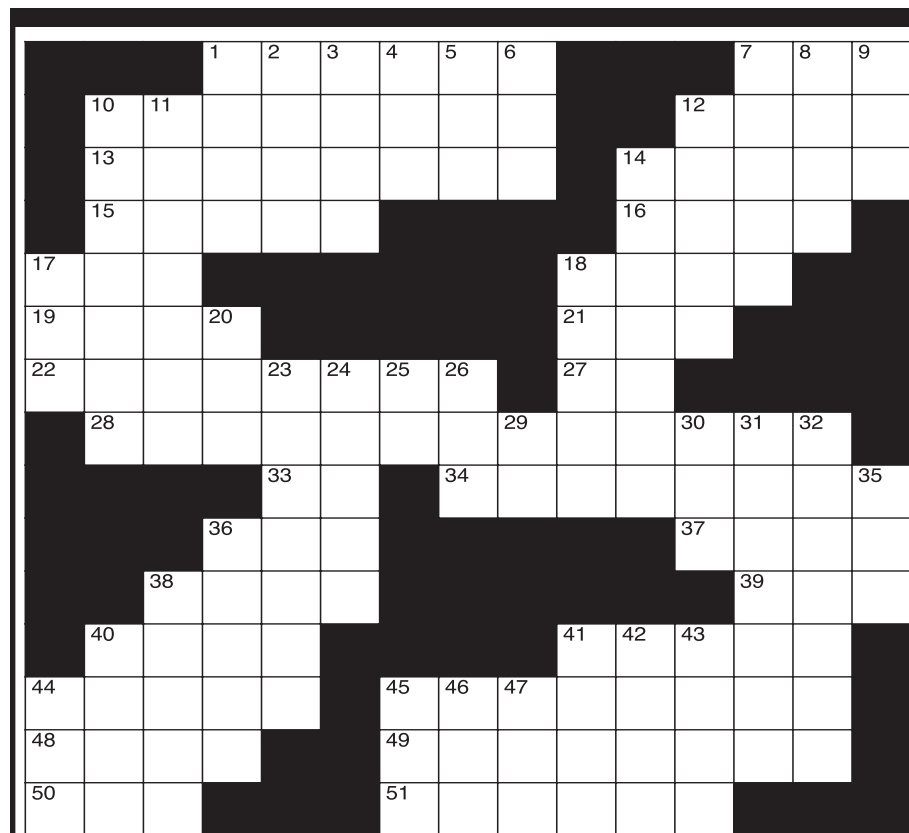
"One of the amazing things I run into all the time is well-educated women who drink," she says. "There are studies that indicate even two drinks a week is toxic, and that it is now thought there is a definite connection between alcohol and breast cancer."

"But when I tell a patient to stop drinking, they say all their friends drink and they don't want to be an outcast."

There's the rub. Alcohol is so ingrained in our society that it's hard to imagine life without it. Around the time America was founded, alcohol was actually thought to warm the body and aid digestion. It was used to treat colds and fevers and even given as a sedative during childbirth. During the mid-19th century, alcohol was the main painkiller used in surgery.

Look back at movies from the '30s and '40s (I'm thinking particularly of "The Thin Man" series) in which cocktails took center stage, consumed by glamorous people.

HEALTH | page 11



### CLUES ACROSS

- 1. Where entertainers perform
- 7. Miller beer variety
- 10. Ageless
- 12. River in SE Europe
- 13. Able to be repaired
- 14. Type of wrap
- 15. Atomic #54
- 16. Type of tent
- 17. U.S. Treasury position
- 18. Opposed to
- 19. Protective covering
- 21. Bridge building degree
- 22. Clouding of the lens
- 27. Priestess of Hera loved by Zeus
- 28. Unacceptable
- 33. Mr. T's "The A-Team" character
- 34. American national

### CLUES DOWN

- 36. One point south of due east
- 37. Assist in a crime
- 38. Greek mythological personification of Earth
- 39. A major division of geological time
- 40. German courtesy title
- 41. English family dating back to Norman times
- 44. Discounts
- 45. South American nation
- 48. Former Milwaukee Buck Michael
- 49. Hostile
- 50. Passports and drivers licenses are two
- 51. Discourages from doing

### CLUES DOWN

- 1. Supreme god of ancient Egyptians
- 2. Nevada city
- 3. Energy, style and enthusiasm
- 4. Bird's beak
- 5. Language
- 6. Midway between south and southeast
- 7. Punjab village
- 8. Small biting flies
- 9. Sportscaster Patrick
- 10. A way to get around
- 11. Repeat
- 12. A way to cook with fat
- 14. Temporary loss of consciousness
- 17. Reciprocal of a sine
- 18. Fir tree genus
- 20. "Transformers"

### CLUES DOWN

- 23. Criminals who steal
- 24. Genus of leaf-footed bug
- 25. Music product
- 26. "Talk to you"
- 29. Santa says it three times
- 30. Doctors' group
- 31. African nation
- 32. Ageless
- 35. When you hope to get somewhere
- 36. Worn
- 38. Deprives of vigor
- 40. Used to have (Scottish)
- 41. Where you live
- 42. Muslim ruler title
- 43. Basics
- 44. Type of drug (abbr.)
- 45. Spanish soldier
- 46. It precedes two
- 47. Illuminated

CROSSWORD SOLUTION ON PAGE 9

### SECURITY | from page 4

plan) premium - again dependent on how much over the initial MAGI threshold the person is for their IRS filing status. You can see the MAGI levels and corresponding IRMAA supplements by visiting this Medicare website at [www.cms.gov/newsroom/fact-sheets/2024-medicare-parts-b-premiums-and-deductibles](http://www.cms.gov/newsroom/fact-sheets/2024-medicare-parts-b-premiums-and-deductibles).

IRMAA and MAGI can be confusing. If people have questions about their Medicare premiums, help is available by emailing [SSadvisor@amacfoundation.org](mailto:SSadvisor@amacfoundation.org) or calling 1-888-750-2622.

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Youth Associate Isabelle Malvezzi showed kids her own example galaxy jar.



The kids attending the galaxy jar program lined up to pick out their paint colors.



Youth Associate Isabelle Malvezzi passed out the glitter options to Jesse Poirier.



Kaylee Mullen focused on creating the paint, water and glitter mixture to add to her jar.

**GALAXY** ■ from page 1

She was also pleasantly surprised by how intelligently the kids approached their different color combinations for their jars.

"I didn't expect color theory to become part of the lesson but it did and it was so fun," Malvezzi said.

Each kid had a lot of fun experimenting with the jars, whether it be by trying different color combinations, testing how much they had to tear up their cotton balls or seeing how the amount of water added to the jar affected how the cotton balls absorbed the paint.

All of their jars came out wonderfully, and they had the option to take home the instructions so they could replicate the craft at home.

This fun craft is not the only event the library has planned throughout the next month.

On Feb. 5 at 6 p.m. there will be a pajama story time for kids ages three to eight and their families. There will be a story and a craft, and kids are invited to wear their pajamas and bring a stuffed animal.

In February there is also going to be a "will it chocolate?" event, where

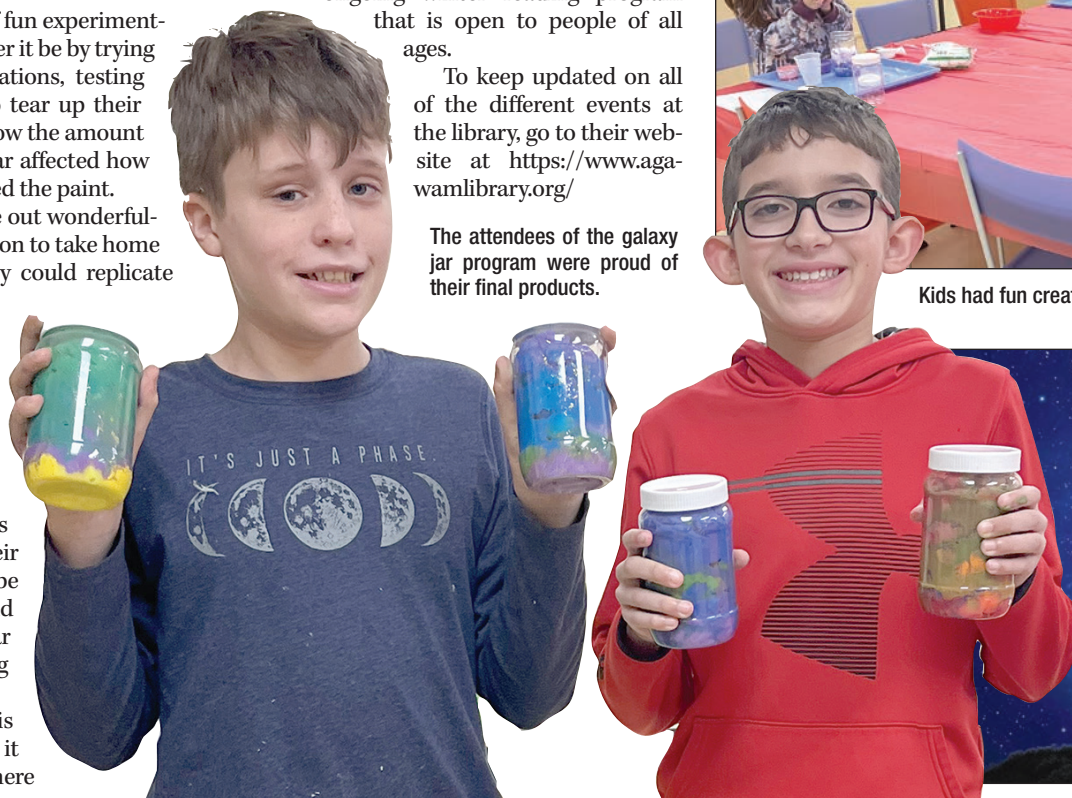
kids will get to dip different foods in a chocolate fondue. This will be available for grades three through six.

Additionally, in February the library will hold a "minute to win it" challenge event for kids in grades five and six.

On top of all of this, the library has their ongoing winter reading program that is open to people of all ages.

To keep updated on all of the different events at the library, go to their website at <https://www.agawamlibrary.org/>

The attendees of the galaxy jar program were proud of their final products.



Kids had fun creating galaxy jars at the Agawam Public Library.

TURLEY PHOTOS BY QUINN SUOMALA

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# SPORTS

## Girls basketball keep on winning

By Tim Peterson  
Sports Correspondent

FISKDALE—Playing a game inside a fieldhouse for the first time this season really didn't bother the members of the Agawam girls' basketball team very much, especially in the first half.

The Brownies, who held a 15-point halftime lead in last Tuesday night's game at the Tantasqua Fieldhouse, coasted to a 41-22 non-league victory over the Lady Warriors.

"We've never played a game here before and it's a very interesting place," said Agawam senior co-captain Mia Canavan. "There isn't any fieldhouses in Western Mass., but the size of the court is about the same as our home gym."

It was the first ever meeting on the hardwood between the two squads.

While the road victory im-

proved Agawam's overall season record to 11-2, Tantasqua's record fell to 3-7, as they lost their seventh consecutive game.

"We were looking to end our losing streak in tonight's game," said Tantasqua head coach Andy Haley. "We just had too many turnovers. We only have one senior, so this is a rebuilding season for us. We just need to keep improving in every game."

Tantasqua, who's a Division 3 team, has several other Western Mass. opponents listed on their regular season schedule. They lost to Minnechaug Regional at home earlier in the season. They'll be playing at Longmeadow on February 5 before hosting Holyoke in the regular season finale a week later.

The Lady Warriors are the only Central Mass. opponent listed on



Mia Canavan takes a free throw.



Hannah Solitario passes out of the paint.

TURLEY PHOTOS BY GREGORY A. SCIBELLI



Isabella Laprise fakes a pass as she nears the basket.



Carlina Calabrese looks for an open teammate.

BASKETBALL | page 8

## Win over Lancers lands Agawam in tournament

WEST SPRINGFIELD – Last Monday morning, Agawam had a holiday matchup with Longmeadow at Olympia Ice Center.

The Brownies were led by two

goals from Aiden Pisano and a 35-save effort from Dimitri Huey as they took home a 4-1 win to improve to 8-3 on the season. The eighth win will qualify Aga-

wam for the state tournament. Agawam is also continuing to improve its chance of qualifying for the Western Mass. Tournament.

In the win, AJ Robbins also scored for Agawam.

The Brownies are in action on Saturday at home against McCann Technical at 6:30 p.m.



Trevor Del Barba gets ready to shoot.



Camden Saltmarsh corral the puck.



Cole Buffum approaches the opposition.



Aiden Pisano heads for the goal.  
TURLEY PHOTOS BY DAVID HENRY WWW.SWEETDOGPHOTOS.COM



Kaeden Clifford is pursued by the opposing defense during recent play.



Casey Thomas gets a stick on the puck.

## Brownies swimming reaches .500

AGAWAM – Last Friday afternoon, Agawam High School girls swimming hosted Chicopee Comprehensive and scored a very convincing win 115-60.

Among double-winners was Agawam's Angela Privdenyuk. She took the diving competition and the 100 freestyle. Vincy Cheung took the 200 freestyle and then the 100 breaststroke. Hannah Newsome got the win in the 100 backstroke. Agawam also took all three relay events.

The Brownies improve to 3-3 on the season and were scheduled to face Belchertown and East Longmeadow end the regular season.

The boys swimming team was defeated by Chicopee Comp 112-54. There were some individual wins for the Brownies. Camryn Saroglou took the 200 individual medley and Vincent Silva was the winner in the 100 freestyle. Also grabbing a win was Vrijenhoek Ayden in the 100 breaststroke.

### How to contact the Sports Editor

Have the scoop on a local sports story? Want to submit a team photo or pass along a potential story idea?

Please send all sports-related press releases and information to Sports Editor Greg Scibelli at: [sports@turley.com](mailto:sports@turley.com) or call, 1-413-283-8393.

# Sports

## Thunderbirds fall in shootout against Providence Bruins

SPRINGFIELD – The Springfield Thunderbirds (18-17-2-2) got a combined eight points from their top line but ultimately fell in a shootout by a 4-3 score to the Providence Bruins (23-13-3-1) last Saturday night before a seventh sellout crowd this season at the MassMutual Center.

T-Birds captain Matthew Peca got the capacity crowd energized just 3:48 into the first period, taking a slip pass from Matt Luff in the high slot and wiring a shot over Brandon Bussi's blocker to give Springfield the 1-0 advantage.

Springfield carried over their strong special teams night on Friday by dispatching the Bruins' lone power play of the first period, but the Providence attack kept pressing the issue. Georgii Merkulov evened the slate at 13:35 with a one-touch finish from just

outside the blue paint, beating Vadim Zherenko upstairs to tie the score 1-1.

Neither team generated much offense in the closing minutes of the period, and the tie game carried into period two, with Providence outshooting Springfield 10-6 in the opening 20 minutes.

The Bruins vaulted to their first lead just 1:59 into the second period when Frederic Brunet found a home with a point shot off a faceoff play, making it 2-1. The T-Birds had a golden chance to get back in the game as they went to a 4-on-3 power play shortly after the Brunet tally, but Bussi and the Providence penalty killers held the fort.

Later in the frame, with Providence on a power play, Ian Mitchell rocketed a one-timer past Zherenko, and the visitors' lead grew to 3-1 at 11:04 of the frame.

In desperate need of a spark, Peca and the top line provided one at 15:32 when the captain entered the zone and lifted a shot over the net. Fortunately enough, the puck careened right to the side of the goal, where MacKenzie MacEachern jabbed it through Bussi to bring Springfield back to within a goal, 3-2. With the good fortune, the veteran winger picked up his fifth goal in his last nine games.

On the very next shift, MacEachern and Peca were at it again, with the captain spotting MacEachern behind the net, and the winger blindly throwing a perfect pass in front of the goal to Luff, who mashed it home before Bussi could position himself and, thanks to two goals in just 18 seconds, the game was tied, 3-3, heading into the third.

Springfield kept pressing in the final period, but Bussi and the top defensive squad in the AHL kept the home side from gaining the advantage. Zherenko was also up to the challenge, stopping five shots in the third, including a dangerous close-in chance for Fabian Lysell in the dying minutes.

3-on-3 overtime proved to be a showcase of the two netminders' skills, as Bussi and Zherenko traded spectacular saves during the frenetic five-minute frame. Each team had four chances to ice the game, but thanks to the goalies, a shootout would be needed.

Merkulov ultimately made the difference, beating Zherenko in the opening round of the skills competition, while Bussi turned away Tanner Dickinson, forced Luff to hit a post, and then stonewalled Dalibor Dvorsky to earn the extra point for Providence.

## Worcester's point streak ends in loss at Maine Mariners

PORTLAND, Me. – Worcester's eight-game points streak, second-longest in team history, ended here Friday night via a 4-2 loss to the Maine Mariners. The Railers fell behind very early, eventually trailed by 3-0, and were never able to summon the energy to come all the way back.

"I thought they were flat," coach Nick Tuzzolino said. "I thought they were emotionless in the first period. It was not my favorite game with that group."

The defeat was part of a bad standings night for Worcester. Two teams trailing them in the battle for the fourth playoff spot both won. Maine closed to within five points of Worcester and has three games in hand. Reading, suddenly very hot, also won.

The Royals are 5-0-1 in their last six games. They are just one point behind Worcester. Both teams have played 40 games.

Griffin Luce and Jordan Kaplan had the Worcester goals. Luce's was his fifth of the season, extending a career high.

Jacob Hudson, Tristan Thompson, Owen Pederson and Nick Jermain scored for Maine. Hudson made it 1-0 a mere 67

seconds into the game as the Railers got off to a tentative start.

Once again a Railers game was stagnated by goal reviews. There were two. Both went against Worcester. One was an overturn of a floating shot by Kaplan that went over goalie Maine goalie Ryan Bischel's glove with Griffin Loughran in front in the first period.

Right after that, Thompson scored a power play goal that looked like Michael Bullion was interfered with. That goal held up.

It was a game of hard feelings. There were 23 penalties called good for a combined total of 84 minutes, a season high.

Luce's goal came at 6:07 of the third period. It cut the Maine lead to 3-1 and was scored only 21 seconds after Pederson's goal. Kaplan scored on a pretty wrap-around at 14:40 for the game's final goal.

Bischel got the win as he stopped 27. Bullion made 28 saves for Worcester.

Recent Railers games have been overrun with goal reviews and it really takes away from the flow and momentum. Worcester's last eight games have averaged 2 hours, 37 minutes. That is well above standards from past seasons.

## Jack Baldwin to take part in modified tour this season

Tommy Baldwin Racing announced Wednesday that Jack Baldwin will pilot the historic 7NY in over 20 Tour-Type Modified events during the 2025 season.

The bulk of the races will come on the SMART Modified Tour - as Baldwin will compete in the full 14-race calendar driving the 7NY. Jack has two SMART Modified Tour starts to his credit, scoring 5th and 8th place finishes in 2024.

Jack will also compete in the Tour-Type Modified events at New Smyrna Speedway's World Series of Asphalt Stock Car Racing from February 10-14, along with end of the season events at Riverhead Raceway (Islip 300) and Wall Stadium Speedway (Turkey Derby). Additional events may be announced at a later date.

Jack is the reigning 602 Modified champion at New Smyrna and has multiple 602

Modified wins. In 2025, he will chase his first career Tour-Type win.

"Jack has run select events the last few years but we're excited to have him a full season in the Tour-Type Modifieds to continue to gain experience and refine his skills behind the wheel," team owner Tommy Baldwin Jr. said. "He will be running against stout competition in every race he runs."

"I'm definitely excited to get the chance to race on the SMART Modified Tour full-time," Jack said. "Watching the series the last few years, you can tell the racing is tight and the competition is unlike anything else when it comes to Modified racing in the south. Driving the 7NY and working with our family team all year will be special. Excited to kick it off with Speedweeks at New Smyrna."

### BASKETBALL | from page 7

the Brownies schedule.

"It's nice playing a team that we normally don't play against," said Agawam head coach Tim Murphy. "Tantasqua has been a very good basketball team during the past couple of years."

During the first half, Agawam, who's a Division 2 team, was shooting at the basket that has a large curtain hanging from the ceiling behind it. The background behind the basket at the other end of the court is wide open.

"We did have a very good shooting background in the first half, which really helped us a lot," Canavan said. "It was a little more difficult in the second half when we were shooting the ball at the end of the court where there wasn't any background."

Canavan, who's planning to play college basketball next year, scored nine of her game-high 13 points in the first half. She made five field goals and three foul shots.

Canavan was helped offensively by junior Isabella Laprise, who finished the game with 11 points. Isabella's twin sister, Sophia, checked in with seven points and senior co-captain Katelyn Cleavall added five points.

Another Agawam senior is Marlee Montagna, who suffered a season ending ACL injury a couple of weeks ago. She kept the scorebook and cheered on her teammates during the road game.

"Marlee is one of our best players and it's been difficult not having her on the court with us," Canavan said. "It's been an adjustment, but she's still supporting us at every game. We just need to find different

people to fill her role. This is a very special team, and we get along with each other very well."

The Lady Warriors leading scorer was sophomore Tessa Sheldon, who scored eight of her 10 points during the first quarter. No other Tantasqua player scored more than four points.

The Brownies raced out to an early 6-0 lead as Isabella Laprise made a wide open lay-up which was followed by a pair of Canavan's inside hoops.

"We made some shots at the beginning of the game, which helped us build a lead," Murphy said. "Even when we were struggling offensively in the second half, it didn't affect us very much because we had a large lead."

After making a driving lay-up, Sheldon knocked down two 3-pointers from both the left and right corners giving the Lady Warriors an 8-7 lead with 4:15 left in the first quarter.

The home fans didn't have very much else to cheer about during the rest of the game.

The Brownies closed out the opening quarter with a 7-0 run and they entered the second stanza holding a 14-8 lead.

An inside basket by senior Maggie Johnson (4 points) did slice the deficit to 14-10 a minute into the second quarter, but the Lady Warriors wouldn't get any closer than that.

Isabella Laprise hit a 3-pointer from the left side and a lay-up. Then Canavan made another inside hoop before Sophia Laprise buried a 3-pointer from the left corner, which gave the Brownies a 24-10 lead with three minutes remaining in the first half.



Sophia Laprise goes for a rebound.

TURLEY PHOTOS BY DAVID HENRY WWW.SWEETDOGPHOTOS.COM

Agawam's largest lead of the first half was 28-11 before a Sheldon inside hoop sent her team into the locker room trailing, 28-13 at halftime.

The Brownies held a 36-13 lead after scoring the first eight points of the third quarter.

Canavan scored half of those points. The other four points were scored by senior Emma LaCaresse (3 points) and Isabella Laprise.

The Lady Warriors did put-together a 9-0 run at the end of the third quarter and the start of the fourth quarter.

A Johnson put-back basket and a 3-pointer from freshman Violet Spooner (3 points) made the score 36-18 entering the final eight minutes.

Freshman Liv Kearns also made another 3-pointer for the home team at the beginning of the fourth quarter before junior Abbie Wotton made a foul shot with 3:55 left in the game.

Agawam, who was leading 36-22, scored the final five points of the contest. Cleavall and sophomore Maya Gengeruha each made a field goal, while LaCaresse added a free throw.



Katelyn Cleavall shoots for the Brownies.



# Public Notices

**Commonwealth of Massachusetts**  
**The Trial Court**  
**Probate and Family Court**  
**Hampden Probate and Family Court**  
**50 State Street**  
**Springfield, MA 01103**  
**(413)748-7758**  
**Docket No. HD25P0117EA**  
**Estate of:**  
**Eleanor Doris Beauchane**  
**Also known as:**  
**Eleanor Beauchane**  
**Date of Death: 01/06/2020**  
**CITATION ON PETITION FOR FORMAL ADJUDICATION**

To all interested persons:  
 A Petition for **Late and Limited Formal Testacy and/or Appointment** has been filed by **George J Beauchane of Feeding Hills, MA** requesting that the Court enter a formal Decree and Order and for such other relief as requested in the Petition.

The Petitioner requests that: **George J Beauchane of Feeding Hills, MA** be appointed as Personal Representative(s) of said estate to serve **Without Surety** on the bond in **unsupervised administration**.

**IMPORTANT NOTICE**  
 You have the right to obtain a copy of the Petition from the Petitioner or at the Court. You have a right to object to this proceeding. To do so, you or your attorney must file a written appearance and objection at this Court before: **10:00 a.m. on the return day of 02/19/2025**. This is NOT a hearing date, but a deadline by which you must file a written appearance and objection if you object to this proceeding. If you fail to file a timely written appearance and objection followed by an affidavit of objections within thirty (30) days of the return day, action may be taken without further notice to you.

**UNSUPERVISED ADMINISTRATION UNDER THE MASSACHUSETTS UNIFORM PROBATE CODE (MUPC)**

A Personal Representative appointed under the MUPC in an unsupervised administration is not required to file an inventory or annual accounts with the Court. Persons interested in the estate are entitled to notice regarding the administration directly from the Personal Representative and may petition the Court in any matter relating to the estate, including the distribution of assets and expenses of administration

WITNESS, Hon. Barbara M Hyland, First Justice of this Court.  
 Date: January 21, 2025

**Rosemary A Saccomani,**  
 Register of Probate  
 01/30/2025

**Commonwealth of Massachusetts**  
**The Trial Court**  
**Hampden Probate and Family Court**  
**50 State Street**  
**Springfield MA, 01103**  
**Docket No. HD20P0692PM**  
**In the matter of:**  
**Robert R Devins**  
**Of: Feeding Hills, MA**  
**Protected Person/Disabled Person/Respondent**  
**CITATION GIVING NOTICE OF CONSERVATOR'S ACCOUNT**

To the named Respondent and all other interested persons, you are hereby notified pursuant to Rule 72 of the Supplemental Rules of the Probate & Family Court, that the **Fourth and Final** account(s) of **Paul Jenney of Feeding Hills, MA** as Conservator of the property of said Respondent has or have been presented to the Court for allowance.

**You have the right to object to the account(s).** If you wish to do so, you or your attorney must file a written appearance and objection at this court on or before 10:00 A.M. on the return date of **02/26/2025**. This day is NOT a hearing date, but a deadline date by which you have to object to the account(s). If you fail to file the written appearance and objection by the return date, action may be taken in this matter without further notice to you, including the allowance of the account(s).

Additionally, within thirty days after said return day (or within such other time as the Court upon motion may order), you must file a written affidavit of objections stating the specific facts and grounds upon which each objection is based and a copy shall be served upon the Conservator pursuant to Rule 3 of the Supplemental Rules of the Probate & Family Court.

You have the right to send to the Conservator, by registered or certified mail, a written request to receive a copy of the Petition and account(s) at no cost to you.

**IMPORTANT NOTICE**  
 The outcome of this proceeding may limit or completely take away the above-named person's right to make decisions about personal affairs or financial affairs or both. The above-named person has the right to ask for a lawyer. Anyone may make this request on behalf of the above-named person. If the above-named person cannot afford a law-

yer, one may be appointed at State expense.

Witness, Hon. **Barbara M. Hyland**, First Justice of this Court.

Date: January 22, 2025  
**Rosemary A. Saccomani**  
 Register of Probate  
 01/30/2025

**COMMONWEALTH OF MASSACHUSETTS**  
**The Trial Court**  
**Probate and Family Court**  
**Department**  
**HAMPDEN, Division**  
**Docket No. HD24P1198PM**

To all persons interested in the estate of **Joanne Gallerani** otherwise **Joanne E. Gallerani**, of Agawam, in said County,

A petition has been presented to said Court for license to sell at private sale - public auction certain real estate of said **Joanne Gallerani** otherwise **Joanne E. Gallerani**, for her maintenance.

If you desire to object thereto you or your attorney should file a written appearance in said Court at 50 State Street, Springfield, MA before 10:00 in the forenoon on the **28th day of February 2025**, the return day of this citation.

Witness, **BARBARA M. HYLAND** Esquire, First Judge of said Court, this 21st day of January 2025.

**Rosemary A. Saccomani,**  
 Register  
 01/30/2025

**Commonwealth of Massachusetts**  
**The Trial Court**  
**Probate and Family Court**  
**Hampden Probate and Family Court**  
**50 State Street**  
**Springfield, MA 01103**  
**(413)748-7758**  
**Docket No. HD24A0179AD**

**In the matter of:**  
**Dominic Michael Taylor-Clark**  
**CITATION**  
**G.L. c. 210, §6**

TO:  
 any unnamed or unknown parent and persons interested in a petition for the adoption of said child and to the Department of Children and Families of said Commonwealth.

A petition has been presented to said court by:

**Jessica Bushor of West Springfield, MA** requesting for leave to adopt said child and that the name of the child be changed to

**Dominic Taylor Bushor**  
 If you object to this adoption you are entitled to the appointment of an attorney if you are an indigent person.

An indigent person is defined by SJC Rule 3.10.

The definition includes but is not limited to persons receiving TAFDC, EACDC, poverty related veteran's benefits, Medicaid, and SSL. The Court will determine if you are indigent. Contact an Assistant Judicial Case Manager or Adoption Clerk of the Court on or before the date listed below to obtain the necessary forms.

IF YOU DESIRE TO OBJECT THERETO, YOU OR YOUR ATTORNEY MUST FILE A WRITTEN APPEARANCE IN SAID COURT AT **Springfield ON OR BEFORE TEN O'CLOCK IN THE MORNING (10:00 AM) ON: 02/21/2025**.

WITNESS, **Hon. Barbara M Hyland**, First Justice of this Court.

Date: January 24, 2025  
**Rosemary A. Saccomani**  
 Register of Probate  
 01/30/2025

**Commonwealth of Massachusetts**  
**The Trial Court**  
**Probate and Family Court**  
**Hampden Probate and Family Court**  
**50 State Street**  
**Springfield, MA 01103**  
**(413)748-7758**  
**Docket No. HD25P0123EA**  
**Estate of:**  
**Karen E Walsh**  
**Date of Death: 12/06/2024**  
**CITATION ON PETITION FOR FORMAL ADJUDICATION**

To all interested persons:  
 A Petition for **Formal Probate of Will with Appointment of Personal Representative** has been filed by **Daniel M Walsh of Springfield, MA** requesting that the Court enter a formal Decree and Order and for such other relief as requested in the Petition.

The Petitioner requests that: **Daniel M Walsh of Springfield, MA** be appointed as Personal Representative(s) of said estate to serve **Without Surety** on the bond in **unsupervised administration**.

**IMPORTANT NOTICE**  
 You have the right to obtain a copy of the Petition from the Petitioner or at the Court. You have a right to object to this proceeding. To do so, you or your attorney must file a written appearance and objection at this Court before: **10:00 a.m. on the return day of 02/19/2025**. This is NOT a hearing date, but a deadline by which you must file a written appearance and objection if you object to this proceeding. If you fail to file a timely written appearance and objection followed by an affidavit of objections within thirty

(30) days of the return day, action may be taken without further notice to you.

**UNSUPERVISED ADMINISTRATION UNDER THE MASSACHUSETTS UNIFORM PROBATE CODE (MUPC)**

A Personal Representative appointed under the MUPC in an unsupervised administration is not required to file an inventory or annual accounts with the Court. Persons interested in the estate are entitled to notice regarding the administration directly from the Personal Representative and may petition the Court in any matter relating to the estate, including the distribution of assets and expenses of administration

WITNESS, Hon. **Barbara M Hyland**, First Justice of this Court.

Date: January 22, 2025  
**Rosemary A Saccomani,**  
 Register of Probate  
 01/30/2025

**Commonwealth of Massachusetts**  
**The Trial Court**  
**Probate and Family Court**  
**Hampden Probate and Family Court**  
**50 State Street**  
**Springfield, MA 01103**  
**(413)748-7758**  
**Docket No. HD25P0108EA**  
**Estate of:**  
**Steven Michael Willett**  
**Also known as:**  
**Steven M Willett,**  
**Steven Willett,**  
**Steve Willett,**  
**Steve M Willett**  
**Date of Death: 11/07/2024**  
**CITATION ON PETITION FOR FORMAL ADJUDICATION**

To all interested persons:  
 A Petition for **Formal Adjudication of Intestacy and Appointment of Personal Representative** has been filed by **Daniel J. Willett of Feeding Hills, MA and Terry A. Willett of Feeding Hills, MA** requesting that the Court enter a formal Decree and Order and for such other relief as requested in the Petition.

The Petitioner requests that: **Daniel J. Willett of Feeding Hills, MA and Terry A. Willett of Feeding Hills, MA** be appointed as Personal Representative(s) of said estate to serve **Without Surety** on the bond in **unsupervised administration**.

**IMPORTANT NOTICE**  
 You have the right to obtain a copy of the Petition from the Petitioner or at the Court. You have a right to object to this proceeding. To do so, you or your attorney must file a written appearance and objection at this Court before: **10:00**

a.m. on the return day of **02/18/2025**. This is NOT a hearing date, but a deadline by which you must file a written appearance and objection if you object to this proceeding. If you fail to file a timely written appearance and objection followed by an affidavit of objections within thirty (30) days of the return day, action may be taken without further notice to you.

**UNSUPERVISED ADMINISTRATION UNDER THE MASSACHUSETTS UNIFORM PROBATE CODE (MUPC)**

A Personal Representative appointed under the MUPC in an unsupervised administration is not required to file an inventory or annual accounts with the Court. Persons interested in the estate are entitled to notice regarding the administration directly from the Personal Representative and may petition the Court in any matter relating to the estate, including the distribution of assets and expenses of administration

WITNESS, Hon. **Barbara M Hyland**, First Justice of this Court.

Date: January 21, 2025  
**Rosemary A Saccomani,**  
 Register of Probate  
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**EDUCATION ■ from page 1**

Walsh and her coworkers plan to focus on improving staffing, professional development and training, and instructional delivery.

For staffing, Walsh wants to ensure that Agawam Public Schools have enough special ed staff that students don't suffer if one member has to call out.

"We know we have instances when staff are absent and that causes a domino effect when we have to pull from other resources to fill those spots," Walsh said.

In addition to potentially increasing staffing, Walsh wants to work on improving their training so the staff can better adapt to the evolving student needs.

"Staff are feeling the stress of these changing student needs and some staff are feeling that they don't have the experience or the expertise in order to work with some students that have more extensive needs

and we need to address that," Walsh said.

One way of working on staff training is by improving their professional development. Walsh plans to do this by bringing in PD from outside the district so staff can get new perspectives.

Additionally, she plans to look into the existing PD programs to ensure that they are continuing to help staff to meet students' needs.

These programs will help to improve instruction in the schools, as well as their method of delivery.

A recent and key change in the special ed program is the alteration of how Independent Education Plans are made.

Over the past year, Massachusetts has rolled out a new way of approaching IEPs.

"The new MA IEP form is intended to be more student-focused and also strengths-based," Walsh said. "There is really emphasis that all special education students are general education students first."

**EFFICIENCY ■ from page 1**

tion and eliminate potential frustration for community members.

Johnson chose to work on this now as he was already bringing a new person into the position due to Kerr's retirement, so it made sense to use the opportunity to update the position itself.

Now, Taryn Egerton, who was the assistant planning and conservation officer, is now being promoted to Kerr's position, with the changes added.

Johnson has full faith in her ability to take on this position.

"Taryn has been down there for a while and she came very highly recommended by Pam," Johnson said.

One of Johnson's goals for this year was to look at different positions within the city to try to see how he can improve on efficiency in the town.

He saw an opportunity in this position as Kerr planned to retire and spoke with her about his idea.

"I talked with her extensively about it after she announced her retirement and we worked through it," Johnson said.

Therefore, he believes that this will be a good step forward for the town. He also

hopes to continue doing similar efforts throughout other departments in the town.

This way he hopes to promote interdepartmental collaboration and help create additional support for departments.

"It's about getting departments that work on the same process working closer together," Johnson said.

He mentioned that many departments are fairly small with only a couple of people who work in the office. Therefore, if someone is out for an extended time period, the department can suffer.

By increasing collaboration between departments, Johnson hopes to create a cross training plan so if someone is out in one department someone who has received similar training from a collaborating department can lend a hand/

"Maybe they can split time between the two offices so that everyone's needs can be covered without being in a situation where one department lost their only staff member for the next three months," Johnson said.

Johnson looks forward to seeing how he can continue to promote these kinds of collaborations and keep improving efficiency in the town.

**LIBRARY ■ from page 1**

opportunities that are free so they are accessible to everybody," Delano said.

Additionally, Delano looked forward to watching the kids enjoy the game and also for the teens to teach them a little about how to play.

"I've played a little bit but I never really knew how it worked or what was going on as I played it, so I am looking forward to learning at least a little bit about how it works," Delano said. "I'm also looking forward to watching the kids have fun at the library because that's always a delight."

Delano also plans to begin a teen book club. Currently they hope to have the first meeting in either late February or early March.

The book they will be discussing will be announced within the next week or so. Once it is announced, there will be copies available at the library for anyone inter-

and her coworkers are working with the EmpowerEd program review as a way to improve their approach to special ed.

Dr. Jenna Mancini Rufo is a leader with this program who is working with APS and Walsh has complete faith in her abilities to help Agawam grow.

"She is very focused on inclusion and making sure that kids are getting what they need," Walsh said. "When I heard her speak I thought, 'this is what we need.'"

Rufo and her agency have looked into a variety of factors within Agawam, including MCAS scores, their STAR data and achievement of IEP goals.

Using that, coupled with classroom visits, Rufo will help Walsh and her team to develop a plan to improve their special ed program.

The school committee was grateful for this presentation and they look forward to seeing how Walsh and her team continue to improve special ed in Agawam.

ested to pick up.

On top of this, the library has a variety of events planned for January and February.

For one, their winter reading program began on Jan. 21. This program is available for people of all ages and they can go to <https://agawamlibrary.beanstack.org/> to sign up.

"Teens will have penguin scavenger hunts....," Delano said. (7:00)

The library also has a pajama story time planned for kids ages three to eight. This event is scheduled for Feb. 5 at 6 p.m.

On Feb. 18 there is going to be a show and tell for children in pre-k through fourth grade and on Feb. 19 there will be a series of Minute to Win It games for teens to compete in.

Overall, the library has many events planned for people of all ages. To keep updated on these events, go to their website at <https://www.agawamlibrary.org/>.

**HEALTH ■ from page 5**

How could we not fall in love with booze?

Should we all quit drinking cold turkey, particularly women? That's not likely to happen. Just as everyone hasn't been persuaded to give up cigarettes, not everyone will be persuaded to stop drinking alcohol, no matter what the research says.

I think the question becomes, "How do you mitigate your risk factors if you choose to continue drinking?"

For her patients who continue to drink, Dr. Amesbury recommends abstaining for three or four consecutive days each week, and then consume only light amounts the other days, no more than five ounces of wine. If you want more to drink, mix the wine with club soda or another mixer.

Another tactic is to take a month-long "vacation" from drinking a couple of times a year, say a "dry January" and a "dry July." In those 31 days, research has found, moderate-heavy drinkers can see improvements in insulin resistance, blood pressure, body weight and cancer-related growth factors. It also allows liver cells to recover from alcohol's toxicity.

Only drinking alcohol during meals, drinking slowly, alternating alcoholic and nonalcoholic beverages (particularly water!) are other measures you can take to mitigate some of the risks associated with alcohol.

There is also the growing trend of "mocktails," which can mimic favorite alcoholic drinks in flavor without the buzz. Think about mocktail mimosas, Moscow mules or sangria.

There was a time when a nonsmoker was considered weird, and now smokers are relegated to designated areas, or banned entirely. Maybe a time will come when not drinking is considered the cool thing to do. Until then, do what you can to lower your risk factors.

Teri (Dreher) Frykenberg, a registered nurse and board-certified patient advocate, is the founder of Northshore Patient Advocates LLC (NShore). She is also founder and CEO of Nurse Advocate Entrepreneur, which trains medical professionals to become successful private patient advocates. Teri offers a free phone consultation to newspaper readers as well as to nurses interested in becoming advocates. Reach her at [Teri@NurseAdvocateEntrepreneur.com](mailto:Teri@NurseAdvocateEntrepreneur.com).

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**HELP WANTED**

**ACTIVITIES COORDINATOR**

**Council on Aging for the Town of Oakham is seeking an experienced Activities Coordinator.**

Miscellaneous duties to include supporting current programs and developing new programs to increase attendance and participation of the growing aging population in the Oakham Senior Center. Up to 12 hours per week (flexible) \$20.00/hr. depending upon experience. Resume should be sent to [Admin@Oakham-Ma.gov](mailto:Admin@Oakham-Ma.gov), or mailed to **Board of Selectmen, Town of Oakham, 2 Coldbrook Road, Oakham, MA 01068.**

**COA COORDINATOR** for Town of Westhampton. Description available online at [www.westhamptonma.gov](http://www.westhamptonma.gov). Applications accepted until position filled.

**HAMPDEN POLICE DEPARTMENT** is now accepting applications for a **FULL-TIME police officer.** Review of applications begins immediately. Visit [www.hampdenpolice.com](http://www.hampdenpolice.com) for more information. EOE

**TOWN ADMINISTRATOR Middlefield, MA.**

Part-time, ~960 hrs/yr, \$36-40,000 range. Email resume+ cover letter highlighting strengths/ flexibility to Administrative Assistant: [middlefield.assistant@gmail.com](mailto:middlefield.assistant@gmail.com)

**HELP WANTED**

**TOWN OF BARRE**

**Cemetery Clerk**

The Town of Barre is seeking qualified applicants for the part-time position of Cemetery Clerk. This position is approximately 10 hours per week and the minimum hourly rate is \$15.00/hour and the maximum hourly rate is \$18.02/hour. A full job description is available upon request. Applicants must have HS Diploma or GED, with a minimum of two to three years' experience in office setting, or equivalent combination of education and experience.

Interested applicants should submit a letter of interest to: **Tammy Martin, Town Administrator, 40 West Street, Suite 697, Barre MA 01005** or [townadmin@townofbarre.com](mailto:townadmin@townofbarre.com). For further information, please contact the Board of Selectmen's Office at (978) 355-2504 x135. A.A./E.O.E.

**WILBRAHAM UNITED CHURCH** is hiring a sexton three evenings, 7-10 hours per week, \$16 per hour. Additional compensation for hours needed for weddings and funerals.

Please send resume to [admin@wilbrahamunitedchurch.org](mailto:admin@wilbrahamunitedchurch.org)

More information found at [www.wilbrahamunitedchurch.org/about-us-2/](http://www.wilbrahamunitedchurch.org/about-us-2/)

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## HCC scholarship season opens

HOLYOKE —The Holyoke Community College Foundation will begin accepting scholarship applications for the 2025-2026 academic year on Tuesday, Jan. 21. The application deadline is Friday, March 14.

Last year, the HCC Foundation awarded 388 scholarships worth about \$350,000 to 323 incoming, current, and transferring HCC students. Some students received multiple scholarship awards. The average scholarship award is typically around \$900.

“Awarding scholarships to deserving students has been a cornerstone of the work of the HCC Foundation since its founding,” said Amanda Sbriscia, vice president of Institutional Advancement and executive director of the HCC Foundation. “Scholarships established by donors celebrate academic achievement, community service, and civic engagement, and, most importantly, these funds ensure hundreds of students have the resources they need to complete their college degrees.”

Students must be currently enrolled at HCC or have been accepted for the upcoming academic year to be eligible for scholarships.

“While the recent launch of MassEducate, the state’s free-community-college-for-all program, has made HCC accessible to more individuals, that only means we have a greater responsibility to ensure students make it to the finish line,” Sbriscia said. “Tuition and fees represent only a portion of the cost of being a college student today, and, oftentimes, a donor schol-

arship can truly change a student’s life.”

Applicants need only to fill out a single online form to be automatically matched with the scholarships they are most qualified to receive. There are scholarships for new students, current students and students transferring to other institutions, scholarships based on financial need, scholarships for students in specific majors, scholarships for residents of certain communities, and scholarships that recognize academic achievement.

To view scholarship opportunities and begin the application process, please go to [www.hcc.edu/scholarships](http://www.hcc.edu/scholarships).

Last January, HCC opened a dedicated Scholarship Resource Center to help current and incoming students navigate the process of applying for scholarships and filling out the FAFSA (Free Application for Federal Student Aid). The office, located on the first floor of the Donahue Building (Room 158) is open Monday through Friday, 9 a.m. to 5 p.m.

The HCC Foundation is a 501(c)(3) that works to advance the college’s mission, vision, and values. Founded in 1968 as the Friends of Holyoke Community College, in response to a devastating fire that forced the college to rebuild on a new campus, the Foundation now manages assets of more than \$20 million, the largest community college foundation endowment in Massachusetts.

Questions should be directed to the HCC Foundation office at 413-552-2182, or by email to [scholarships@hcc.edu](mailto:scholarships@hcc.edu).

## Rotary Club to award scholarships

AGAWAM – The Agawam Rotary Club is now accepting applications for 4 scholarships the club offers annually. The awards cover a diverse range of interests and include vocational/technical training, cultural arts, the legal profession, and assistance with attending college.

With the exception of the Ray and Reita McCarroll Memorial scholarship which is

awarded to graduating seniors from both Agawam and West Springfield, the awards are limited to residents of Agawam. A full description and application for each of these scholarships can be found at the Agawam Rotary Club’s webpage at [agawamrotary.org](http://agawamrotary.org). Click on “Scholarships” at the top of the home page. Please note that applications must be received by April 1, 2025.

## Youth lacrosse registration underway

AGAWAM – Boys and girls will be divided into teams grades 1-2 (Mites), grades 3-4 (Bantam), grades 5-6 (Junior), and grades 7-8 (Senior). Youth lacrosse is designed to teach the basic fundamentals of Lacrosse and introduce players to competitive games against surrounding communities. Practices will begin in April. Registration for Boys and Girls Lacrosse begins online and in person on Jan. 7 and will continue through Feb. 9.

For more information, please visit the Parks & Recreation page at [www.agawam.ma.us](http://www.agawam.ma.us) or call 821-0514.



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